

Prof. Priti Rishi Lal

Qualification: M.Sc., Ph.D. Food & Nutrition, University of Delhi

Nature of Appointment: Permanent

Area of Interest: Clinical Nutrition, Sports Nutrition and Spiritual tools in behaviour change communication.

Prof. (Dr.) Priti Rishi Lal, an alumna of DU, has served for 30 years at the Sports Authority of India, MYAS and Lady Irwin College. She has contributed towards courses and research in Sports Nutrition, Clinical Nutrition and Fitness & Nutrition. She served on deputation at ICMR/NIN for the bi-Ministry initiative of launching the M.Sc. (Sports Nutrition). For the past decade, her passion for Indian Traditional knowledge has inspired her research, international presentations and launch of one value addition course at DU. With over 60 publications and 5 books, her work has been recognised with many awards.