

Skill Enhancement

- Reflective Teaching component of the School Experience Programme (SEP) focuses on developing effective pedagogical strategies and self-evaluation practices among future educators. This program encourages participants to actively engage in classroom activities while honing their teaching skills through collaborative lesson planning, peer feedback, and reflective journaling. By fostering a culture of reflection, educators can assess their instructional methods, adapt to diverse learning needs, and continually improve their teaching effectiveness. This dual emphasis on skill enhancement and reflective practice not only empowers educators to create dynamic learning environments but also promotes lifelong professional growth and responsiveness to student needs.
- Home Science and Science Enrichment Program aims to bridge practical skills with scientific knowledge, empowering individuals to manage their households more effectively. This comprehensive program encompasses essential areas such as nutrition, textiles, and human development, integrating hands-on workshops like Food preservation, cooking, sustainable fabric construction, and budgeting with theoretical foundations in health science and sustainable practices. By fostering critical thinking and problem-solving skills, participants learn to make informed decisions that enhance their family's well-being and promote a healthier, more sustainable lifestyle. Ultimately, this initiative nurtures both practical competencies and a deeper understanding of the science underlying everyday life.

Few Glimpses of Enrichment Activities

