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**Education:** B.Sc. and MSc. in Human Development and Family Studies at the Chaudhary Charan Singh Haryana Agricultural University, Hisar.

**Profile:** Her areas of interest in research are early childhood education, Parenting, Child & women health, and Occupational stress. Her area of specialization in teaching is Adolescence, Early Childhood Education, Lifespan development, and Theories of human development. She has presented papers at several National and International conferences. She has published several articles and chapters in journals and books.