

**Dr. Naveena Natrajan**

Qualifications: M.Sc., (Foods and Nutrition) Women's Christian College, University of Madras, Chennai. Ph.D. (Nutrition) ICMR- NIN, Hyderabad.

Nature of Appointment: Permanent

Area of Interest: Food science, functional food product development, processing effects on nutrients, public health nutrition and disease prevention, bioavailability and metabolism of bioactive components, Sports nutrition.

Dr. Naveena Natarajan, specializes in polyphenols, particularly their separation, quantification, processing effects, and bioavailability. She has worked as a nutrition instructor for ICDS supervisors at ICCW-TN, Chennai, and served as a sports nutritionist at the Sports Authority of India, New Delhi. With five years of teaching experience in Foods and Nutrition, she actively participates in training programs and workshops to enhance skills in nutrition research methods, laboratory techniques, nutrition communication, and academic publishing.