

**Prof. Lalita Verma**

Qualification: M.Sc. Food and Nutrition, Saurashtra University, Gujarat and Ph.D. University of Delhi.

Nature of Appointment: Permanent

Area of interest: Public Health Nutrition, diet quality, promotion of good health through primary prevention of nutrition problems in the population at large, capacity building of community level health workers for newborn care and infant feeding, nutrition, and health communication.

Dr. Lalita Verma is a faculty and researcher with experience of more than 17 years. Her area of specialization is Public Health, PM-Poshan, Integrated Child Development Services and maternal and child nutrition. Dr Lalita has been working on various aspects of Anthropometry growth assessment, Situational analysis of ICDS, Correlation of anthropometric indices and body fat percent in assessing obesity, Malnutrition, Development of nutrition education modules and prevalence GAM (Global acute malnutrition), Health Fitness, Primary health care, Infant and young child feeding etc.