

Awards, Honors and Recognitions

The faculty of the Department of Food and Nutrition and Food Technology have received several awards and honors. Here is a year wise listing:

YEAR 2020-2019

Dr Anupa Siddhu

1. Head, Department of Home Science, University of Delhi
2. Chairperson, Roshni, Centre of Women Collectives led Social Action
3. Chairperson, National Centre of Excellence and Advanced Research on Diets (NCEARD)
4. Chief Guest at UGC Sponsored National conference on the topic “Food Safety, Nutrition and Sustainability” on 6- 7th March, 2020 at SPM College, University of Delhi.
5. Expert, for talk on DD News for series on Arogya Bharat.
6. Guest of Honour for National Seminar “Food & Cultures of North East: Solutions to Sustainable Development” held on 22nd August, 2019, at Vivekananda College, University of Delhi.
7. Convenor campaigns on Volunteer for Indian Women on PMSMA by NCEARD in July, 2019.

Dr Sangeeta Goomer

1. Award for Excellent work in Food and Nutrition by Social Imprints CSR Awards and Summit 2019
2. CSR Advisory Committee-Director Ministry of MSME, 4th January 2019.
2. Best Oral presentation award- at G. B. Pant University of Agriculture and Technology for the title “Optimization of extrusion parameters to Develop Protein Quality Rich Product: Sustainability Needs”, Pantnagar, Uttarakhand- August 2019.

Dr Pulkit Mathur

1. Certificate of Merit in recognition of contribution and continued work as a leader in strengthening the Food Safety Ecosystem as National Resource Person, of the

- FOSTAC program awarded by Food Safety and Standards Authority of India on 1 Nov 2019.
2. First prize for Oral Presentation (co-author of paper presented by PhD scholar) at the National Seminar on Food and Culture of North East: Solutions to Sustainable Development organized by Vivekananda College, University of Delhi, Delhi on 22 August 2019.
 3. Third prize for Oral Presentation (co-author for paper presented by PhD student) at the National Seminar on Food and Culture of North East: Solutions to Sustainable Development Vivekananda College, University of Delhi, Delhi on 22 August 2019.
 4. Member of Evaluation Committee of FSSAI for Smaller States to release the State Food Safety Index 2019-20 held during May-June 2020.
 5. Member, National Task Force on Balanced & Healthy Diets, Directorate General of Health Services, Ministry of Health and Family Welfare, Government of India.
 6. Moderator for National Webinar on ‘Sustainable Consumer’ organised by the Department of Consumer Affairs, GOI on the occasion of World Consumer Rights Day on 18th March 2020 on myGov platform.
 7. Chairperson for Scientific session in Seminar on “Food Fortification- A step towards fit India” organized by Netprofan Delhi Chapter on 18th January 2020 at AIIMS, New Delhi.
 8. Judge and Moderator for discussion on Healthy eating at an event organized by Indian Dietetics Association and Rotary Club of India during celebration of Dietetics Day 2020 on 10th January 2020 at the High Court, New Delhi.
 9. Chairperson for session on Bacteriotherapy during the 7th Workshop on Clinical Nutrition organized by The Department of Dietetics, Indraprastha Apollo Hospitals and Centre for Research on Nutrition Support Systems on 30th November 2019 at New Delhi.
 10. Judge for Poster session on Food Science and Nutrition at the 51st Annual International Conference of the Nutrition Society of India held at Rajiv Gandhi Centre for Biotechnology, Thiruvananthapuram, 8-9 November 2019.
 11. Judge for Intercollege competition in the Food Festival organized by Department of Food Technology, Shyama Prasad Mukherji College for Women, University of Delhi in association with Nutrition Society of India, Delhi Chapter on 18th September 2019.

Ms. Prachi Shukla

1. Awarded first prize in Poster Presentation at ADECON New Delhi, 16-17th Nov 2019
Title: Comparison of laparoscopic sleeve gastrectomy versus duodeno jejunal bypass with sleeve gastrectomy on obesity and type 2 diabetes in Indian adults.
“Sustainability Needs”, Pantnagar, Uttarakhand- August 2019.

Dr Priti Rishi Lal

1. Member - Board of studies for M.Sc sports nutrition, MYAS-NIN Department of Sports Science, under MOU with Osmania University, Hyderabad.
2. Member- Board of Studies, Applied Nutrition, Osmania University

Dr Aparna Aggarwal

1. Nodal Officer for FICSI for Training and Capacity Building

Dr Nidhi Jaiswal

1. Jury Member in Foods-Cooking Skill Category in the 6th National Abilympics 2019 held in New Delhi on November 15th & 16th, 2019.

Dr Swati Jain

1. Awarded International Travel Grant -Sight and Life (2019)
2. Participant of International Member Focus Group - Nutrition Society UK

Dr Neha Bakshi

1. Master Trainer for Entrepreneurship Development Programme by Ministry of Food Processing Industry (December 2020)
2. Jury at 6th National Abilympics 2019 (FOODS- Bakery), Nov 15 and 16 2019
3. Dedicated services and support to Special Olympic Bharat during healthy athletes Train the trainer (November 2019)

Dr Anjani Bakshi

1. Invited panelist, Doordarshan show, DD News on “Maternal Anemia”.
2. Expert Consultation for the development of Food Photograph Series Software.

3. Invited panelist on TEN NEWS on “Healthy Living: Eat well, Exercise right”.

YEAR 2019-2018

Dr Anupa Siddhu

1. Welcome Address and Co-host National Workshop on “Promoting Healthy Diets Through Local Food Systems, NITI Aayog, NCEARD, UNICEF, Meridian Hotel, New Delhi, 20- 21st February, 2019.
2. Chairperson, Plenary session III- Promoting food and nutrition for health and well-being 25 years of IHE, 15th March, 2019.
3. Resource person, Roshni Baithak- Strengthening Gender in the Swabhiman Program, 18-19th March, 2019.
4. Member, Maternal Nutrition technical expert group consultation meet, 29th April, 2019.
5. Certificate of Appreciation for exceptional performance during “Poshan Maah- 2018” by Ministry of Women and Child Development , Government of India
6. Invited expert for evaluation of program “Integrated Programs and Policies for Improved Nutrition” of International Food Policy Research Institute, 1st -2nd August, 2018
7. Inaugural speaker at International Conference on learning, September 2018
8. Inaugural speaker “Ensure Healthy Lives and Promoting Wellness in Old Age” AIWEFA, November 1st, 2018
9. Special invite to Partnership Forum, Vigyan Bhavan, New Delhi, 12-13th December, 2018.
10. Resource person for “Strengthening maternal nutrition and antenatal care”, NCEARD, 14-15th December, 2018.
11. Panelist, World Food Day, FICCI, Delhi, 16th October, 2018

Dr Sangeeta Goomer

1. Best oral presentation award to Jain, R. & Goomer, S. for presenting paper on- ‘Optimization of extrusion parameters to develop protein quality rich product: Sustainability Needs’ at Pantnagar University, Uttarakhand.

2. Best Poster Award for Jain, R. & Goomer, S. for presenting poster on- “Quantification of protein quality- A Novel Plant Based Product”, at Association of Official Agricultural Chemists (AOAC) - India Chapter, Delhi.

Dr. Neena Bhatia

1. Member, Maternal Nutrition Technical Expert Consultation organized by International Institute for Population Sciences (IIPS), NCEARD, Dept of Food and Nutrition, Lady Irwin College, UNICEF India, Maternal Health Division, MoHFW, GOI, April 29, 2019
2. Member, National Workshop on IDD Survey methodology under NIDDCP organized by DGHS and ICMR jointly on 18th and 19th March, 2019
3. Received a “Certificate of Appreciation” for exceptional performance during “Poshan Maah” –2018 from Ministry of Women and Child Development, Government of India
4. Expert reviewer for various ICMR project proposals and Member Project Review Group, Division of Nutrition, ICMR, New Delhi
5. Member, Fellowship Expert Group on Nutrition, ICMR, New Delhi

Dr. Pulkit Mathur

1. Certificate of Appreciation under the Professionals category of the Eat Right Awards 2018-2019 presented by the Food Safety and Standards Authority of India on World Food Safety Day 7th June 2019.
2. Certificate of Appreciation in recognition of contribution during Swasth Bharat Yatra from 16th October 2018 to 29th January 2019 by Food Safety and Standards Authority of India.
3. Member, National Task Force on Balanced & Healthy Diets, Directorate General of Health Services, Ministry of Health and Family Welfare, Government of India.
4. Member of the National Committee of the International Union of Nutritional Sciences
5. Convenor, Nutrition Society of India- Delhi Chapter
6. Member, Executive Committee, and Editor-in-Chief of the Newsletter of Association of Food Scientists and Technologists of India, Delhi Chapter
7. Judge for Poster session on Food Science and Nutrition at the 50th Annual International Conference of the Nutrition Society of India held at National Institute of Nutrition, Hyderabad, 15-17 November 2018.

8. Judge for Oral Presentation Free Communication Session- Nutrition Education at the 50th Annual International Conference of the Nutrition Society of India held at National Institute of Nutrition, Hyderabad, 15-17 November 2018.

Dr. Pooja Raizada

1. Distinguished Service Award by Heart Care Foundation of India, Delhi Government

Dr. Lalita Verma

1. Nutritional Expert Member, Kitchen Inspection Committee under MDM scheme, Directorate of Education

Ms. Prachi Shukla

1. Trained Diabetes Educator from International Diabetes Educator E- Learning Programme (IDEEL), Project HOPE

Dr. Shailly Nigam

1. Distinguished Alumnus Award by Maitreyi College, University of Delhi, 9th March 2019
2. Member IQAC panel, Maitreyi College, University of Delhi
3. Panelist in panel discussion titled “My Journey: In and After Maitreyi on 9th January, 2019” Maitreyi Alumni Association, University of Delhi

Dr. Aparna Aggarwal

1. Certificate of Appreciation in recognition of contribution during Swasth Bharat Yatra from 16 October 2018 to 29th January 2019 by Food Safety and Standards Authority of India.
2. First Prize as Mentor in DNA NutriScholar Award in Muffin category by DuPont Nutrition and Health.
3. Jury Member in Innovation in Cookies category in DNA Nutrischolar Competition organised by DuPont Nutrition and Health.
4. Resource person in panel discussion at Times Education Fair.

Dr. Swati Jain

1. Recognition- The Nutrition Society (UK) International members focus group participant.

Dr. Anjani Bakshi

1. Resource person for the National Abilympic Vocational Skill to the participants during the 3-day training programme organized by National Abilympic Association of India (NAAI) in Lady Irwin College, New Delhi (29TH SEP-1ST OCT 2018).

Dr Anjali

1. Editorial Board: International Journal of Recent Scientific Research
2. Referee/Reviewer: Advances in Nutrition: An International Review Journal, Health Psychology.

YEAR 2018-2017

Dr Anupa Siddhu

1. Amifost-2017 award at National conference on Food Safety, Nutrition Security and Sustainability on 26th September, 2017 by Amity university, Noida and Association of Food Scientists and Technologists (AFSTI), India.
2. Award by The Society for Clinical Nutrition and Metabolism, IAPEN in workshop on “Recent updates in critical care nutrition, challenges and solutions”, 11th September, 2017

Dr Sangeeta Goomer

1. Honoured at the platform of Social Imprints and CSR for extending knowledge to small scale industry.

Dr. Pulkit Mathur

1. NSI prize for Best Oral Presentation (Nutrition Education Category) - Rastogi, S., Mathur, P., & Khanna, A. in the Free Communication session for the paper on ‘Gaps and Barriers in Nutrition Knowledge, Attitudes and Practices of School Going Adolescent Girls of Delhi’ during the 49th national conference of the Nutrition Society of India held at Assam agricultural University, Jorhat, Assam 2-4 November 2017.
2. Member, National Task Force on Balanced & Healthy Diets, Directorate General of Health Services, Ministry of Health and Family Welfare, Government of India.
3. Member of the National Committee of the International Union of Nutritional Sciences

4. Convenor, Nutrition Society of India- Delhi Chapter
5. Judge for poster session and free communication session at the 49th National Conference of the Nutrition Society of India held at Assam Agricultural University, Jorhat, Assam on November 2-4, 2017.

Dr. Priti Rishi Lal

1. Pratima Kaushik award (2nd prize) for best research paper in Experimental Nutrition category, to Garima Gupta and Priti Rishi Lal at the IDA conference, Kolkata, December 2017.

Dr. Dipesh Aggarwal

1. Awarded “Certificate of Excellence in Reviewing” in recognition of an outstanding contribution to the quality of the Journal by Current Journal of Applied Science and Technology (Science Domain). (2017). Certificate No: SDI/HQ/PR/Cert/38142/DIP.

Dr. Swati Jain

1. Best Flash Talk Award (Martha Montgomery Cash Prize): S Ranjan, S Jain, A Schlupp, JA Nasser (2018). “Sex-specific clinical practice guidelines and effective healthcare for the patient who is transgender” at Sex and Gender Research Forum, by the Institute for Women’s Health and Leadership, Drexel University College of Medicine, Philadelphia on 8th March’18.

Dr. Anjani bakshi

1. Judge in Abhivyakti – 2017, Inter School Competition

YEAR 2017-2016

Dr Anupa Siddhu

1. Women of the Decade in Academia, All Ladies League and World Economic Forum 2017 (May 2017).

Dr. Pulkit Mathur

1. Ramanathan Prize for Best Oral Presentation (Community Nutrition Category) – Jain, A. and Mathur, P. for Oral presentation in Free Communications session on “Risk Assessment of Sulphite Exposure through Foods among Adolescents of Delhi” at the 48th Annual National Conference of the Nutrition Society of India on the theme “Nutrition Risk Management and Communication” held on 4th and 5th November 2016 in Bengaluru.

Dr. Mansi Chopra

1. Awarded for Outstanding contribution to the field of sports, Sport Society, Lady Irwin College, University of Delhi, 2017.
2. Wellcome Trust/DBT India Alliance Travel and Accommodation Grant to attend the 13th India Alliance Science Communication (SciComm) Workshop in Hyderabad, 2016.

YEAR 2016-2015**Dr Anupa Siddhu**

1. Member, Scientific Committees, FSSAI.
2. Member, Committees of UGC.
3. Member expert, Mid-Day Meal Programme, New Delhi.
4. Member, Management Board, Modern School, Barakhamba Road, New Delhi.
5. Chairperson, session on Food safety, in the Conference of Association of Food Technologists, held on World Food Day, New Delhi
6. Chief Guest, Review of innovation projects at Aditi Mahavidyalaya, New Delhi.
7. Chairperson, of a session, in the Conference of Food Laws, Rajguru College, New Delhi
8. Chairperson, session on food labelling, in the Conference of Association of Food Technologists, held on World Food day, New Delhi

Dr. Kalyani Singh

1. Chairperson (2016). Latest guidelines in the management of diabetes. 4th workshop on Clinical Nutrition, Indraprastha Apollo Hospitals.

2. Member (2016), Selection Committee, ICDS, Department of Women and Child Development, Government of NCT of Delhi.
3. Member (2015-16). Inspection Committee, Faculty of Science, University of Delhi to ascertain eligibility of faculty members to supervise PhD candidates.

Dr. Ravinder Chadha

1. Best Poster Award. Kataria, I., Chadha, R., Pathak, R. "Relation of Physical Inactivity with Metabolic Syndrome among Business Process Outsourcing Employees in the National Capital Region". Research poster presented in the National Symposium on "Lifestyle Disorders - Understanding the Molecular Mechanisms", organized by Department of Biochemistry, Shivaji College, University of Delhi, held on Jan 28 – 29, 2016.

Dr. Pulkit Mathur

1. Consolation Prize (Public Health Category) – Jain, A., Mathur, P., for Oral presentation on "Nutritional adequacy in diets of school going adolescents (12-16 year olds) of Delhi, India" at the 7th International Conference on Growing Trends In Food Technology And Nutrition For Public Health Care By International Institute Of Food And Nutritional Sciences (IIFANS) on May 26-27,2016 in JNU, Delhi. Sponsored by ICMR and DST.

YEAR 2015-2014

Dr Anupa Siddhu

1. Convenor, Syllabus of M.Sc. Nutrition Biology for Central University of Haryana, Mahendergarh w.e.f. July 2015.
2. Guest of Honor, Laxmi Bai College 50 yrs. Conference on Food & Textile Industry. February 2015.
3. Convenor, Syllabus of B.Sc.(Hons) Home Science; B.Sc. Home Science under Choice Based Credit System (CBCS) for UGC at National Level. 2015
4. Expert, Total Diet Study, FSSAI, 2015.
5. Resource Person, World Food Day, WHO, Food Safety, 2015.
6. Resource Person, Food Additives, ILSI. 2015.
7. Chairperson, Committees NIPCCD.

Dr. Kalyani Singh

1. Chaired a session on Nutritional Management in GI Surgical Patients. Workshop on Clinical Nutrition at Department of Dietetics, Indraprastha Apollo Hospital, New Delhi and CRNSS, 16th September 2015
2. Member, Hriday Research Advisory Board

Dr. Pulkit Mathur

1. Best Display Award (Health Concerns Category)– for Innovation Project on “Nutrition Awareness and Food Choices among Students in Delhi Schools: Gaps and Barriers in Practicing Healthy Food Behaviour” at Antardhwani, University of Delhi, February 2015. Principal Investigators- Dr. Ravinder Chadha, Dr. Mani Bhasin Kalra and Dr. Pulkit Mathur.
2. Special Appreciation Award- Arora, S., and Mathur, P.. “Effect of Food Environment on Food Choices of School Children (5-13 years) of Urban Delhi”. Oral presentation at the two day National Seminar on ““Missed opportunities in Child Nutrition, Health and Development”, organized by Department of Home Science, University of Rajasthan, Jaipur under the auspices of UGC-SAP, supported by UNICEF Rajasthan, held on 30th-31st January 2015 at Rajasthan University, Jaipur.