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Profile: Dr. Savita Sagar has been working as a Home Scientist at Lady Irwin College, University of Delhi for more than 15 years and is currently an Associate Professor. Her research interests cover a wide range of topics related to human development, including early childhood, adolescence, emerging adulthood, gender and development, and parenting and caregiving practices in Indian families. She is actively participating in college activities, teaching, and guiding dissertations at the Masters level, and serving as a member of various committees in the college. Additionally, her involvement as a member of the Mental Health Unit, Children's Home/Observation Homes, Department of WCD, Govt. of NCT, Delhi reflects her commitment to making a positive impact in the community.