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Dr. Masot Zingkhai is an Assistant Professor at the Department of Development Communication & Extension, Lady Irwin College. She completed her B.Sc (Home Science), M.Sc (Development Communication & Extension), and successfully cleared her NET/JRF. Subsequently, she obtained her Ph.D. from Lady Irwin College, University of Delhi. She has presented her papers in workshop and conferences and has several publications in journals. Her current area of interest encompasses women's issues, environmental issues and extension work.