

## **EXTENSION ACTIVITIES FOR 2023-2024**



### **Lady Irwin College University of Delhi**

#### **Additional Upload: 3.4.2**

**3.4.3: Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of community during the last five years.**

CONTENTS:

***-Snapshots/reports of latest extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of community during the last five years.***

## NATIONAL SERVICE SCHEME UNIT

### ACTIVITIES 2023-2024

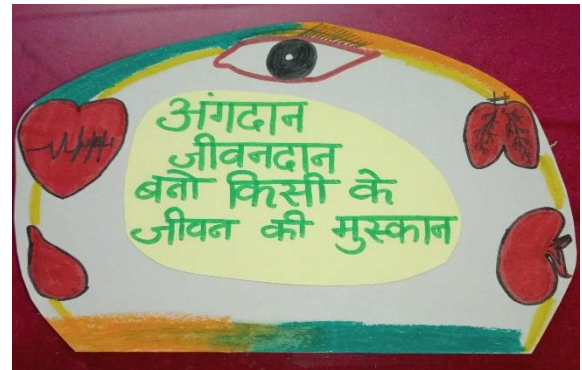
#### 1. 75<sup>th</sup> AZADI KA AMRIT MAHOTSAV

DATE- 2<sup>nd</sup>- 6<sup>th</sup> August 2023

- ANGDAN MAHOTSAV PLEDGE (2<sup>nd</sup> August 2023)



- SLOGAN WRITING COMPETITION (6<sup>th</sup> August 2023)



- LOGO DESIGNING COMPETITION (6<sup>th</sup> August 2023)



- AMRIT KALASH YATRA (13<sup>th</sup> October 2023)



- MERI MAATI MERA DESH PLEDGE (13<sup>th</sup> August 2023)



## 2. AAGAAZ-E-SAFAR

DATE- 01<sup>st</sup> September 2023

- ORIENTATION



- FRESHERS TALENT CONTEST



### 3. SWACHHTA HI SEWA CAMPAIGN DATE- 23<sup>rd</sup> – 25<sup>th</sup> September 2023

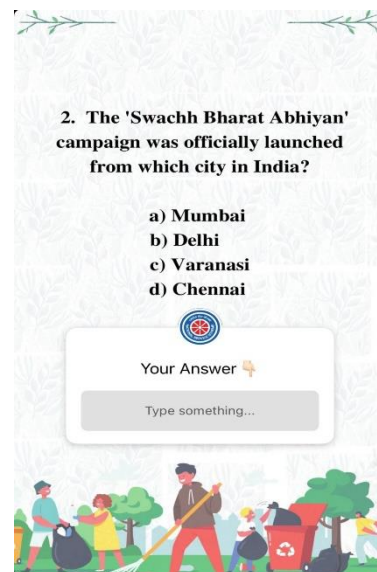
- CLEANLINESS DRIVE (23<sup>rd</sup> September 2023)



- UPCYCLE AND DECOR (23<sup>rd</sup> September 2023)



- ONLINE QUIZ (24<sup>th</sup> September 2023)



- AWARENESS WALK AND PLEDGE (25<sup>th</sup> September 2023)



#### 4. JOURNEY TO A HAPPY MIND DATE- 30<sup>th</sup> September 2023



**5. DAAN UTSAV- Donation Drive**  
**DATE- 9<sup>th</sup> & 10<sup>th</sup> October 2023**



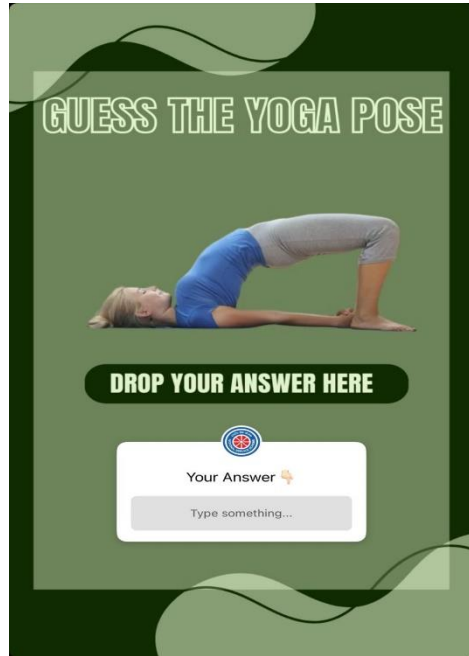
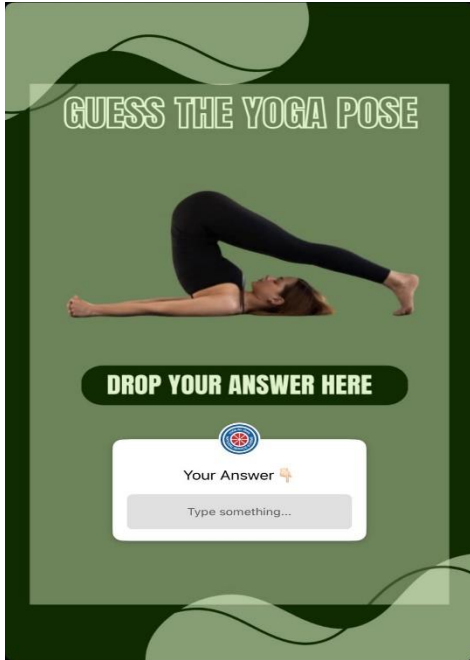
**6. FIT INDIA FREEDOM RUN 4.0**  
**DATE- 14<sup>th</sup> – 18<sup>th</sup> October 2023**

- PLOGGING RUN (14<sup>th</sup> October 2023)





- SPIN THE WHEEL- Instagram story
- GUESS THE YOGA POSE- Instagram stories (15<sup>th</sup> October 2023)



- GROOVE TO FITNESS (18<sup>th</sup> October 2023)



**7. VIGILANCE AWARENESS WEEK**  
**DATE- 8<sup>th</sup> & 11<sup>th</sup> November 2023**

- CREATIVE WRITING COPMPETITION (8<sup>th</sup> November 2023)



- INTEGRITY PLEDGE (8<sup>th</sup> November 2023)

- MONOLOGUE COMPETITION

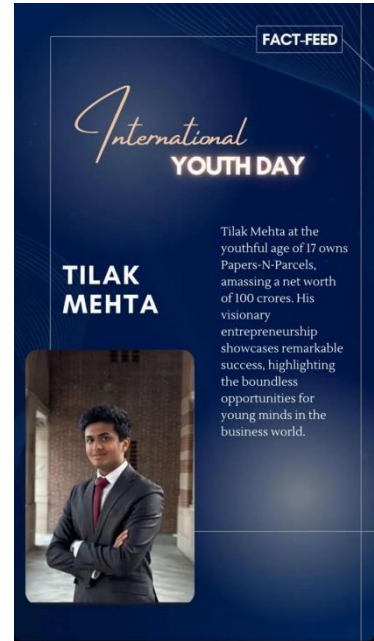
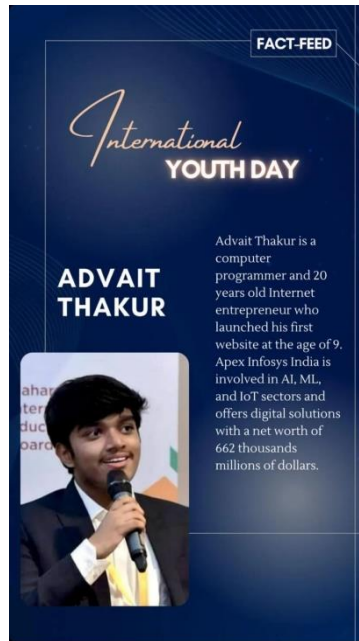
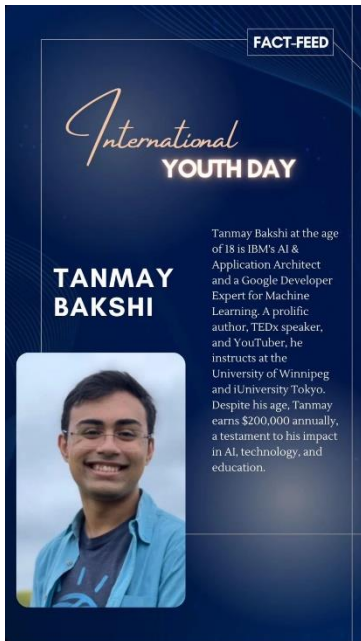
**8. SPREADING SMILES- Donation Drive**  
**DATE- 28<sup>th</sup> & 29<sup>th</sup> November 2023**



## 9. INTERNATIONAL YOUTH DAY

DATE- 12<sup>th</sup> January 2024

- FACT FEED- Instagram Stories



## 10. NATIONAL VOTERS DAY

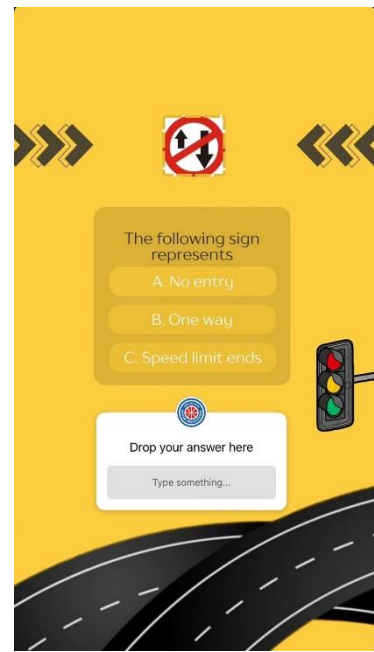
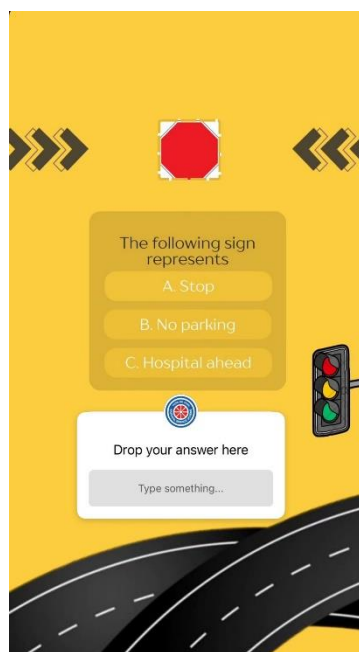
DATE- 23<sup>rd</sup> January 2024

- MASS PLEDGE

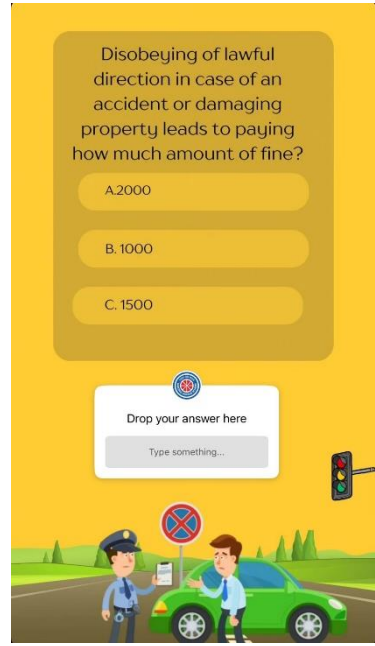
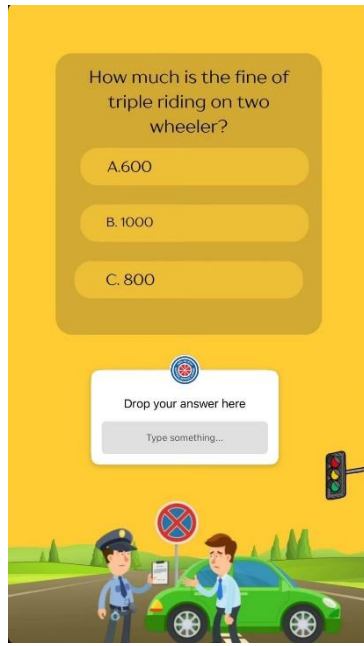
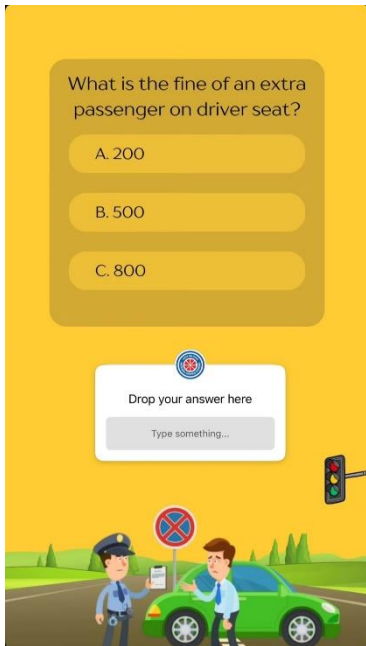
## 11. ROAD SAFETY WEEK

DATE- 11<sup>th</sup> – 14<sup>th</sup> January 2024

- ROAD SAFETY SYMBOLS QUIZ- Instagram Stories (14<sup>th</sup> January 2024)



- QUIZ ON TRAFFIC PENALTIES- Instagram Stories (16<sup>th</sup> January 2024)



**12. 75<sup>th</sup> REPUBLIC DAY**  
**DATE- 26<sup>th</sup> January 2024**

- CREATIVE WRITING COMPETITION

**विकसित भारत**

विकसित भारत, सपने का साकार,  
 अग्रणी राह पर, बढ़ रहा संसार।

शिक्षा का उजाला, हर गाँव तक पहुंचा,  
 ज्ञान की किरण, सभी दिशाओं में बहुत चमका।

रोजगार के साधन, नई ऊँचाइयों की ओर,  
 आत्मनिर्भरता की राह, चलता है सब का मन।

स्वस्थ भारत का संकल्प, जीवन का आधार,  
 रोग मुक्ति की दिशा, बदल रहा हर बार।

सांस्कृतिक समृद्धि, एकता का संग,  
 विकसित भारत का है, यही हमारा लक्ष्य।

— Lavanya Puniani  
 B.Sc. Hons. Home Science  
 Section A

**VIKSIT BHARAT**  
*developed India*

Last year, Prime Minister Narendra Modi talked about his vision of making India 'Viksit Bharat'—the term means 'developed India'.

As Union Finance Minister Nirmala Sitharaman presented the Interim Budget she said the government's vision for 'Viksit Bharat' is that of a "prosperous Bharat in harmony with nature, with modern infrastructure, and providing opportunities for all citizens and all regions to reach their potential."

Viksit Bharat@2047 subverts the government of India's ambitious vision to transform the nation into a developed entity by the centenary of its Independence in 2047. Encompassing diverse facets of development such as economic prosperity, social advancement, environmental sustainability, and effective governance.

चलौ आगे बढ़ें, नए सपने सजाएँ  
 विकसित भारत को, हम सब मिलकर बनाएँ।

विकसित भारत, उद्यम से भरा  
 सबका साथ, सबका विकास, यही हमारा नारा।

शिक्षा के साथ, स्वास्थ्य का साथ,  
 हर व्यक्ति को, जीवन में उत्कृष्ट बनाएँ।

गर्भ से उठो, हर दिन नए सपने चुनो,  
 विकसित भारत, हम सबका सपना, हम सबकी पहचान।

*Lavanya*

- SHOT OF SOVEREIGNTY

### 13. CANCER AWARENESS CAMPAIGN

DATE- 7<sup>th</sup> – 12<sup>th</sup> February 2024

- SEMINAR ON CERVICAL CANCER (9<sup>th</sup> February 2024)



- CANCER AWARENESS WALK (12<sup>th</sup> February 2024)

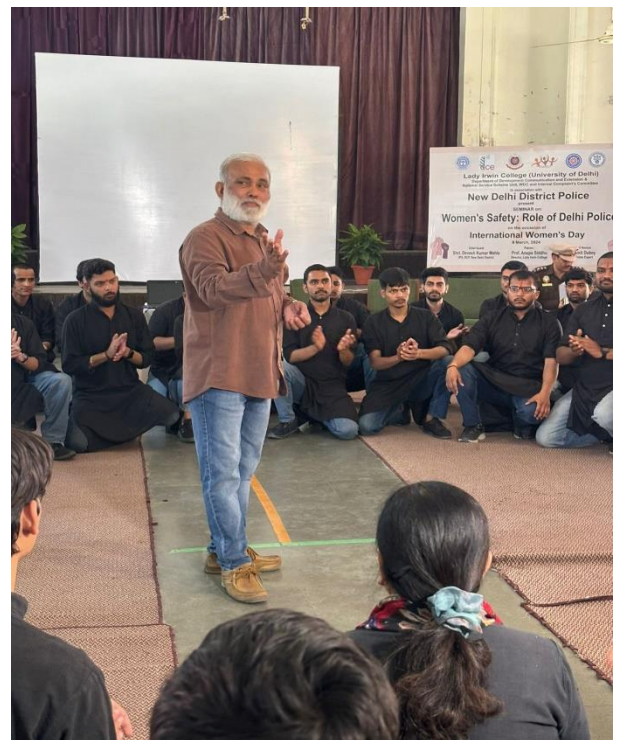


### 14. DEMONSTRATION OF HOW TO CAST YOUR VOTE USING EVM & VVPAT

DATE- 28<sup>th</sup> & 29<sup>th</sup> February 2024



**15. WOMEN'S SAFETY: ROLE OF DELHI POLICE**  
**DATE- 8<sup>th</sup> March 2024**



## 16. UDGAM'24

DATE- 4<sup>th</sup> & 5<sup>th</sup> April 2024

- MEDIA MAZE (4<sup>th</sup> April 2024)



- DECIPHERING DECEPTION (4<sup>th</sup> April 2024)



- ENIGMA EXPEDITION (5<sup>th</sup> April 2024)



## 17. HIV AIDS AWARENESS CAMPAIGN

DATE- 17<sup>th</sup> June 2024



- MYTHS & FACTS- Instagram Post

**Myth :** There's no point in getting tested if one feels fine.

**Fact :** HIV infection can often go unnoticed for years, but early diagnosis through testing allows treatment to begin and prevent future health problems.

**Myth :** HIV spreads through insect bites, such as those from mosquitoes or ticks.

**Fact :** The transmission of HIV through insects is impossible. The virus cannot survive or replicate inside them.






**Myth :** You can get HIV from casual contact.

**Fact :** Getting HIV from everyday contact is impossible. It can only spread through certain body fluids like blood, breast milk etc.

**Myth :** People with HIV can't travel internationally.

**Fact :** Many countries allow travelers with HIV who have undetectable viral loads and carry their medication along.






**Myth :** HIV can be transmitted through sweat or tears.

**Fact :** Trace amounts of HIV virus may be detectable in sweat and tears, but they are too low to cause infection.

**Myth :** People with HIV can't breastfeed their babies.

**Fact :** HIV-positive mothers with proper medical care and antiretroviral therapy (ART) to suppress the virus, can breastfeed safely, lowering the risk of passing the virus to their babies.



## M.Sc DCE Final

### Field Visit Report of Centre For Social Change



The work conducted by MSC students in Barola, Noida, has made significant strides in community upliftment through targeted initiatives for both children and women. Aimed at addressing the barriers faced by underprivileged groups, these programs focus on education, skill development, and awareness, fostering personal and professional growth.

A key emphasis of the students' work is on children. Recognizing the importance of moral education and life skills, they organized sessions that instilled healthy habits, discipline, and personal hygiene. Interactive activities, such as games and discussions, facilitated engagement and reinforced these values. For example, children participated in "good and bad habits" discussions, which were made enjoyable through games like snake and ladder. Additionally, a poster-making session on waste segregation allowed children to express creativity while learning about environmental issues.

Equally crucial is the commitment to empowering women, particularly those from economically disadvantaged backgrounds. To promote skill development, the MSC students held workshops focused on practical skills that enable women to generate income. One standout initiative involved teaching women to create decorative "shagan" envelopes for festive occasions. This not only imparted a new skill but also sparked discussions on entrepreneurship, encouraging women to leverage their talents for self-employment.

In alignment with local traditions, workshops on Diwali decorations, including diya painting, were organized. These sessions promoted the concept of "vocal for local," urging participants to support local crafts instead of mass-produced goods. By fostering small-scale entrepreneurship, the students empowered women to tap into their creativity while contributing to community economic growth.

Health and nutrition were also pivotal components of the students' programs. Many women lacked access to essential nutritional information, leading to the organization of a cooking demonstration featuring nutritious sprouts chaat. This interactive session highlighted the benefits of using seasonal, locally available ingredients, promoting healthier meal choices for families. Women engaged in discussions about nutrition, sharing experiences and fostering a supportive community atmosphere.

To better understand the community's needs, MSC students conducted surveys covering topics such as menstrual hygiene and education access. These surveys not only provided valuable insights into the challenges women face but also created a platform for them to voice their concerns, making them feel heard and valued.

Hands-on learning was essential to the success of these initiatives. Practical activities made the learning process relatable and accessible, while the use of Hindi ensured inclusivity. Ice-breaking games fostered a comfortable environment, helping to build trust among participants.

The students' approach also encouraged women to take active roles in their communities. Many expressed a desire for financial independence and entrepreneurial opportunities but faced barriers like lack of family support. The workshops equipped them with the necessary skills and confidence to navigate these challenges. We have successfully reached 225 women, our key audience, through our impactful intervention.

Overall, the MSC students' initiatives in Barola have profoundly impacted the lives of women and children. Through skill-building activities, health education, and creative engagement, they have empowered individuals to improve their circumstances. The programs not only provided practical knowledge but also cultivated a sense of community, highlighting the importance of grassroots engagement in uplifting underserved populations. Continued efforts in this direction are crucial for fostering sustainable development and empowerment within the community.

## **M.Sc DCE Final**

### **PVR Garima Greh, Mayapuri**

Working with the women of Mayapuri through PVR Garima Greh was a transformative experience, allowing us to engage over 200 women through awareness sessions, surveys, and creative activities. The goal was to raise awareness, foster empowerment, and build community connections. In our initial visit, we conducted a transect walk to familiarize ourselves with the area and build rapport. We discovered that many women were unaware of Garima Greh's services, yet they were eager to participate in dialogues. This laid the foundation for future interactions.

In our second visit, we focused on anemia awareness, discovering a severe lack of knowledge about the condition. Through a floor game and a demonstration on making healthy \*bhel puri\*, we emphasized iron-rich diets. The session also highlighted the gender imbalance, with many women needing male family members' permission to participate, reflecting male dominance in decision-making.

Our third visit addressed single-use plastics and included a newspaper bag-making activity to equip the women with practical skills. We also created a resource map, identifying key community assets. A notable issue that emerged was the trend of early marriage and female school dropouts, signaling a need to focus on education.

In the fourth visit, we discussed malnutrition and mapped seasonal diseases affecting the community. A healthy chaat demonstration engaged the women, and we learned that they were hesitant to use menstrual cups due to fear. Creative methods like cooking helped them retain information better.

The fifth visit featured a focused group discussion on pollution and an upcycling activity, encouraging open dialogue. We learned that asking the women what sessions they'd like to attend made them feel valued and more engaged. Follow-ups after each visit reinforced community involvement and the adoption of new practices.

In our final visit, we conducted an in-depth interview with a woman, exploring her experiences and the role of Garima Greh in her life. The center provided a space for women to socialize, develop skills, and boost their self-esteem, which in turn positively impacted their standing in the community. Our work reinforced the importance of community involvement, education, and follow-up in creating lasting impact.





## **Blended Capacity Building Programme for Stakeholders of River Ganga Phase II**

Tuesday, 13th February, 2024

01:00 p.m. onwards

### **Organized by:**

Department of Resource Management and Design Application, Lady Irwin College, University of Delhi

### **Speakers:**

**Dr. Vinod Kumar Sharma**

Senior Professor at IIPA

**Dr. Shyamli Singh**

Assistant Professor at IIPA

## E-invite



# BLENDING CAPACITY BUILDING PROGRAMME FOR STAKEHOLDERS OF RIVER GANGA PHASE II

Third Colloquy: *Ganga Samvad*  
and  
*Ganga Pariprekshya: A walk-in  
photo exhibition*



**TUESDAY**  
13 FEBRUARY 2024



**01:00 PM ONWARDS**



**ROOM NO. 209, PG BLOCK,  
II FLOOR, LADY IRWIN COLLEGE**



Organized by: Department of Resource Management  
and Design Application, Lady Irwin College, University of Delhi

Project Lead: Indian Institute of Public Administration, New Delhi

Sponsored By: National Mission for Clean Ganga, Ministry of Jal Shakti,  
Department of Water Resources, River Development and Ganga  
Rejuvenation

**Patron:**

Prof. Anupa Siddhu  
Director, Lady Irwin College

**Convenor:**

Prof. Meenakshi Mital  
TIC, Dept. of RMDA

**Coordinator:**

Ms. Vishakha Sambhav  
Asst. Prof., Dept. of RMDA

**Organizing Team:**

Faculty Members  
Dept. of RMDA



# **Brief Report**

## **Convenor:**

Prof. Meenakshi Mital, TIC, Department of Resource Management and Design Application, Lady Irwin College, University of Delhi

## **Organized by:**

Faculty members, Department of Resource Management and Design Application, Lady Irwin College, University of Delhi

## **Coordinated by:**

Ms. Vishakha Sambhav, Assistant Professor, Department of Resource Management and Design Application, Lady Irwin College, University of Delhi

## **Sponsored by:**

National Mission for Clean Ganga, Ministry of Jal Shakti, Department of Water Resources, River Development and Ganga Rejuvenation

## **Attendees**

Undergraduate, postgraduate students and faculty of Lady Irwin college attended the programme

## **Objective:**

To do capacity building of stakeholders of River Ganga Phase II

## **Venue**

Room no. 209, PG Block, IInd Floor, Lady Irwin College

The Department of Resource Management and Design Application successfully organized a **“Blended Capacity Building Programme for Stakeholders of River Ganga Phase II”**, on 13 February 2024.

The event commenced with a warm welcome from the host introducing the esteemed guests and the agenda for the day. Dr. Vinod Kumar Sharma who is a senior professor at IIPA, started the session. He shared with the participants the purpose of IIPA, how they work, his experience, and the need for the National Mission for Clean Ganga.

After his presentation, Ms. Anugya played the Official Anthem of the National Mission on Clean Ganga. Following that, Dr. Shyamli Singh, who is working as an Assistant Professor with the Indian Institute of Public Administration (IIPA), New Delhi, India, and is also the coordinator of the Centre for Environment and Climate Change, interacted with the students and did a presentation on various livelihoods associated with the Ganga River, and how the pollution of the river has affected these livelihoods.

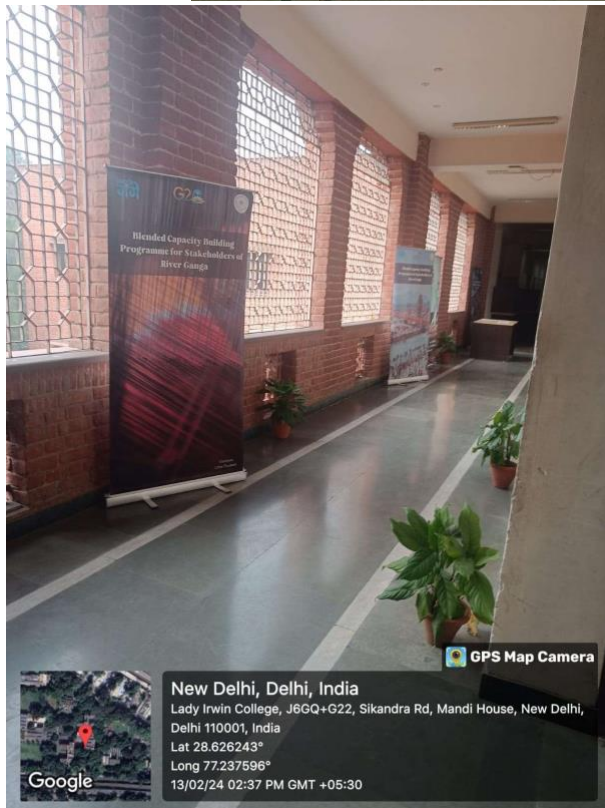
Special songs named “Ganga Re” and “Kartavya Ganga” which are a part of the Namami Gange Programme were played after the presentation and the various themes highlighted were discussed. Participants were also shown a video about the various STPs built under this project in the various states.

The session came to an end with a Q&A session and a very interesting quiz. The quiz was designed by the trainers to test the basic learning of the participants. Toward the end, the convenor thanked the speaker and all the participants for their participation and for making the event successful. Post-session, refreshments were provided to all the participants.

The Blended capacity-building program provided a unique opportunity for the participants to gain insights into the Namami Gange Programme. The event inspired them, motivated them, and taught them about their responsibilities towards the river Ganga. They gained knowledge related to the lives of the people who are completely dependent on this precious resource and realized the importance of this program.



**Glimpses of the event:**







संसाधन प्रबंधन एवं अभिकल्प अनप्रयोग विभाग  
**DEPARTMENT OF RESOURCE MANAGEMENT AND DESIGN APPLICATION**

लेडी इर्विन महाविद्यालय  
**LADY IRWIN COLLEGE**

दिल्ली विश्वविद्यालय  
**UNIVERSITY OF DELHI**

विश्व पर्यावरण दिवस और हरित फोटोग्राफी प्रतियोगिता  
पर सत्र

**Session on World Environment Day and Green  
Photography Competition**

दिनांक: 05-06-2024 *Date:* 05-06-2024

समय: शाम 6:00 बजे *Time:* 6:00 p.m.

उपस्थित लोगों की संख्या: 25 *No. of attendees:* 25

प्लेटफार्म: गूगल मीट *Platform:* Google meet

# आमंत्रण /INVITATION

The poster features a teal and white geometric design. At the top left, there are logos for the University of Delhi and the Department of Resource Management and Design Application (RMDA). The main text is centered and reads: 'DEPARTMENT OF RESOURCE MANAGEMENT AND DESIGN APPLICATION, LADY IRWIN COLLEGE, UNIVERSITY OF DELHI presents INTERACTIVE SESSION on this WORLD ENVIRONMENT DAY'. Below this, there are three icons with corresponding text: a calendar icon for '05 JUNE, 2024', a clock icon for '6 PM ONWARDS', and a location pin icon for 'GOOGLE MEET'. On the right side, there is a portrait of Mohd Shaquib in a white shirt and red tie, set within a hexagonal frame. Below the portrait, it says 'GUEST SPEAKER MOHD SHAQUIB' and 'CLIMATE ADVOCATE, YOUTH ADVISOR AT YUWAAH, UNICEF, UNITED NATIONS'. At the bottom left, there is a QR code and a 'REGISTER NOW' button. At the bottom center, there is text for the 'Organizing team' including Prof. Puja Gupta, Dr. Meenal Jain, and M.Sc Prev students. At the bottom right, there is text for the 'Patron' (Prof. Anupa Siddhu) and 'Convenor' (Prof. Meenakshi Mital).

**DEPARTMENT OF RESOURCE MANAGEMENT AND DESIGN APPLICATION**  
**LADY IRWIN COLLEGE, UNIVERSITY OF DELHI**

presents

**INTERACTIVE SESSION**

on this

***WORLD ENVIRONMENT DAY***

 **05 JUNE, 2024**

 **6 PM ONWARDS**

 **GOOGLE MEET**

**REGISTER NOW**



Patron:  
Prof. Anupa Siddhu  
Director, Lady Irwin College

Convenor:  
Prof. Meenakshi Mital  
TIC, Dept. Of RMDA

Organizing team:  
Prof. Puja Gupta, Dr. Meenal Jain,  
M.Sc Prev students, Dept. Of RMDA

**GUEST SPEAKER**  
**MOHD SHAQUIB**  
CLIMATE ADVOCATE, YOUTH  
ADVISOR AT YUWAAH, UNICEF,  
UNITED NATIONS



Department of Resource Management and  
Design Application  
Lady Irwin College, University of Delhi



Presents

## Green Photography Competition



On The occasion of

**WORLD ENVIRONMENT DAY**

On

June 5th 2024



**Patron:**  
Prof. Anupa Siddhu  
Director, Lady Irwin College

**Convenor:**  
Prof. Meenakshi Mital  
TIC, Dept. Of RMDA

**Organizing team:**  
Prof. Puja Gupta, Dr. Meenal Jain,  
M.Sc Prev students, Dept. Of RMDA



## Green Photography Competition



### GUIDELINES



- Only one entry per participant is allowed.
- All photographs must be original work clicked by the participant.
- Images should be in JPEG or PNG format.
- Photos must be of high-resolution.
- Maximum file size: 10 MB per image.
- Include a brief caption (max 50 words) for each photo, specifying location and a short description.
- All entries must be submitted by June 4th 2024 till 5PM.
- E- Certificates will be provided to each participant.
- Winners will be announced on 5th June 2024, during the live event.



## घटना के मुख्य अंश

5 जून, 2024 को विभाग द्वारा बड़े उत्साह के साथ विश्व पर्यावरण दिवस मनाया गया। इस आयोजन का उद्देश्य पर्यावरण के मुद्दों के बारे में जागरूकता बढ़ाना और स्थायी प्रथाओं को बढ़ावा देना था। कार्यक्रम का मुख्य आकर्षण एक अतिथि वक्ता-मोहम्मद शकीब, जो एक जलवायु अधिवक्ता हैं, और युवाह, यूनिसेफ और संयुक्त राष्ट्र में युवा सलाहकार के साथ एक संवादात्मक सत्र था। उन्होंने स्थायी जीवन के बारे में मूल्यवान अंतर्दृष्टि प्रदान की। इस कार्यक्रम में दर्शकों को शामिल करने के लिए एक हरित फोटोग्राफी प्रतियोगिता और एक मजेदार प्रश्नोत्तरी सत्र भी शामिल था।

## स्वागत भाषण और उद्घाटन भाषण

कार्यक्रम की शुरुआत दीपांशी और अदिति के गर्मजोशी से स्वागत भाषण के साथ हुई, जिसने सत्र के लिए दिशा निर्धारित की। इसके बाद, प्रो. पूजा गुप्ता और डॉ. मीनल जैन ने स्थायी प्रथाओं के महत्व और व्यक्तियों और समुदायों के लिए उपलब्ध विभिन्न पर्यावरण के अनुकूल विकल्पों पर जोर देते हुए दर्शकों को संबोधित किया।

## अतिथि वक्ता के साथ संवादात्मक सत्र

वक्ता: मोहम्मद शकीब (जलवायु अधिवक्ता, और युवा सलाहकार, यूनिसेफ और संयुक्त राष्ट्र)

सत्र की शुरुआत हमारे सम्मानित अतिथि वक्ता के प्रेरक भाषण से हुई। वक्ता ने हमारे दैनिक जीवन के विभिन्न उदाहरणों पर चर्चा की जहां हम स्थायी विकल्पों को अपना सकते हैं। उन्होंने भविष्य की पीढ़ियों की जरूरतों को पूरा करने की क्षमता से समझौता किए बिना वर्तमान जरूरतों को संतुलित करने पर ध्यान केंद्रित करते हुए सतत विकास के महत्व पर भी जोर दिया। वक्ता ने सामूहिक और व्यक्तिगत कार्यों के माध्यम से जलवायु परिवर्तन से निपटने की तत्काल आवश्यकता पर प्रकाश डाला। प्लास्टिक के उपयोग को कम करने, जल संरक्षण और नवीकरणीय ऊर्जा स्रोतों का उपयोग करने जैसी हमारी दैनिक दिनचर्या में पर्यावरण के अनुकूल प्रथाओं को कैसे शामिल किया जाए, इस पर व्यावहारिक सुझाव साझा किए गए।

## मजेदार प्रश्नोत्तरी सत्र

अतिथि वक्ता के साथ व्यावहारिक सत्र के बाद, दर्शकों को व्यस्त रखने के लिए सलोनी द्वारा एक मजेदार प्रश्नोत्तरी सत्र का आयोजन किया गया। प्रश्नोत्तरी में विभिन्न प्रकार की पहेलियाँ और "मैं कौन हूँ?" शामिल थे। पर्यावरण से संबंधित प्रश्न। इस संवादात्मक खंड ने मनोरंजन और सीखने का एक तत्व जोड़ा,

जिससे प्रतिभागियों को पर्यावरणीय मुद्दों और स्थिरता के बारे में अपने ज्ञान का परीक्षण करने की अनुमति मिली।

## हरित फोटोग्राफी प्रतियोगिता

प्रतिभागियों को प्रकृति की सुंदरता और स्थिरता के सार को पकड़ने के लिए प्रोत्साहित करने के लिए कार्यक्रम के हिस्से के रूप में एक हरित फोटोग्राफी प्रतियोगिता आयोजित की गई थी। यह कॉलेज के सभी छात्रों और शिक्षकों के लिए खुला था। प्राप्त कुल प्रविष्टियाँ 7 थीं। प्रतिभागियों ने अपनी तस्वीरों के माध्यम से पर्यावरण के प्रति अपनी रचनात्मकता और प्रतिबद्धता का प्रदर्शन किया। प्रतियोगिता के परिणामों की घोषणा लाइव कार्यक्रम के अंत में निम्नलिखित विजेताओं के साथ की गई:

पहला स्थान: शगुन चौहान

दूसरा स्थान: डॉ. देशम कोदांदरम रेड्डी

तीसरा स्थान: आदित्य भट्टर

## समापन टिप्पणियां

सत्र का समापन सभी प्रतिभागियों को उनकी उत्साही भागीदारी के लिए धन्यवाद देने के साथ हुआ। डॉ. मीनल जैन ने अतिथि वक्ता को धन्यवाद देते हुए एक संक्षिप्त समापन भाषण दिया और उपस्थित लोगों से चर्चा की गई स्थायी प्रथाओं को लागू करने और पर्यावरण संरक्षण के महत्व के बारे में जागरूकता फैलाने का आग्रह किया।

## निष्कर्ष

हमारे अतिथि वक्ता द्वारा सूचनात्मक सत्र, हरित फोटोग्राफी प्रतियोगिता में प्रदर्शित रचनात्मकता और मजेदार प्रश्नोत्तरी सत्र में उत्साही भागीदारी के लिए विश्व पर्यावरण दिवस कार्यक्रम एक शानदार सफलता थी। इस आयोजन ने सफलतापूर्वक पर्यावरण के मुद्दों के बारे में जागरूकता बढ़ाई और स्थायी प्रथाओं को अपनाने के लिए प्रोत्साहित किया। छात्र पर्यावरण प्रबंधन को बढ़ावा देना जारी रखने के लिए भविष्य में इस तरह के और कार्यक्रम आयोजित करने के लिए तत्पर हैं।

## ***EVENT HIGHLIGHTS***

World Environment Day was celebrated with great enthusiasm on June 5, 2024 by RMDA Dept. The event aimed to raise awareness about environmental issues and promote sustainable practices. The highlight of the event was an interactive session with a guest speaker- Mohd Shaquib who is a climate advocate, and youth advisor at Yuwaah, Unicef and United Nations. He provided valuable insights into sustainable living. The event also included a green photography competition and a fun quiz session to engage the audience.

### **Welcome Address and Opening Speech**

The event commenced with a warm welcome address by Deepanshi and Aditi, setting the tone for the session. Following this, Prof. Puja Gupta and Dr. Meenal Jain addressed the audience emphasizing the importance of sustainable practices, and various eco-friendly options available to individuals and communities.

### **Interactive Session with Guest Speaker**

Speaker: Mohd Shaquib (climate advocate, and youth advisor at Yuwaah, Unicef and United Nations)

The session commenced with an inspiring talk by our esteemed guest speaker. The speaker discussed various examples from our daily lives where we can adopt sustainable alternatives. He also emphasized the importance of sustainable development, focusing on balancing current needs without compromising future generations' ability to meet theirs. The speaker highlighted the urgent need to address climate change through collective and individual actions. Practical tips were shared on how to incorporate eco-friendly practices into our daily routines, such as reducing plastic use, conserving water, and using renewable energy sources.

### **Fun Quiz Session**

After the insightful session with the guest speaker, a fun quiz session was conducted by Saloni to keep the audience engaged. The quiz included a variety of riddles and "Who Am I?" questions related to the environment. This interactive segment added an element of fun and learning, allowing participants to test their knowledge about environmental issues and sustainability.

### **Green Photography Competition**

A green photography competition was conducted as part of the event to encourage participants to capture the beauty of nature and the essence of sustainability. It was open for all college students and faculty. Total entries received were 7. Participants showcased their creativity and commitment to the environment through their photographs. The competition results were announced at the end of the live event, with the following winners:

- First Place: Shagun Chauhan
- Second Place: Dr. Desham Kodandaram Reddy
- Third Place: Aditya Bhatler



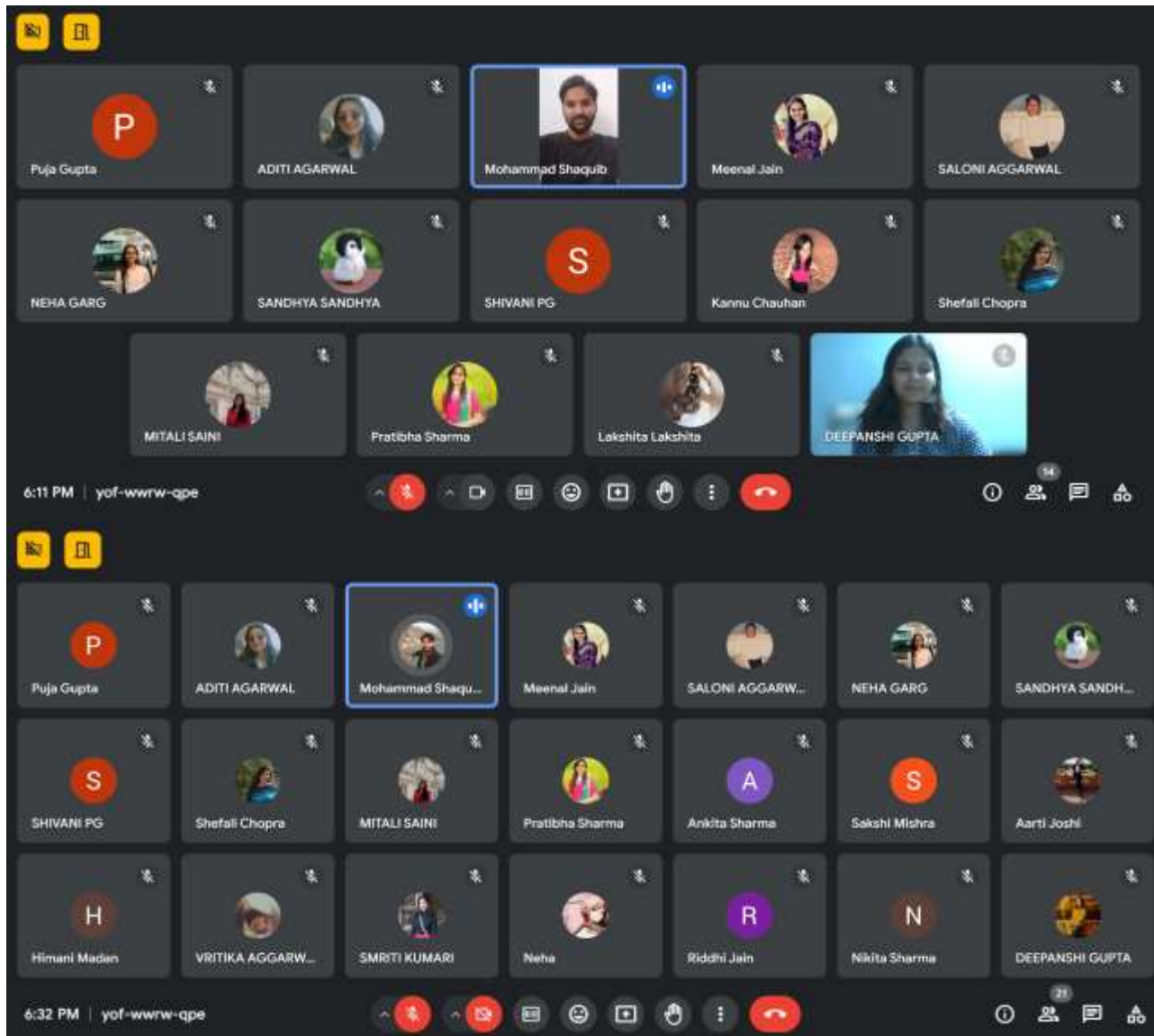
## **Closing remarks**

The session concluded with a vote of thanks to all participants for their enthusiastic involvement. Dr. Meenal Jain delivered a short closing speech, thanking the guest speaker and urging attendees to implement the sustainable practices discussed and spread awareness about the importance of environmental conservation.

## **Conclusion**

The World Environment Day event was a resounding success, thanks to the informative session by our guest speaker, the creativity displayed in the green photography competition, and the enthusiastic participation in the fun quiz session. The event successfully raised awareness about environmental issues and encouraged the adoption of sustainable practices. Students look forward to organizing more such events in the future to continue promoting environmental stewardship.

## घटना की झलकियाँ/ *GLIMPSES FROM THE EVENT*





*Certificate (Sample)*



Department of Resource Management and Design  
Application  
Lady Irwin College, University of Delhi

## Certificate of Appreciation

This Certificate is awarded to

*Aditi Agarwal*

for successfully organising the **Interactive Session** and **Green Photography Competition**, by the Department of Resource Management and Design Application, Lady Irwin College on the occasion of **World Environment Day** on 05th June 2024.

  
**Prof. Meenakshi Mittal**  
PROFESSOR  
TIC DEPT. OF RMDA  
LADY IRWIN COLLEGE

  
**Prof. Puja Gupta**  
PROFESSOR  
DEPT. OF RMDA  
LADY IRWIN COLLEGE

  
**Dr. Meenal Jain**  
ASSISTANT PROFESSOR  
DEPT. OF RMDA  
LADY IRWIN COLLEGE



Department of Resource Management and Design  
Application  
Lady Irwin College, University of Delhi

## Certificate of Appreciation

This Certificate is awarded to

*Shagun Chauhan*

for securing **First Position** in **Green Photography Competition**, an event organised by the Department of Resource Management and Design Application, Lady Irwin College on the occasion of **World Environment Day** on 05th June 2024.

  
**Prof. Meenakshi Mittal**  
PROFESSOR  
TIC DEPT. OF RMDA  
LADY IRWIN COLLEGE

  
**Prof. Puja Gupta**  
PROFESSOR  
DEPT. OF RMDA  
LADY IRWIN COLLEGE

  
**Dr. Meenal Jain**  
ASSISTANT PROFESSOR  
DEPT. OF RMDA  
LADY IRWIN COLLEGE



Celebration of “Poshan Pakhwada” 2024 (9th March to 23rd March 2024)

Poshan Pakwada 2024 witnessed a concerted effort to promote health and nutrition awareness in the local community. An awareness camp focusing on healthy dietary practices was organized by PGDDPHN students in anganwadi center in a nearby village Patparganj Village, East Delhi.

The objective was to educate pregnant and lactating mothers about healthy diets, importance of physical exercise and immunization schedule

. Activities: Jan Andolan and Rally on healthy dietary practices included interactive sessions, through educational materials. Pgddph students emphasized the significance of balanced nutrition, highlighting the importance of consuming fruits, vegetables, whole grains, and lean proteins. Practical tips on meal planning and portion control were shared to encourage sustainable dietary habits.

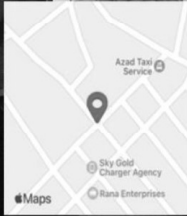
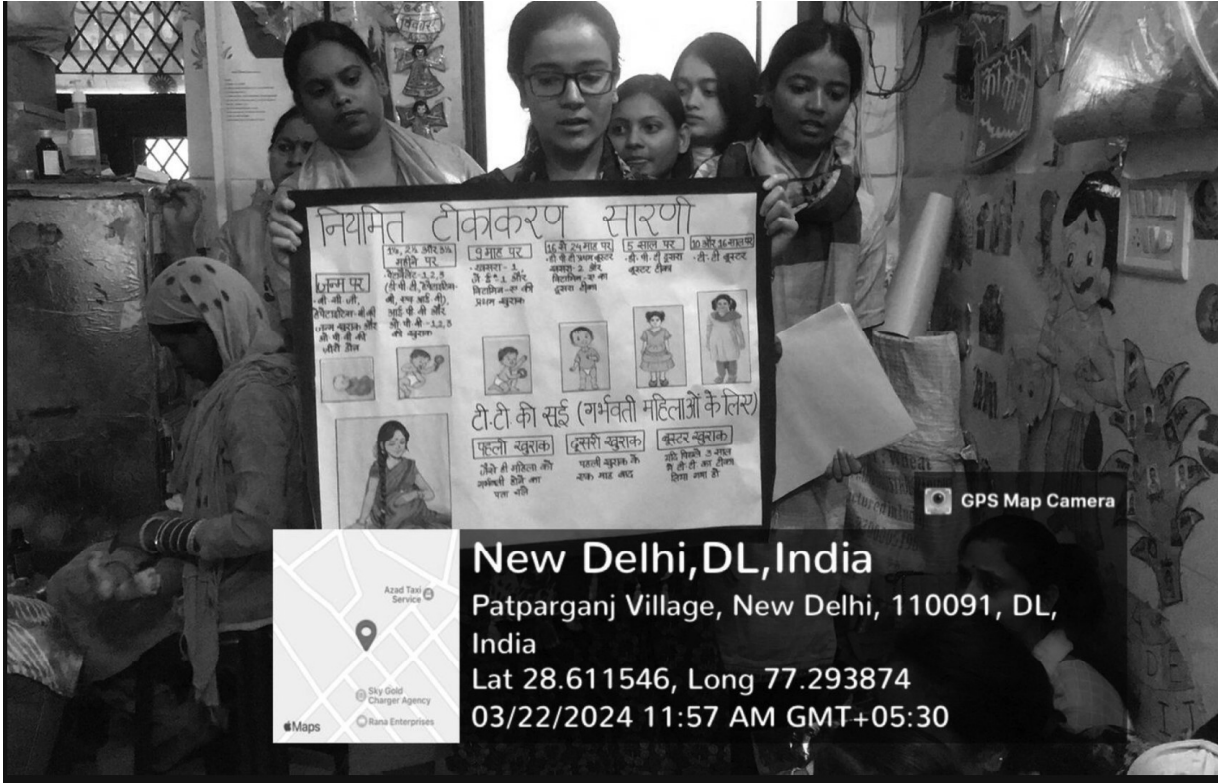
This activity was done under the guidance of Dr Lalita Verma



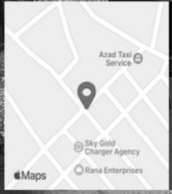








**New Delhi, DL, India**  
Patparganj Village, New Delhi, 110091, DL,  
India  
Lat 28.611546, Long 77.293874  
03/22/2024 11:57 AM GMT+05:30



**New Delhi, DL, India**  
Patparganj Village, New Delhi, 110091, DL,  
India  
Lat 28.611544, Long 77.293920  
03/22/2024 12:03 PM GMT+05:30



2023 Immersive workshop on SBC and Community Media 50 18th October, 2023  
[https://docs.google.com/document/d/17umVWi\\_mVZwv4Y8u\\_iW89WVM7PprNQpEgtOs9IdDZ6A/edit?usp=sharing](https://docs.google.com/document/d/17umVWi_mVZwv4Y8u_iW89WVM7PprNQpEgtOs9IdDZ6A/edit?usp=sharing)

## Report on \*Immersive Workshop on Mapping SBC outcomes & Community Media \* by \*Prof. Vinod Pavarala

The image shows a workshop poster on the left and a photograph of the workshop on the right. The poster is orange and white, featuring logos for DCE, G20 India 2023, and the University of Delhi. It lists the Centre for Social & Behaviour Change, Department of Development Communication & Extension, Lady Irwin College, University of Delhi. The workshop is titled 'Immersive workshop on SBC & Community Media' by Prof. Vinod Pavarala, a Professor of Communication & UNESCO Chair on Community Media, University of Hyderabad. The event is on 18th October, 2023, at 10:00 am onwards in Room 119, DCE department, Lady Irwin College. The patron is Prof. Anupa Siddhu, Director of Lady Irwin College. The convenors are Prof. Archana Kumar and Prof. Aparna Khanna. The organizers are Dr. Sunaina Dua and Dr. Swati Sharma. The DCE Department in-charge is Prof. Sarita Anand. The photograph shows Prof. Pavarala speaking at a podium, with other participants seated in front of him. A 'GPS Map Camera' overlay is visible in the bottom right of the photo, showing the location as New Delhi, Delhi, India, with coordinates Lat 28.626222° and Long 77.236575°, and a timestamp of 18/10/23 10:46 AM GMT +05:30.

Centre for Social & Behaviour Change,  
Department of Development Communication & Extension  
LADY IRWIN COLLEGE, UNIVERSITY OF DELHI

**Immersive workshop on  
SBC & Community Media**  
By:  
**Prof. Vinod Pavarala**  
Professor of Communication & UNESCO Chair  
on Community Media, University of Hyderabad

18th October, 2023 | 10.00 am onwards  
Room 119, DCE department, Lady Irwin College

PATRON  
Prof. Anupa Siddhu  
Director  
Lady Irwin College

CONVENORS:  
Prof. Archana Kumar  
Prof. Aparna Khanna

ORGANISED BY:  
Dr. Sunaina Dua  
Dr. Swati Sharma

DCE Department In-charge:  
Prof. Sarita Anand

New Delhi, Delhi, India  
Lady Irwin College, J6GP+GH8, Mandi House, New Delhi, Delhi 110001, India  
Lat 28.626222°  
Long 77.236575°  
18/10/23 10:46 AM GMT +05:30

The image shows a photograph of the workshop audience. The participants are seated in a room, listening to a presentation. A 'GPS Map Camera' overlay is visible in the bottom right of the photo, showing the location as New Delhi, Delhi, India, with coordinates Lat 28.626222° and Long 77.236575°, and a timestamp of 18/10/23 10:46 AM GMT +05:30.

New Delhi, Delhi, India  
Lady Irwin College, J6GP+GH8, Mandi House, New Delhi, Delhi 110001, India  
Lat 28.626222°  
Long 77.236575°  
18/10/23 10:46 AM GMT +05:30

Centre for Social & Behaviour Change, Dept of Development Communication & Extension, Lady Irwin College hosted an \*Immersive Workshop on Mapping SBC outcomes & Community Media \* by \*Prof. Vinod Pavarala\*, Professor of Communication & UNESCO Chair on Community Media, University of Hyderabad on \_18th October, 2023 from 10.00 am onwards\_ in room 119, DCE dept, 1st Floor, New PG block. More than 100 UG & PG students attended the event. Students from both UG & PG, specializing in DCE, showcased their proposals on involving community media for bringing about strategic Social and Behaviour Change and this was followed by inputs from the expert. The event was well received by students, faculty and PhD scholars alike.

2024 Innovations in Rural Healthcare: The DigiSwasthya Way 70 23/3/24  
<https://docs.google.com/document/d/1Dh5WqiQFYPiJqLLdH7M6dIING4K5cNb3WHG-Cs17YmAo/edit?usp=sharing>

A session on Innovations in rural healthcare:

The Digiswasthya Way was organised for PG students and UG students on 7<sup>th</sup> March 2024 at 9am. Sandeep Kumar, Founder, Digiswasthya conducted the session and shared his story of running an innovative NGO which has been awarded for its work at various National and International Forums.

The poster is for an event titled "Innovations in Rural Healthcare: The DigiSwasthya Way". It is organized by the Department of Development Communication and Extension at Lady Irwin College, University of Delhi. The event is a discussion on the topic, presented by Mr. Sandeep Kumar, Founder of DigiSwasthya Foundation. The event details are: Time: 9 am, Date: 7th March, 2024, Room no. 119, DCE, Lady Irwin College. The poster also lists the organizers: Prof. Archana Kumar and Dr. Ruchi Kaushik; the patron: Prof. Anupa Siddhu, Director, Lady Irwin College; and the department in-charge: Prof. Sarita Anand, DCE, Lady Irwin College. The DCE logo is visible in the top right corner.

Department of Development Communication and Extension  
Lady Irwin College  
University of Delhi  
*presents*  
**A Discussion**  
*on*

***Innovations in Rural Healthcare: The DigiSwasthya Way***

Time: 9 am  
Date: 7th March, 2024  
Room no. 119, DCE  
Lady Irwin College

Mr. Sandeep Kumar  
Founder  
DigiSwasthya Foundation

Organized by  
Prof. Archana Kumar  
Dr. Ruchi Kaushik

Patron  
Prof. Anupa Siddhu, Director  
Lady Irwin College

Department In-charge  
Prof. Sarita Anand, DCE  
Lady Irwin College

## Report of Visit to Dilli Haat



50 Students of IInd year Hons & Pass studying the paper Media, Culture & Society visited to Dilli Haat on 6th October, 2023. They explored the rich culture of different states of India including traditional & folk media and also interviewed artists and craftsmen. The students also understood the concept of folk culture along with its commercialization as a part of this activity. Two faculty members also accompanied the students in this visit.

**Creative Wall Writing Workshop Department of Development Communication and Extension, Lady Irwin College Workshop 14/02/23 100**

<https://drive.google.com/file/d/138oKuaPZuharSoxCXLdRGnYT0AeE1LLh/view?usp=sharing>

**NAME OF THE EVENT – Creative Wall Writing Workshop**

**DATE-12/02/2024**

**Brief summary-** In-house Wall writing workshop for students of Ist year Hons studying CCT was held today. Students prepared wall art canvases on Women's Reservation. The event was sponsored by FES, Germany and all the artwork will be displayed at the Genderlogue tomorrow. The workshop was well received by all students.



**Chatathan 3.0** Department of Development Communication and Extension, Lady Irwin College Workshop 4/10/23 60

<https://docs.google.com/document/d/1vR0QR0WvEhuE8in6ChiVb0vOnzL1-IMTsgXtxNdrOPE/edit?usp=sharing>

## Report Chatathan 3.0



**CHATATHON 3.0**  
♥ A heart-to-heart ♥  
Conversation around mental health and wellbeing  
for a clean and healthy mindset

**Join us on**  
**4 October 2023, 1:10 p.m.**  
**onwards**  
**at DCE Department, 1st Floor,**  
**New PG Building**  
**Lady Irwin College**

**Organised By-**

- RAHAT Charitable and Medical Research Trust
- Department of Development Communication & Extension,  
Lady Irwin College (University of Delhi)
- The Richmond Fellowship Society (India), Delhi branch

Scan to register

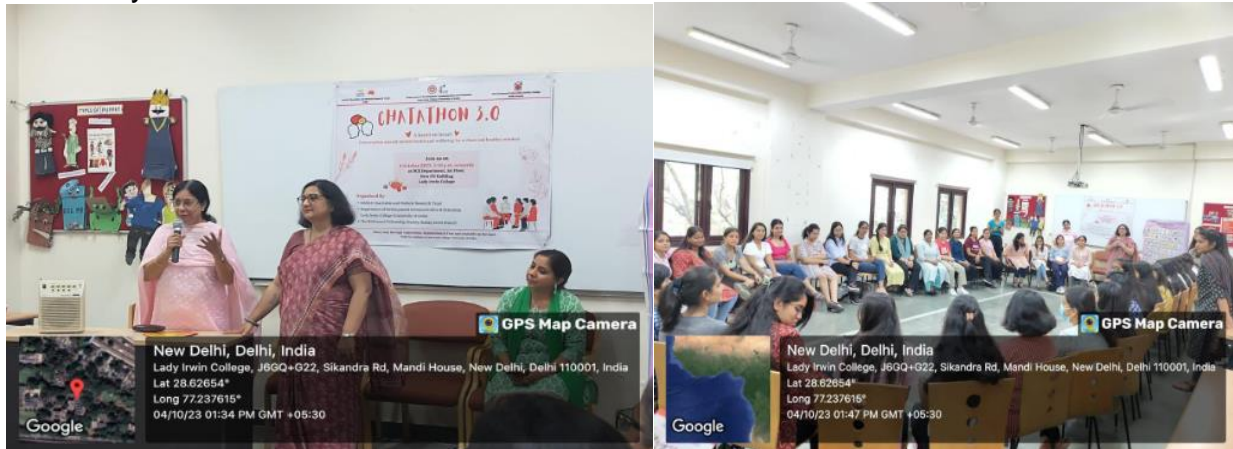
Entry only through registration. Registration is Free.  
\*Only for students at Lady Irwin College, University of Delhi.

RAHAT Charitable and Medical Research Trust and Department of Development Communication and Extension (Lady Irwin College) in association with The Richmond Fellowship Society (India), Delhi branch present Chatathan 3.0 - a heart to heart conversation around mental health and well-being for a clean and healthy mindset ♥

The event was helmed by Dr. Sujatha D. Sharma (Consultant Clinical Psychologist & Managing Trustee, RAHAT) and Prof. Aparna Khanna (DCE Department, Lady Irwin College).

Date: 4th October 2023 at 1:10 pm at DCE Department  
Venue: 1st Floor, New PG Building, Lady Irwin College.

Entry was done through registration only. 60 Students and staff of Lady Irwin College, University of Delhi attended the session.



**An Interactive Session on Cyber Security Department of Development Communication and Extension, Lady Irwin College Session 10/02/23 50**  
[https://drive.google.com/file/d/1awKEtVbERzsGXqISIoO\\_LrJgK8L61rDg/view?usp=sharing](https://drive.google.com/file/d/1awKEtVbERzsGXqISIoO_LrJgK8L61rDg/view?usp=sharing)

**Conducting Mental Health Awareness Campaigns Department of Development Communication and Extension, Lady Irwin College Campaign 11/12/23-12/12/23**

**30**  
**Event Title: Conducting Mental Health Awareness Campaigns**



**Date:** 11<sup>th</sup>-12<sup>th</sup> December 2023

**Expert:** Prof. Aparna Khanna, Dr. Sujatha D. Sharma (Managing Trustee, RAHAT), Dr. Mridula Seth (Vice President, RFS (I), Delhi branch)

**Group for which it was organised:** NGO Field Functionaries

**No. of participants:** 30

**Brief summary of event:**

A 2-Day training program on Conducting Mental Health Awareness Campaigns using innovative tools based on a game-based approach and storytelling methods was conducted for NGO field Functionaries on 11<sup>th</sup>-12<sup>th</sup> December 2023. The training was organized by the Department of Development Communication & Extension, Lady Irwin College (University of Delhi), in collaboration with RAHAT Charitable and Medical Research Trust (Delhi) and The Richmond Fellowship Society (Delhi Branch), under the Campaign for Mental Health (C4MH).

The NGOs were affiliated with different concerns such as Health, Mental Health, Child rights, Education, Gender, Livelihood generation, Advocacy, etc. 30 field Functionaries from 19 organizations, working with grassroots communities, participated in the training program at Department of Development Communication and Extension, Lady Irwin College, University of Delhi.

The training began with an inaugural address by Prof. Sarita Anand, Department In-charge, DCE department, Lady Irwin College. The training was conducted by Prof. Aparna Khanna, Dr. Sujatha D. Sharma, and Dr. Mridula Seth. It focused on issues such as Myths and Misconceptions around Mental Health, Anxiety, Depression, Substance Abuse and Mental Health Problems in Children. After being trained in using the games to create awareness, the participants conducted mock sessions so as to use the training material hands-on. The training program further progressed with the development of an action plan for community mental health awareness campaigns by each organisation. The valedictory ceremony included the culmination of the training program with a speech by Prof. Anupa Siddhu, Director, Lady Irwin College as well as certificate distribution to all the participants of the training.

**POSTER**

**CONDUCTING  
MENTAL HEALTH AWARENESS CAMPAIGNS**

Training program for Field Facilitators

on 11th (Monday) and 12th (Tuesday)  
December 2023  
at Lady Irwin College,  
University of Delhi

Organised by-



RAHAT Charitable and  
Medical Research Trust,  
Delhi



Department of Development Communication  
and Extension, Lady Irwin College  
(University of Delhi)



The Richmond Fellowship  
Society (India),  
Delhi branch

## 1 GEO TAGGED PIC



**Women's Safety : Role of Delhi Police, Organised by NSS Unit Lady Irwin College in collaboration with Delhi Police & WDC & Internal Complaint's Committee of Lady Irwin College Department of Development Communication and Extension, Lady Irwin College, WDC & Internal Complaint's Committee of Lady Irwin College Seminar 08/03/2024 235**

[https://docs.google.com/document/d/1zKX3dzoms8EgSOXY44Id7iFwHcDKJ061c0S](https://docs.google.com/document/d/1zKX3dzoms8EgSOXY44Id7iFwHcDKJ061c0SJCLyWN6Q/edit?usp=sharing)

[JCLyWN6Q/edit?usp=sharing](https://docs.google.com/document/d/1zKX3dzoms8EgSOXY44Id7iFwHcDKJ061c0SJCLyWN6Q/edit?usp=sharing)

**Report: Women's Safety : Role of Delhi Police**

S.No	Category	Details
1)	Name of activity/Event	Women's Safety : Role of Delhi Police
2)	Organizer	NSS Unit of Lady Irwin College
3)	Any collaborator	Department of Development Communication and Extension & WDC & Internal Complaint's Committee of Lady Irwin College
4)	Date	8 <sup>th</sup> March , 2024
5)	Day	Friday
6)	Venue	Back lawn of Lady Irwin College
7)	Duration	11 a.m. onwards
8)	No. of students participated	235 Students

9)	No. of teachers participated	3
10)	Any Special Guests	Chief Guest : Shri. Devesh Kumar Mahla (IPS,DCP, New Delhi District) Guest of Honour : Shri. Amit Dubey (Cyber Crime Expert)
11)	Key highlights	<p>  The event was held in Seth Ram Lal Hall at 11 am on the occasion of International Women's Day.</p> <p>  The seminar took place under the patronage of Prof. Anupa Sidhu, the Director of Lady Irwin College.</p> <p>  The presence of the Chief Guest, Shri. Devesh Kumar Mahla, IPS, DCP, New Delhi District, lends credibility and ensures access to firsthand knowledge on police initiatives for women's safety.</p> <p>  The chief guest delivered speech offering valuable insights on women's safety and the role of the Delhi Police.</p> <p>  Guest of Honour, Shri. Amit Dubey highlighted the evolving nature of threats faced by women in the digital realm.</p> <p>  The event also featured a Nukkad Natak that raised awareness about issues faced by women like acid attack, sexual harassment.</p> <p>  Prof. Aparna Khanna also emphasized the importance of women's safety and empowerment.</p> <p>  The Participants were keen throughout the Event.</p>
1)	Photographs/Videos of the Event (Drive Link)	<p>For Photographs : <a href="https://drive.google.com/drive/folders/1GWPO8TcElec2_CndHG07prPhvo9YVGSE">https://drive.google.com/drive/folders/1GWPO8TcElec2_CndHG07prPhvo9YVGSE</a></p> <p>For Videos: <a href="https://drive.google.com/drive/folders/1GYwNsUs28qAd2d6Rzgf3D71VAEvnHdiW">https://drive.google.com/drive/folders/1GYwNsUs28qAd2d6Rzgf3D71VAEvnHdiW</a></p>



**SBC Campaign on stopping use of single use of plastic Department of Development  
Communication and Extension, Lady Irwin College Campaign 23/4/24 300**  
SBC Campaign on stopping use of single use of plastic  
Name of the Campaign: WASSUP- Wakeup And Stop Single Use Plastic  
Date: 23/4/24  
No. of Participants: 300



**Development, GOI and Lady Irwin College, University of Delhi for 'Roshni- Centre of Women Collectives led Social Action.'**

**Date: January 23rd, 2024**

**Time: 2 PM**

**Venue: Room no 109, DCE, Lady Irwin College, Sikandra Road, New Delhi 110001**

On January 23rd, 2024, A momentous event unfolded at Lady Irwin College. The event commenced with a warm felicitation by Dr. Sunaina Dua, representing Lady Irwin College and Roshni Centre, followed by the ceremonial lighting of the lamp by distinguished guests Mr.

Charanjit Singh, Smt. Smriti Sharan, Dr. Anupa Sidhu, Mrs. Nivedita Prasada, and Prof. Sarita Anand, accompanied by a melodious performance from Dhvani - The music society of Lady Irwin College.

Dr. Anupa Sidhu extended a cordial welcome to the attendees, highlighting the collaborative nature of the initiative as a synergy between the government and academia. She underscored the integral role played by all three verticals, with UNICEF serving as a significant supporter in financing the endeavor.

A captivating college film showcased the rich history of Lady Irwin College, emphasizing its pioneering efforts in empowering Indian women. Dr. Sarita Anand further addressed the audience, emphasizing gender inclusivity through FNHW (Food, Nutrition, Health and WASH) initiative and women collectives. She explained the structure and functions of Roshni, illustrating how it aligns with the Swabhimaan program, specifically focusing on DAY-NRLM (Deendayal Antodaya Yojana - National Rural Livelihoods Mission) and implementing strategies for social and behavioral change.

Further Neha Abraham presented a film highlighting the engagement of men in improving the nutritional status of women, addressing the crucial need for involving families and husbands in these endeavors. The film also shed light on the Parivar Chaupal's diverse activities, including Behan Parivar Choupal bethak, Bal Vivah, Kishori Bethak, and the involvement of influential figures in society such as Sirah, Guniya, Dai and Vaid.

Two inspiring speakers, Shanti Didi and Basanti Didi, delivered valuable insights. Shanti Didi, associated with SRLM Chhattisgarh, shared her journey as a master trainer, emphasizing how the training empowered her and positively impacted her lifestyle.

Basanti Didi highlighted the evolution of FNHW, noting that in 2016, the focus was on Kishori and Mahela. By 2019, it expanded its scope to include males, prioritizing key issues such as women eating last, frequent pregnancies, and early marriages.

Lopa Mudra Tripathi from UNICEF expressed excitement about the collaboration, anticipating the opportunity to build upon existing work and strengthen FNHW initiatives. She emphasized the importance of continuous reinforcement in behavior change, underlining the commitment to creating lasting positive impacts on the community.

A brief film was showcased to highlight the impactful initiatives of women collectives led by the FNHW in Kerala, specifically the "Santhwanam" program under Kudumbashree. The film highlighted training sessions held in Thiruvananthapuram, where women were equipped to become Health Care Entrepreneurs. These entrepreneurs take on the responsibility of conducting health assessments, including measurements such as height, weight, blood pressure, BMI, blood glucose, and cholesterol. Their proactive approach involves visiting homes to monitor and address various health concerns in the community.

Following the address by Lopa Mudra Tripathi SBCC specialist of UNICEF Hyderabad, Smriti Sharan, Joint Secretary of the Ministry of Rural Development (MoRD), underscored the

importance of collaborative efforts in the formation of MIA (Mobilization and Institutional Strengthening of SHGs through Area Level Federations). She specifically emphasized the significance of Parivaar Choupal and advocated for its expansion to other districts. Sharan acknowledged the continuous support of UNICEF and Roshini throughout the process, urging the need to replace terms such as "stunting," "malnutrition," and "women dying of poverty" with actionable measures. She recognized the pivotal role played by the two Self-Help Group (SHG) representatives present in the meeting. Sharan also highlighted the shared vision of empowering women through a partnership with Lady Irwin College and expressed determination to persist until achieving 100% nutritional security.

Following Smriti Sharan's address, Mr. Charanjeet Singh, the Secretary of NRLM, delivered a keynote emphasizing the need to fortify community institutions within NRLM and stressed the importance of diverse perspectives in problem-solving. Singh also underscored the significance of Agri-Nutritional Gardens in the initiative. Drawing attention to the Attappady Project, he highlighted the successful marketing of a tribal chicken dish from Kerala, branded as "वन सदरु ी," in Connaught Place by NRLM. Mr. Charanjeet Singh acknowledged the constraint of limited attention spans and mentioned that videos and documentaries have been curated to a concise duration of 2 minutes for the convenience of the audience.

The Memorandum of Understanding (MoU) signed between the Ministry of Rural Development, Government of India (GOI), and Lady Irwin College, University of Delhi, established a collaborative partnership for the next five years. Dr. Anupa Sidhu and Shri Charanjit were designated as representatives from each side. The agreement focused on the creation and operation of the 'Roshni- Centre of Women Collectives led Social Action.' This initiative was anticipated to emphasize the active involvement and leadership of women collectives in social action projects within the realm of rural development.

Lastly, the event seamlessly transitioned into the facilitation of the attending guests, acknowledging and expressing gratitude towards the individuals who played key roles in the successful realization of the event. The overall program unfolded smoothly, suggesting a well-coordinated and organized event with effective planning, execution, and communication among the organizers and participants. The program's smooth execution and grand success underscored the effectiveness of the collaboration between the Ministry of Rural Development and Lady Irwin College, with ample support and cooperation evident from all parties involved.





## PA Report to Amrita Hospital, Faridabad

Date: 10<sup>th</sup> May 2024


M.Sc. Group A and PGDDPHN students visited one of the largest private multi-speciality hospital in Asia with 2600 beds “Amrita Hospital, Faridabad”. They were shown kitchen area and the process involved, IPD, OPD and ICU.



## FN FT Activities





 GPS Map Camera



**New Delhi, Delhi, India**  
G7H5+GVF, Kalkaji Extension, Pocket A4, Kalkaji, New Delhi, Delhi 110019, India  
Lat 28.528933°  
Long 77.260083°  
06/10/23 11:20 AM GMT +05:30