

JAGRITI

Annual Magazine

2024-2025



Lady Irwin College
University of Delhi

जागृति

वार्षिक पत्रिका
2024-2025



लेडी इर्विन महाविद्यालय
दिल्ली विश्वविद्यालय



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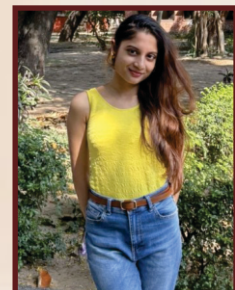
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FROM THE DIRECTOR'S DESK



Dear Students

It is with immense pride and a deep sense of responsibility that I welcome you to Lady Irwin College — a pioneering institution of the University of Delhi, founded in 1932 with a singular vision: to empower women through knowledge, service, and societal leadership.

Our college was born in the crucible of India's freedom movement — envisioned by educationists, reformers, and nation-builders who believed that the education of women was central to the making of a just and self-reliant society. We carry this legacy forward with unwavering

commitment. For over nine decades, Lady Irwin College has not only educated women but equipped them to be shapers of change — at home, in communities, and across professional domains.

Our strength lies in our foundations. Rooted in the discipline of Home Science, our academic programmes today are multidisciplinary and deeply aligned with real-world needs — spanning Nutrition, Development Communication, Human Development, Fabric and Apparel Sciences, Resource Management, and more. These domains intersect meaningfully with public policy, health sciences, sustainable design, education, and community development.

As we enter our 93rd year, our theme “Harnessing Our Heritage for a Viksit Bharat” reflects our belief that the values of care, sustainability, scientific reasoning, and social equity — long embedded in our curriculum — are essential to building the knowledge society India aspires to be. In line with the National Education Policy, our NEP-aligned four-year undergraduate framework gives students new freedoms: to choose interdisciplinary electives, deepen research interests, and craft bespoke professional pathways.

Importantly, Lady Irwin College is not just a space for academic learning — it is a platform for personal and professional transformation. Through well-equipped laboratories, over 42 hands-on learning spaces, and a rich library of over 57,000 volumes, we cultivate analytical thinking and applied knowledge. Our students engage in internships, research projects, and fieldwork that tackle real challenges in areas such as nutrition analytics, early childhood development, rural innovation, sustainable fashion, and public health.

In today's age of artificial intelligence and digital acceleration, we recognize that job markets are changing — and so must our preparedness. The college actively supports digital upskilling through interdisciplinary coursework, workshops on emerging themes such as AI and sustainability, and exposure to green technologies, data-led decision-making, and innovation ecosystems. We work closely with Delhi University's placement and innovation cells to ensure that our students have access to both traditional and future-facing career opportunities — in corporates, civil society, government, and academia alike.

Our NAAC A+ accreditation and consistent national ranking among the top 25 colleges in India affirm our academic excellence. But more than rankings, it is our alumni — leading NGOs, research institutions, ministries, start-ups, and universities — who reflect the strength of the Values we instill: of excellence grounded in ethics, innovation tempered by responsibility, and leadership guided by empathy.

To our incoming students, I extend a warm welcome. This is not simply an academic journey — it is a journey of discovering yourself, your potential, and your place in society. You inherit a legacy of women who broke barriers and built bridges. What you choose to do here will shape not just your career, but the communities and causes you will one day serve.

Lady Irwin College is a home for serious scholarship, thoughtful inquiry, and transformative action. We are proud to have you join us — and we look forward to watching you rise.

Prof. Neelima Asthana
Director

COLLEGE REPORT

For 9 decades of its evolution Lady Irwin College has actively been shaping Home Science Curricular to include contemporary academic content, appropriate and innovative research and sound technological knowledge. Father of the Nation blessed the college with the motto “विद्या हि सेवा” and inculcate a spirit of knowledge to serve through carefully planned classroom and outreach experience. At present there are M.Sc. and Ph.D. Programs in five areas of specialization of Home Science namely Food and Nutrition, Human Development and Childhood Studies, Fabric and Apparel Science, Development Communication and Extension and Resource Management and Design Application done after B.Sc. (Hons.) Home Science and B.Sc. (Pass) Home Science. We under NEP now will have 4 year degree with multiple exit points. In 2025 we continued B.Sc. Food Technology and Two year Program of B.Ed.

1. Department of Education

The Department of Education continued its tradition of excellence in teacher education, offering enriched academic, practical and research-based experiences to B.Ed. students.

Academic and Capacity Building

In alignment with NEP 2020, the Department of Education conducted a range of academic enrichment and capacity-building activities during 2024–25. Workshops were held on reflective classroom practices and innovative pedagogy, particularly in Science and Home Science. Sessions on inclusive education, value-based teaching, and technology integration equipped students with tools for effective and equitable teaching.

Enrichment Activities

The department hosted film screenings followed by discussions, workshops on child psychology and behavioural management, and a panel discussion on “NEP 2020: Realities and Reforms” featuring experts from SCERT and NCERT. These initiatives promoted critical thinking and practical insights into contemporary educational reforms.

Annual Conference

The Annual National Conference, held in March 2025, focused on the theme “Empowering Educators for the Future: NEP in Action.” It saw enthusiastic participation from academicians, alumni, and students, and provided a platform to engage with evolving ideas in teacher education.

International Collaboration

Continuing its partnership with Lehigh University, USA, the department organized a virtual academic dialogue on inclusive classroom practices, enhancing students' global understanding of education.

Field Visits and Extension Work

Educational field trips were organized to Gandhi Smriti, National Science Centre, National Archives, and Dr. Ambedkar Memorial. These visits helped students connect theoretical concepts with historical, social, and pedagogical realities.

Internships and Placements

Students completed internships at institutions like SCERT, DIETs, NCERT, NIEPA, women's polytechnics, and various NGOs. Many were successfully placed as PGTs, TGTs, Primary Teachers, and Special Educators in reputed private and government schools.

Celebrations and Observances

The department actively celebrated Hindi Diwas, Republic Day, World Environment Day, and International Literacy Day. Students participated in skits, quizzes, poster-making, and other creative activities that encouraged civic engagement and collaborative learning.

2. Department of Food & Nutrition

The Department undertook diverse academic outreach, and extension activities throughout the year to strengthen students learning, professional development, and community engagement.

Department Outreach and Extension Activities

During the academic year 2024–25, the Department of Food & Nutrition continued its strong engagement in community-based learning. PGDDPHN students conducted dietary counselling at Kalawati Saran Children's Hospital (KSCH) in OPDs, ICUs, and wards. As part of their curriculum, students also visited the Department of Gastroenterology at G.B. Pant Hospital and AIIMS, gaining clinical nutrition exposure. Under the POSHAN Abhiyaan, educational sessions were held at Anganwadi centres on healthy eating habits for children. Students also participated in outreach through health camps with NGOs, offering nutritional assessments and dietary counselling.

Workshops and Seminars

The department organized several informative sessions in collaboration with national and international organizations. Highlights included a workshop on the link between internet habits and disordered eating (in collaboration with the World Public Health Nutrition Association) and a session on breastfeeding practices at the NRC. Students also contributed to the International Year of Millets by hosting a millet recipe contest and celebrated Protein Week 2023 through sessions on protein intake and malnutrition.

Lectures and Expert Sessions

Expert talks included a lecture by Dr. Preethi Sukumaran on “Nutrition and Child Malnutrition” (in collaboration with the Department of Sociology, DU), offering students insights into national nutrition strategies.

Academic Events and Celebrations

A one-week Faculty Development Program on “Principles of Culinary Sciences” was held in September 2023. Orientation for new M.Sc. and PGDDPHN students was conducted in September 2023. The prestigious 50th Kamla Puri Sabharwal Memorial Lecture in November

2023 featured Dr. Rajiv Bahl, Director General, ICMR, who spoke on reducing childhood stunting and malnutrition. The department also commemorated its 65th anniversary in April 2024 with a seminar on “Transforming Food Systems for Ensuring Safety, Health, and Sustainability,” featuring noted speakers from the health and nutrition sector.

Internships and Practical Exposure

Students undertook internships at prominent hospitals, research centres, and food industries such as AIIMS, FSSAI, Haldiram's, and Dabur, gaining first-hand experience in clinical nutrition, product development, and quality assurance.

Faculty Contribution

Prof. Priti Rishi Lal presented research at national conferences and conducted lectures on “Nutrition and Mental Health” and “Ayurveda and Nutrition.” Along with Dr. H. Memthoi Devi, she introduced and contributed to a teaching handbook on Ayurveda and Nutrition, later published in August 2024.

3. Department of Human Development & Childhood Studies

The Department of Human Development and Childhood Studies at Lady Irwin College is dedicated to fostering holistic learning and critical inquiry into developmental processes across the human lifespan.

Academic and Research Engagement

The department emphasized the integration of theoretical frameworks with field-based inquiry. Students undertook dissertations that explored cultural, social, and psychological aspects of human development. The curriculum continued to promote interdisciplinary learning, focusing on childhood, adolescence, family systems, and community dynamics.

Seminars, Workshops, and Special Lectures

A wide range of sessions enriched the academic environment, including workshops on counselling and developmental interventions by experts like Ms. Guntasha Sangla and Ms. Adya Ahuja. Lectures on life skills and interpersonal relationships were delivered by Dr. Vasudha Agarwal, while “Decoding Happiness” by Ms. Vasudha Arora focused on mental well-being. Technical sessions on research included “Merging Methodologies” by Dr. Shashi Shukla and “Mixed Methods and Case-Centered Research” by Pranjali Dev and Yatika Arya. A public lecture by Nobel Laureate Shri Kailash Satyarthi on child rights marked a significant academic milestone.

Internship Programme

Students interned with organizations such as Kailash Satyarthi Children's Foundation, United We Care, CARA, and NCPCR. These experiences provided insights into field interventions, child protection systems, legal processes in adoption, and therapeutic practices in mental health, helping students apply their classroom knowledge to real-world contexts.

Field Visits and Extension Work

To strengthen experiential learning, students visited institutions like Bal Sahyog, Blind Relief Association, IPSAA Daycare, and Sanskriti School. Field exposure to slum clusters and weaver communities, along with academic visits to the Department of Anthropology and various museums, broadened their socio-cultural understanding and community engagement.

Community Outreach and Exhibitions

An exhibition held on October 26, 2023, highlighted student projects and course-based outputs, focusing on inclusive education and child-centered interventions. The department's outreach efforts reflected its commitment to developmental awareness and advocacy for children, families, and vulnerable populations.

4. Department of Fabric & Apparel Science

The Department of Fabric & Apparel Science at Lady Irwin College focuses on blending scientific knowledge, design thinking, and industry exposure to prepare students for careers in textiles, apparel, and sustainability.

Field Visits and Educational Exposure

To connect theory with practice, students visited the Bharat Tex Exhibition in February 2024, where they explored innovations in textile technology, sustainability practices, and global trends in the apparel industry. These visits enabled them to understand current market dynamics, traditional techniques, and modern industrial operations.

Internships and Industry Linkages

Postgraduate students underwent internships of 4–6 weeks in sectors such as dyeing, spinning, weaving, garment manufacturing, and sustainability. Collaborations included Shahi Exports, Welspun, Nirvan Weaving Experts, Crafts Museum, and Orient Fashions. These industry experiences offered students first-hand exposure to quality control, production workflows, and eco-conscious practices.

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Seminars, Workshops, and Lectures

The department organized academic events such as workshops on personal grooming, wardrobe styling, and fashion photography to support professional readiness. A special lecture on systematic review writing (May 2023) enhanced students' research and academic writing skills. Research Thrust Seminars held earlier also contributed to knowledge-sharing around textile science and sustainability.

National Conferences and Industry Engagement

Students participated in prestigious events such as the 18th Sanjam Randhawa Memorial Conference at FICCI Federation House. With a theme on “Sustainability and Circularity in the Textile and Apparel Industry,” the conference featured dialogue with industry experts, encouraging students to think critically about the future of sustainable fashion and textiles.

Skill Development and Training Initiatives

Professional growth was encouraged through training programs like the Design Thinking Course conducted in collaboration with the Apparel Made-ups & Home Furnishing Sector Skill Council. Hands-on sessions provided exposure to innovation processes, material exploration, and industry tools relevant to apparel design and development.

Cultural Observances and Awareness Campaigns

The department celebrated Earth Day and National Handloom Day with a focus on sustainability, heritage crafts, and environmental responsibility. Events such as slogan writing, plantation drives, and live weaving demonstrations encouraged environmental consciousness and appreciation for traditional Indian textiles.

Internship

The department has strong industrial input. M.Sc. Part I students were placed on an 8 week internship in various Textile units in the Textile and Apparel industry, Textile Testing institutes and Museums. Wide exposure was given on garment printing, digital printing, process of fashion designing, product application and marketing, designing knitted fabric and garments, lifestyle products.

5. Department of Development Communication & Extension

The Department of Development Communication & Extension at Lady Irwin College continues to pioneer efforts in social change communication, advocacy, and grassroots engagement.

Workshops and Seminars

The department organized a range of thematic workshops including a Wall Painting Workshop (Dec 4, 2023) to foster creative expression and a Genderlogue on gender equality in policymaking (Dec 5, 2023). A two-day training program for NGO field workers on mental health campaigns using storytelling and games was conducted in December 2023. Additionally, a Fact Verification Workshop supported by Google News Initiatives and a personal growth session titled “Cultivating Excellence” by Prof. Sanjna Vij (April 2024) equipped students with relevant media and interpersonal skills.

Special Lectures

Expert-led sessions addressed contemporary challenges in communication and development. Highlights included lectures on rural health innovations by Mr. Sandeep Kumar (DigiSwasthya Foundation), digital empowerment by Dr. Ranjeet Kumar, and NGO registration and legal frameworks by Dr. Subramania Siva. A gender-focused digital session titled “Pixels & Pronouns” further broadened students' understanding of identity and media representation.

Field Visits and Experiential Learning

Students visited Development Alternatives to explore sustainability-led development solutions (March 2024) and the Museo Camera Centre for Photographic Arts (April 2024) to deepen their understanding of visual storytelling. These visits helped connect classroom concepts with real-world advocacy tools.

Webinars and Online Engagements

The department organized webinars on corporate communication, trauma and mental health, and photojournalism, led by experts such as Mr. Mukesh Srivastava and Dr. Manasi Sharma. These sessions added virtual learning opportunities for students across disciplines.

Flagship Events and Outreach

The annual Yuva Shakti Mela held in March 2025 focused on "Digital Empowerment and Social Inclusion," featuring interactive stalls, exhibitions, and panel discussions with grassroots leaders and development practitioners. The legacy initiative Each One Enable One continued to promote adult literacy and skill-building among community learners.

Internships and Field Practice

Students interned with reputed organizations such as UNDP, UNICEF, TERI, FICCI, GRAVIS (Jodhpur), Kriti Foundation, Aseem Library, and AIWC. These internships enhanced their understanding of SBCC (Social and Behaviour Change Communication), media advocacy, and development planning.

6. Department of Resource Management & Design Application

With a legacy rooted in sustainable living and responsible design, the Department of Resource Management & Design Application continues to blend research, innovation, and community outreach.

Research and Academic Initiatives

Students and faculty engaged in research on sustainability, circular economy, disaster risk reduction, and green infrastructure. Projects focused on smart energy solutions, climate adaptation, and innovative waste management. Research was largely field-based, involving community surveys, participatory learning, and hands-on workshops, reflecting the department's commitment to real-world application.

Seminars, Webinars, Conferences & Trainings

Knowledge-sharing platforms included a National Symposium on Sketch Engine Optimization (SEO) and a Blended Capacity Building Programme held in collaboration with the River Ganga Project, Delhi. The department hosted a workshop on Environmental Engineering in partnership with the University of Illinois, Chicago and IIT Roorkee. Participation in national initiatives such as the G20 University Connect and annual task force meetings fostered interdisciplinary dialogue on sustainability, urban planning, and energy solutions.

Community Outreach and Extension

The department led awareness drives on green construction, efficient energy use, and alternatives to plastic. Humanitarian efforts such as donation drives and eco-friendly celebrations were organized. Collaborations with GRIHA, LEEF, and other NGOs extended the department's vision of environmental stewardship. Students also participated in the North India Clean Energy Expo, showcasing ergonomic and sustainable design prototypes.

Recognition and Achievements

Students represented the department at the Delhi Urban Forum 2024, and faculty members presented research at prestigious international conferences on environmental and ergonomic design. Alumni were acknowledged for their contributions to green entrepreneurship and climate innovation.

7. Department of Science

The Department of Science at Lady Irwin College fosters scientific curiosity, interdisciplinary learning, and environmental consciousness. With a strong foundation in Botany, Chemistry, and Zoology, the department emphasizes sustainable practices and critical inquiry.

Research and Academic Focus

The department remained committed to research-driven education through student-led projects and faculty mentorship. Key themes included environmental sustainability, biotechnology, food traceability, plastic waste management, biodiversity conservation, and circular economy models. Faculty-led studies explored urban agriculture, molecular simulations, and the role of science in human development.

Departmental Events

The department celebrated its 25th Foundation Day in March 2024 with student exhibits and interactive sessions. World Ozone Day was observed through poster competitions, and students took part in green design activities like recycled art, sustainable living exhibitions, and photography contests. Skill-based workshops on material identification, interior design, and sustainable furniture strengthened practical learning.

Internships and Industry Exposure

Students interned across sectors including sustainability consulting, interior design, and environmental auditing. Key collaborators included Swan Livelihood, 101 Consulting SPA, Bureau of Energy Efficiency (BEE), SEBI, Skill Council for Green Jobs, and Tata Power Community Development Trust. These internships enabled students to apply their design and management skills in live projects and research-based roles.

Workshops, Seminars, and Expert Lectures

In May 2024, a Workshop on Enhancing Skills in Botany was conducted for students from Lakshmi Bai College, offering hands-on experience in plant science. An expert lecture on Plastic Waste and Circular Economy was held on 7th May 2024, highlighting sustainable strategies for waste reduction. Throughout the year, the department organized awareness sessions and educational webinars on biodiversity, ecological conservation, and innovative scientific practices.

Departmental Events and Celebrations

The Kalam Series on Science and Environment, held on 3rd April 2024, brought together students from across institutions to discuss climate change and scientific innovation. The Science Journal Club was launched to develop analytical skills and deepen subject engagement. The department also observed key events including National Science Day (28th February 2024), Wildlife Week, and Hindi Pakhwada, combining scientific awareness with cultural expression.

Field Visits and Practical Exposure

Students participated in educational visits to the Aravali Biodiversity Park and the Indian National Science Academy (INSA) for interactive learning sessions and lectures like “Viksit Bharat@2047: Role of Science and Technology.” These visits offered valuable exposure to real-world applications of scientific research and policy.

Eco-Club and Sustainability Initiatives

The department conducted plantation drives on 17th & 25th August 2023 and again on World Environment Day (5th June 2024). Activities such as composting workshops, organic farming demonstrations, and zero-waste training helped instill sustainable practices among students. The 66th Annual Flower Show and Baisakhi Celebration integrated cultural appreciation with environmental learning.

Prof. Neelima Asthana
Director,
Lady Irwin College

STUDENTS' ASSOCIATION 2024-25 REPORT



Lady Irwin College has a well-organized and democratically elected Students' Association that greatly enhances the educational experience of its students. It provides avenues for personal growth, exposure, and active participation in social, cultural, intellectual, and community service activities. The Association is composed of a Central Executive Body and fifteen societies that collaborate in a structured and unified manner to achieve common goals. Throughout the year, the Students' Association hosts a wide range of events, broadening academic perspectives and offering students a platform to exhibit their talents while building managerial and organizational skills.

CENTRAL EXECUTIVE BODY 2024-25



Students' Association President	- Ms. Semani
Students' Association Secretary	- Ms. Vedika Shukla
Students' Association Cultural President	- Ms. Muskan Singhanian
Students' Association Treasurer	- Ms. Rupali Yaduvanshi
Students' Association Joint Treasurer	- Ms. Khushi Khosla
Senior Welfare Executive	- Ms. Mehnoor Manzoor Mir
Junior Welfare Executive	- Ms. Mansi
Hospitality President	- Ms. Harshika Pal
Hospitality Officers	- Ms. Srishti Ingle Ms. Khushi Gupta
Staff Advisors	- Ms. Vishakha Sambhav Dr. Rajneesh Dwevedi

COMMITTEE MEMBERS

The Students' Association actively contributes to various college committees, responsibly fulfilling its assigned duties. These include participation in the ICC, Anti-Ragging, Anti-Smoking, and Anti-Drug Committees, as well as involvement in Orientation programs, Admission Document Verification, and other essential tasks.

ELECTIONS

The Students' Association conducted online elections in accordance with a Standard Operating Procedure approved by members of the Joint Consultative Committee (JCC) and society advisors. The elections were transparent, well-organized, and successfully executed.

Various events organized by The Central Executive Body In the year 2024-25.

VALEDICTION CEREMONY- 01st August, 2024

On August 1, 2024, the Students' Association for the 2024-25 term was formally introduced and received their badges as the outgoing Presidents stepped down. Held in Seth Ram Lal Hall, the ceremony began with a welcome address from the Director, Prof. Anupa Siddhu. Subsequently, the new Secretaries and Presidents were awarded with their badges, while the outgoing members were given awards for their significant contributions to Lady Irwin College. The Students' Association 2024-25 pledged to serve the college with dedication and continue its esteemed legacy. The event concluded with a Vote of Thanks delivered by Ms. Semani, President of Students' Association for 2024-25.

SUSHMA GOEL MA'AM FAREWELL- 06th August, 2024

On August 6th, 2024, Lady Irwin College bid farewell to its esteemed Vice Principal, Prof. Sushma Goel, who has been an integral part of the institution. The event commenced with an opening speech by the Director, Prof. Anupa Siddhu, followed by captivating cultural performances by Dhvani and the Nrityanjali Classical Wing. Prof. Sushma Goel then took the stage to share her inspiring journey with the audience. The farewell concluded with a heartfelt vote of thanks delivered by the Students' Association Staff Advisor, Ms. Vishakha Sambhav, and a celebratory cake cutting.

INDEPENDENCE DAY- 13th August, 2024

13th August, 2024, Lady Irwin College celebrated Independence Day with excitement and patriotism. The event, held in the front lawn of the college, commenced with the hoisting of the national flag, followed by the singing of the National Anthem. The Director, Prof. (Dr.) Anupa Siddhu, addressed the gathering with insightful and inspiring words. The celebration continued with a series of cultural performances in Seth Ram Lal Hall, showcasing the spirit of the day. The event concluded with the distribution of sweets, marking the end of a memorable occasion.

ORIENTATION- 3rd - 5th September, 2024

The 2024-2025 orientation, themed Viksit Bharat, provided new students with a comprehensive introduction to college life over three days. The event began in Seth Ram Lal Hall with a traditional lamp-lighting ceremony, followed by a warm welcome from Director Prof. (Dr.) Anupa Siddhu. Students were introduced to the Students' Association 2024-2025 and the 16 societies of the college, highlighted by engaging performances that showcased the vibrant extracurricular culture awaiting them.

The second day in Kamani Auditorium focused on academics, featuring addresses by the orientation convenor and presentations on postgraduate courses and NEP 2020. Students were also informed about college facilities and the Internal Complaints Committee (ICC), and participated in an interactive session where alumni shared valuable insights and experiences. The final day centred on NEP course counselling, with introductory remarks from the NEP

in-charge and introductions to the first-year faculty. Nodal officers explained the course structures, covering VAC, SEC, GE, and AEC options. The program concluded with a college tour, helping students become familiar with their new environment. The Viksit Bharat orientation effectively blended academic guidance and cultural immersion, preparing the new batch for an enriching college experience.

TEACHER'S DAY- 5th September, 2024

The Teachers' Day celebration was organised to honour and express gratitude to the esteemed faculty members. The event began with a Ganesh Vandana performed by the Nrityanjali classical wing, followed by an address from the Director, Prof. Anupa Siddhu. In a special segment, the teachers were invited to share their experiences from their first day as educators, offering inspiring insights. A ramp walk was then organised, where teachers from various departments confidently showcased their style. This was followed by performances from different college societies in tribute to the teachers. The event concluded with a Vote of Thanks by Ms. Semani, Students' Association President, and a cake-cutting ceremony, marking the joyous occasion.

BOND AND BEYOND- 17th September, 2024

The Students' Association hosted an interactive and enjoyable session for the freshers, creating a lively atmosphere. The event kicked off with a flash mob at BBC, where all 15 societies, along with the Central Executive Body, were introduced to the newcomers. The celebration then moved to Seth Ram Lal Hall, where a spirited dance performance uplifted the energy of the gathering. Students eagerly took part in various games, with winners receiving exciting prizes. The event was full of fun and enthusiasm, leaving everyone in high spirits and making Bond and Beyond a memorable and successful event.

SANGEETA GOOMAR MA'AM FAREWELL- 27th September, 2024

On 27th September 2024, Lady Irwin College hosted a heartfelt farewell event to honor and bid farewell to Prof. Sangeeta Goomar. The event commenced with an opening address by the Director, Prof. Anupa Siddhu, followed by captivating performances from the Dhvani and Nrityanjali classical wing. Prof. Sangeeta Goomar then shared her memorable journey and experiences with the audience, making the occasion even more special. A surprise act by the Canteen Committee, performed by Mukhauta, added a unique touch to the event. The program concluded with a Vote of Thanks by the Students' Association President, Ms. Semani, followed by a celebratory cake-cutting.

SANGEETA GOOMAR MA'AM FAREWELL- 27th September, 2024

Lady Irwin College commemorated the birth anniversary of Mahatma Gandhi, the Father of the Nation, with great zeal. Held in Seth Ram Lal Hall, the event began with a warm welcome address by Director Prof. (Dr.) Anupa Siddhu. Various college societies honoured Gandhi's legacy through special performances, while competitions like Bhajan singing and digital poster-making were organised as tributes to him.

GANDHI JAYANTI CELEBRATION- 3rd October, 2024

Lady Irwin College commemorated the birth anniversary of Mahatma Gandhi, the Father of the Nation, with great zeal. Held in Seth Ram Lal Hall, the event began with a warm welcome address by Director Prof. (Dr.) Anupa Siddhu. Various college societies honoured Gandhi's legacy through special performances, while competitions like Bhajan singing and digital poster-making were organised as tributes to him.

LIGHTS, CAMERA, BOLLYWOOD- 9th October, 2024

On October 9, 2024, the Students' Association hosted "Lights, Camera, Bollywood" – a Bollywood-themed event for Irwinites held in Seth Ram Lal Hall. The event kicked off with the DJ playing lively songs, setting the tone for an energetic atmosphere. The crowd enjoyed a talent show, ramp walk, and various fun activities, all concluding with an electrifying session on the dance floor.

RIWAAYAT-E-SHAAM- 17th October, 2024

On October 17, 2024, the Students' Association hosted "Riwaayat-e-Shaam," a lively cultural event held on the beautifully decorated front lawn. Open to all, the celebration was set against a vibrant backdrop, filling the air with energy and excitement. The evening featured a variety of mouth-watering food stalls, jewelry stands, and more, offering something special for everyone. As the NR DJ played upbeat tracks, people gathered on the dance floor, creating an electric atmosphere. With laughter, dancing, and fun activities all around, the event turned into a joyful celebration of togetherness, leaving everyone with cherished memories of a wonderful evening.

DIRECTOR'S FAREWELL- 25th November, 2024

On 25th November 2024, we bid a heartfelt farewell to our esteemed Director, Prof. Anupa Siddhu. The Students' Association organized a special event to express gratitude for her invaluable guidance and unwavering support over the years. The program commenced with a welcome address by Vice Principal Prof. Archana Kumar, followed by a series of vibrant cultural performances. Prof. Anupa Siddhu then took the stage to share her reflections and memorable experiences. Subsequently, the staff advisors presented her with tokens of love and appreciation. A joyous cake-cutting ceremony followed, and the event concluded with a warm vote of thanks delivered by the Students' Association President, Ms. Semani.

REPUBLIC DAY CELEBRATION- 21st January, 2025

On 21st January 2025, Lady Irwin College commemorated the 76th Republic Day with a celebration held in the front lawn. The event began with the hoisting of the national flag, followed by captivating performances by Dhvani, Nrityanjali, and a patriotic pledge led by the NSS unit. The celebration concluded with the distribution of sweets to the entire college community.

LIC X NEWME ASIA- 3rd February,2025

On 3rd February 2025, Lady Irwin College, in collaboration with Newme Asia, a popular fast fashion brand, organized an exciting event exclusively for its students. Held in the front lawn, the event offered students a chance to win stylish outfits from the brand by participating in a series of engaging games and interactive tasks. The lively atmosphere, enthusiastic participation, and vibrant setup made the event a memorable experience for everyone involved. The collaboration not only brought fun and fashion together but also marked a successful partnership between the college and the brand.

FOUNDER'S DAY- 24th March,2025

On 24th March 2025, Lady Irwin College celebrated its 92nd Founders' Day with elegance, emotion, and enthusiasm. The campus transformed into a canvas of color and tradition, with vibrant rangoli, festive décor, and an atmosphere charged with pride. The event began with the ceremonial lighting of the lamp and the university song, followed by a warm Welcome Address and the Director's Annual Report, highlighting the college's journey and achievements. The Chief Guest and Guest of Honor shared words of wisdom, inspiring students and staff alike. Applause filled the air during the award ceremony, where academic excellence and extracurricular brilliance were rightfully celebrated. Cultural performances by Dhvani and Nrityanjali added rhythm and soul to the event, drawing the audience into moments of awe and joy. Closing on a note of gratitude, Students' Association President Ms. Semani (2024–25) delivered the vote of thanks. A hearty lunch brought everyone together, wrapping up the day in a spirit of celebration and community.

QUINTESSENCE 2025- 4th and 5th April,2025

Day 1, 4th April 2025 – Lady Irwin College celebrated its Annual Cultural Festival, Quintessence'25 – The Dawn of Illusion, on the 4th and 5th of April 2025. The festivities began with a grand inauguration ceremony featuring the traditional lamp lighting followed by a ribbon-cutting. This was succeeded by a warm welcome address and inspiring speeches by Director Prof. Archana Kumar, Staff Advisors Ms. Vishakha Sambhav and Dr. Rajneesh Dwevedi, and Students' Association President 2024-25 – Ms. Semani..

The college exuded a vibrant and festive atmosphere, complete with a variety of delicious food stalls, engaging games, and lively activities. Several societies organized captivating events throughout the day. Notable highlights included Soliloquy – The Debating Competition by Vani, Rhythaar – The Music Competition by Dhvani, and A'LA MODE – The Solo Ramp Walk by Prophecy. Students from various colleges participated with enthusiasm and creativity, making the day a memorable experience. As the sun set, the stage came alive with a power-packed performance by the B.Y.O.B Band, whose energy and musical talent captivated the audience. Their set created the perfect buildup to the night's final act. The evening concluded with a high-energy DJ Night featuring DJ ASAR, who had the crowd dancing and celebrating late into the night.

Day 2, 5th April 2025 – The second day began with even more excitement as societies continued to host their dynamic and engaging activities. One of the standout events was Vyam – The Group Dance Competition by Nrityanjali, followed by Virtuosity – The Fine Arts Competition by Tulika, which drew incredible talent and appreciation. The grand finale of Quintessence 25 was a spectacular live performance by the sensational Sunanda Sharma. Her electrifying presence and hit songs brought the crowd to life, creating an unforgettable evening and a perfect conclusion to two days of celebration, creativity, and joy.

FROM THE EDITORIAL BOARD

Warm greetings to the readers of Jagriti!



We are delighted to present this year's edition of Jagriti, the annual magazine of the Literary Society. This issue serves as a vibrant canvas for the voices, visions, and creativity of the Lady Irwin College community. From thought-provoking poetry and personal reflections to captivating artwork and insightful articles, Jagriti is a celebration of expression in all its forms.

More than just a compilation, this magazine is a testament to the incredible talent and imagination of our youth. It showcases the originality, courage, and commitment of students who continue to use their voices and creativity to make meaning, raise questions, and tell their stories. Through each page, we witness not just artistic flair, but the growth and transformation of individuals—an evolving chronicle of self-discovery, resilience, and expression shaped over the course of the academic year.

The magazine also captures glimpses of the college's journey—its events, milestones, and shared experiences—bringing together the spirit and diversity that define our campus life. Through this publication, we aim to inspire dialogue, foster connection, and ignite the joy of reading while engaging with diverse ideas.

We extend our heartfelt thanks to all the contributors whose talents have made this issue truly special. We also appreciate the efforts of the editorial team who worked with dedication to shape this collection.

We hope you find as much joy in reading Jagriti as we did in creating it. Your thoughts and feedback are always welcome as we strive to grow and improve with each edition.

Happy reading!



*Dr. Meenal Jain and
Ms. Sapna Kumari
Society Staff Advisors*

FROM THE EDITOR'S DESK



"Keep reading. It's one of the most marvelous adventures that anyone can have."

- Lloyd Alexander

Dear Readers,

As we dive in this issue of Jagriti we reflect on the transformative power of knowledge and life experiences. With this issue, we also celebrate the joy of reading and literature, featuring quotes, articles from members of the Irwin family. We believe that reading is not just a hobby, but a gateway to new perspectives, empathy, and understanding. We hope that our readers will find inspiration, insight, and entertainment within these pages. As we continue to strive for excellence in our niche, let us empower minds and enrich lives through the power of knowledge and ideas. Let's stand up against the atrocities faced by all the people around the world and become their voices because with your words you can change the world. I extend my deepest gratitude to all those who made this possible, from our core team to each one of the contributors; your insights, creativity and perspective helped shape Jagriti'25.

Warm regards,

*Zubiya Naaz
Literary Society President 2024-25
Editor-in-Chief*

STUDENTS' ASSOCIATION 2024-2025



Left to right:

Ms. Ekantika Harsini, Ms. Swarni Manzkhola, Ms. Ananya Singh, Ms. Lavanya Puniani, Ms. Parvathy M Mohan, Ms. Kritika Parashar, Ms. Mehnoor Manzoor Mir, Ms. Rupali Yaduvanshi, Ms. Semani, Ms. Muskan Singhanian, Dr. Rajneesh Dwevedi, Ms. Vishakha Sambhav, Ms. Harshika Pal, Ms. Mehak Arora, Ms. Sanjhi Dak, Ms. Yukti Sharma, Ms. Aakriti Chauhan, Ms. Zubiya Naaz, Ms. Ananya Mehta

Ms. Divyanshi Sharma, Ms. Sayti Samanta, Ms. Nandnee Kumari, Ms. Mansi, Ms. Shristi Aasu, Ms. Ananya Singh, Ms. Srishti Ingle, Ms. Khushi Gupta, Ms. Manvi Jain, Ms. Ritika Upadhyay, Ms. Pragya Singh, Ms. Bhavika Arora, Ms. Aditi Sharma, Ms. Khushi Khosla

STUDENTS' ASSOCIATION 2024-2025

Simani	College President
Vedika Shukla	College Secretary
Muskan Singhania	Cultural President
Rupali Yaduvanshi	College Treasurer
Khushi Khosla	College Joint Treasurer
Mehnoor Manzoor M	Senior Welfare Executive
Mansi	Junior Welfare Executive
Harshika Pal	Hospitality President
Khushi Gupta	Hospitality Officer
Srishti Ingle	Hospitality Officer
Yukti Sharma	Debating Society President
Pragya Singh	Debating Society Secretary
Sakshi Jha	Stageplay Society President
Khanak Sharma	Stageplay Society Secretary
Sara Syed	Dance Society President
Divyanshi Sharma	Dance Society Secretary
Kanishka	Fashion Society President
Sana Babu	Fashion Society Secretary
Ananya Singh	Fine Arts Society President
Bhavika Arora	Fine Arts Society Secretary
Lavanya Puniani	Music Society President
Ananya Singh	Music Society Secretary
Zubiya Naaz	Literary Society President
Sayti Samanta	Literary Society Secretary
Anshika Yadav	Sports Society Secretary
Aakriti Chauhan	NSS Unit President
Parvathy M Mohan	SPICMACAY Society President
Manvi Jain	SPICMACAY Society Secretary
Sneha Nagar	Eco Club President
Ritika Upadhyay	Eco Club Secretary
Sanjhi Dak	Photography and Film Society President
Aditi Sharma	Photography and Film Society Secretary
Kritika Parashar	E-Cell President
Shristi Aasu	E-Cell Secretary
Ananya Mehta	Gandhi Study Circle President
Ananya Gupta	Gandhi Study Circle Secretary
Swarni Manzkhola	Enactus Convenor
Ekantika Harsini	Enactus Co-convenor

DEBATING SOCIETY- VANI

President: Ms. Yukti Sharma

Secretary: Ms. Pragya Singh

Staff Advisor: Dr. Sakshi Khurana



“The best arguments are not about shouting louder, but about thinking deeper.” ~Shashi Tharoor

In the ever-evolving landscape of intellectual pursuit, Vani- The Debating Society, the voice of Lady Irwin College itself, stands as a crucible where ideas are forged, perspectives are sharpened, and voices are empowered. Like a beacon amidst the fog of ambiguity, the society has continued to illuminate the path of reasoned discourse, encouraging students to navigate complex issues with clarity, confidence, and conviction. With the motto, “Empowering Voices, Shaping Perspectives” we proved as a platform not only for verbal sparring, but as a sanctuary for intellectual courage — where the freedom to question is cherished, and the pursuit of truth is ceaseless. Our guiding purpose is to shape minds that do not just speak, but speak with meaning; to empower voices that challenge, persuade, and inspire.

The year commenced with the Society Orientation, offering new members a warm introduction to the vision, values, and legacy of Vani. This initiation was soon followed by the Freshers' Talent Contest, a vibrant showcase of wit and eloquence that set the intellectual tempo for the year ahead. Through two dynamic formats - JAM (Just A Minute) and a Conventional Debate Competition, first-year students showcased their spontaneity, expression and confidence. Auditions for the Core Team were also held during this period.

One of the thought-provoking additions to this year's calendar was an intra-college group discussion on the motion – “The world does not need religion.” We also collaborated with the NSS unit of Lady Irwin College, and successfully hosted, Manthan, inter-college debate competition with the motion, “This House condemns the use of religion to divide India's diverse communities and calls for policies that promote unity and inclusive development”. This debate brought together voices from diverse institutions to engage in meaningful discourse. Moving forward we collaborated with the Department of Science, and co-hosted the 7th edition of the Dr. Kalam Series. We also hosted our flagship event Agree to Disagree- An OTT inspired debate competition that mixed entertainment with strong arguments. Adding to the excitement, the winner was awarded a Netflix subscription, making debate both compelling and rewarding.

extempore events, upholding the values of thoughtful dialogue and intellectual integrity. As we reflect on a year of vibrant engagement, we do so with gratitude for the voices that rose, the minds that opened, and the questions that dared to be asked. In debate, we find not just the courage to speak, but the grace to listen- and therein lies our true achievement.

Culminating the session, we hosted our annual event, "Soliloquy'25" under Quintessence featuring, Aqeeda – The Open Mic Competition which was a celebration of powerful expression and thoughtful dialogue and Hannah Sen Memorial Debate, where sharp minds engaged in meaningful argumentation on pressing issue, “The viral spread of memes following India's Got Latent demonstrates that in today's India, controversies are not mere accidents but strategic tools crafted to attract attention and amplify publicity.”

Throughout the year, the core team of Vani stood as paragons of dedication and eloquence. They represented the society with confidence and grace in inter-college debates, workshops, and extempore events, upholding the values of thoughtful dialogue and intellectual integrity. As we reflect on a year of vibrant engagement, we do so with gratitude for the voices that rose, the minds that opened, and the questions that dared to be asked. In debate, we find not just the courage to speak, but the grace to listen- and therein lies our true achievement.

DANCE SOCIETY- NRITYANJALI

Society President: Ms. Sara Sayed
Society Secretary: Ms. Divyanshi Sharma
Society Staff Advisor: Dr. Sunaina Dua



Nrityanjali, the dance society of Lady Irwin College, provides a vibrant platform for students to express themselves through the powerful medium of dance. The society nurtures creativity, discipline, and collaboration among its members, allowing them to embrace diverse dance styles such as folk, classical, contemporary, semi-classical, and fusion.

Nrityanjali formally established two distinct wings under its umbrella: The Western Wing:- emphasizes innovation, expression, and global rhythms through styles like contemporary, jazz, and hip-hop.



The Indian Classical & Folk Wing:- focuses on preserving and promoting the rich cultural heritage of India through Kathak, Bharatanatyam, Lavani, and regional folk dances. Both wings aim to foster excellence, inclusion, and cultural representation, making Nrityanjali a dynamic space for learning and growth.



The session began with the Re-Auditions for Core Team Recruitment, held online on 31st July–1st August 2024. Nrityanjali then took part in the Global Village Performance at Worldmark, Aerocity on 3rd and 4th August. This was followed by a graceful performance at Prof. Sushama Goel's Farewell on 6th August and a patriotic performance on Independence Day, 13th August at Seth Ram Lal Hall. We also performance on the Orientation day 3rd September and classical Team also perform on Teacher's Day. On 14th September, the team volunteered at the Kala-Samantar Seminar organized by Aamad Dance Centre (NGO) at IIC Annexe. Continuing the festive mood, a Flash Mob was held at the Basketball Court on 17th September, followed by 'Kalangan: Orientation and Fresher's Talent Contest' on 19th September at the Amphitheatre and Seth Ram Lal Hall, celebrating the theme 'Bollywood on Taal'. On 27th September, Nrityanjali paid tribute with a farewell performance for Prof. Sangeeta Goomer and later, a performance on Gandhi Jayanti was staged on 3rd October.

Performances

(Individual)

Ms. Sara Sayed

- ♦ Festival director of Antarang international dance day at sree ram centre 2025
- ♦ Selected to perform in Mahakumbh Prayag Raj with more than 10 countries 2025
- ♦ Selected for India - nepal cultural festival tour by ICCR of india 7-13 December

2024

Ms. Kiwi Kachhua

- ♦ 11th Oct. 2024, at Mussoorie for Bharat Divash organised by IAS training Center
- ♦ 17th Oct. ,2024 completed Arangetram
- ♦ 05th Nov. ,2024 CCRT DWARKA organised by Minister of Culture on the occasion of Kaveri meets Ganga
- ♦ 16th Nov. ,2024 Ram Lila at Dilshad Garden
- ♦ 02nd Dec. ,2024 Panchabhootam Production at India Habitat Center
- ♦ 11th Dec.,2024 at Yashobhoomi on the occasion of Navy established Celebration and conference.
- ♦ 21st Dec.,2024 at Meerut Mahotsav as opening ceremony of Festival by U.P. tourism
- ♦ 9th Jan.,2025 at Pravasiya Bhartiya Diwas at Odisha organised by ICCR
- ♦ 13th Jan.,2025 at Parliament for Lok Sabha Foundation Day celebrating there 96th Years in the fornt of Honorable Om Birla ji.
- ♦ 18th Jan.,2025 at Rainbow Festival organised by Prashar Bharti
- ♦ 5th and 6th Feb.,2025 at Mahakhumbha2025 with padmashree Smt.Paratibha Pralad ji organised by Minister of Culture
- ♦ 14th Feb.,2025 at 38th National Games closing ceremony at Haldwani
- ♦ 17th Feb.,2025 at DLF Mall conference meeting with foreign delegates
- ♦ 26th Feb.,2025 on the occasion of Mahashivratri Performed at Delhi Tamil Sangam
- ♦ 1st Mar.,2025 at conference meeting of India Oil at Delhi
- ♦ 8th Mar.,2025 on the occasion of International Women's Day Performed in front of Honorable president of India Smt Draupati Murmu ji at Vidhya Bhawan organised by SNA
- ♦ 18th Mar.,2025 at Basant Utsav organised by West Bengal tourism at Victoria Memorial
- ♦ 27th April,2025 at World Dance Day organised by S.U.N.A.I.N.A
- ♦ 12th May,2025 on the occasion of Rabindranath Jayanti Performed at IIC

LITERARY SOCIETY- ETERNAL PHRASES

President: Ms. Zubiya Naaz
Secretary: Ms. Sayti Samanta
Staff Advisors: Dr. Meenal Jain
Ms. Sapna Kumari



Eternal Phrases serves as a creative sanctuary for students passionate about literature, language, and self-expression. The society's primary mission is to nurture students' literary interests and help them uncover their potential by giving voice to their thoughts and imagination. It acts as a space where words breathe life into stories, emotions, and ideas.



The academic year commenced with a warm welcome to new students during the orientation and Fresher's Talent Contest, where engaging activities such as Loop-o-Cascade and Pen It Down were held for the new enrolled. These interactive sessions allowed freshers to explore and share their creativity, setting the tone for the rest of the session. To mark Hindi Diwas, a special poetry competition was conducted to celebrate the beauty and richness of the Hindi language. Further enriching the session, The Healing Brush, a collaborative event with Tulika – The Fine Arts Society, offered students an artistic outlet to reflect on healing and emotions through a fusion of visual and literary art. On the occasion of World Mental Health Day, the society organized a webinar titled “College–Life Balance: Managing Stress”, aimed at encouraging open conversations around student mental health and emotional well-being. As part of Vigilance Awareness Week, Eternal Phrases partnered with the NSS Unit to host a poetry writing competition and integrity pledge, centered around moral values such as integrity, truthfulness, and accountability. A major highlight of the year was Saray-e-Sukhan, an evening filled with soulful performances that celebrated poetry, music, and stand-up comedy. The event witnessed incredible performances by



Krishna Shukla and Ansh Basoya (poets), Naman Jain (stand-up comedian), and Krish Arora (singer), leaving the audience thoroughly moved and inspired. The Annual Literary Fest-Lexicon 25, held under the umbrella of Quintessence 25, saw enthusiastic participation from across departments. As part of the fest, students competed in various events including a slam poetry contest, a creative writing challenge, and a crossword puzzle competition hosted in association with Extra-C. These events served as a dynamic showcase of the literary talent and enthusiasm present in the college.

Throughout the academic year, Eternal Phrases continued to be a vibrant platform for expression, storytelling, and artistic exchange. The society remains committed to fostering creativity and preserving the literary culture of Lady Irwin College.

FINE ARTS SOCIETY- TULIKA

President- Ms. Ananya Singh
Secretary- Ms. Bhavika Arora
Staff Advisors- Dr. Chanda Rawat
Dr. Madhuri Nigam



Tulika – The Fine Arts Society of Lady Irwin College continued its tradition of promoting artistic expression and creativity during the academic year 2024-2025. Under the leadership of President Ms. Ananya Singh and Secretary Ms. Bhavika Arora, and with the guidance of Staff Advisors Dr. Chanda Rawat and Dr. Madhuri Nigam, the society organized a series of engaging events, workshops, and collaborative initiatives. The year began with Tales on Canvas, an online inter-college painting competition held on Janmashtami, attracting 28 participants. The team contributed vibrant decor for college events like Orientation '24, Teachers' Day, and LICAA Meet, consistently upholding the society's commitment to aesthetic excellence. The Freshers Talent Contest (FTC) saw enthusiastic participation from the new batch through art competitions such as Beyond the Brush, Doodle Derby, and Monochrome Masterpiece, with a total of 35 entries. Tulika also collaborated with Eternal Phrases, the college's literary society, for The Healing Brush on World Mental Health Day, merging visual and literary arts for mental wellness.



Seasonal creativity was celebrated through events like Ghostly Gala, a Halloween-themed online competition with 27 entries, and Frosted Canvas, an Instagram series showcasing winter-inspired artworks. The society conducted a Canva Workshop to introduce members to digital design tools, attended by 58 participants. Tulika's contribution to college-wide initiatives continued with decor support for Founders Day '24 and the Kalam Series. The flagship event, Virtuosity, brought together art enthusiasts from across Universities for a day of competitions and creative exchange. Among the various events conducted under Virtuosity'25, “The Leaf Palettes” stood out and gained notable recognition—it was featured and published by Hindustan Times on the occasion of World Art Day, highlighting the society's growing impact and creativity.



This was followed by Pradarshani, the Annual Inter-College Art Exhibition, providing a platform for students to showcase diverse artistic expressions.

FASHION SOCIETY- PROPHECY

President- Ms. Kanishka

Society Secretary- Ms. Sana Babu

Society Staff Advisors- Ms. Priyanka Pawar

Dr. Ashima Anand



“PROPHECY” is the Fashion Society of Lady Irwin College, where creativity meets culture. Through their designs, they tell stories of identity, empowerment, and social change. Their work goes beyond fashion's appearance, focusing on sustainability, inclusivity, and mindful choices. By hosting workshops, fashion shows, and collaborations, they build a community that challenges norms and inspires new ideas. As a voice for meaningful style, they show how fashion can empower individuals and drive progress.

The year began on a patriotic note with a powerful performance on Independence Day, where Prophecy celebrated the pride and dignity of our national flag. As the academic session unfolded, we welcomed the new batch with a grand Orientation Day fashion show themed on Viksit Bharat, capturing our vision for a progressive future. Embracing cultural roots, the team hosted a vibrant ethnic photoshoot for Diwali, celebrating the festive spirit with traditional flair and creativity.

In the months that followed, Prophecy organized a range of engaging events, most notably the Fresher's Contest, which challenged newcomers through three exciting rounds with themes like Retro Styling and Disney Villains makeup. The event tested participants on creativity, confidence, content creation, and spontaneity—offering them a dynamic stage to shine. On Teacher's Day, we expressed heartfelt gratitude to our mentors for their continuous support and encouragement, strengthening the bond between the team and our guiding faculty.



To expand our legacy, multi-category auditions were conducted in Modeling, Styling & Makeup, and Management & Content Creation. Participants enthusiastically responded to themes like Dress to Impress and Shinobu Butterfly, showcasing exceptional talent and passion. Our online competition 'Sleigh and Slay', judged via Instagram voting, brought out innovative styling ideas from participants and fostered digital engagement. In addition, collaborations with WhizzCommunication and Yoho Brand provided our members with professional exposure and fresh creative opportunities.

Our journey this year was defined by signature events like Aura of Style, which attracted budding fashionistas across Delhi-NCR to participate in ramp walks and artistic expressions such as face painting.

The crown jewel of the year was A'LA MODE, our flagship annual event, where top fashion societies united to witness Prophecy unveil its compelling 2025 theme: "War of Womanhood: The Struggle Against Injustice." Through impactful runway storytelling, we addressed grave societal issues including dowry, acid attacks, rape, body shaming, racism, and child marriage—transforming the runway into a powerful platform for awareness and change.

MUSIC SOCIETY- DHWANI

President - Ms. Lavanya Puniani
Secretary - Ms. Ananya Singh
Staff Advisor - Ms. Shefali Chopra



“Music, once admitted to the soul, becomes a sort of spirit and never dies”

Music is a universal language that transcends boundaries, cultures, and time. It has the power to evoke emotions, express thoughts, and unite people from diverse backgrounds.

From ancient rituals to modern-day concerts, music has played a significant role in human history. It encompasses various genres, styles, and instruments, reflecting the rich tapestry of human creativity. It serves as a form of self-expression, therapy, entertainment, and cultural heritage. Ultimately, music is not just sound; it's an integral part of the human experience, enriching our lives and connecting us to each other in profound ways.



Dhwani -The Music Society hosted a series of captivating events throughout the tenure showcasing a diverse range of musical talents and fostering a vibrant community spirit. The highlight of this year was the harmony unleashed in all the events.



This time we promoted a lot of musical activities starting with inviting the new buds to the “Tune in Together-Orientation” where we oriented them about society and different departments, and interacted with them by playing some interesting musical games. Then we conducted "SYNCORIA - The Fresher's Talent Contest", astonished by the talent they brought to us. We found the best from the rest. We held “Echoes Of Talent- Auditions” for 1st years to enhance the strength of our family with sparkling magical voices. We received a lovely response in the form of huge participation from the first years.

We also organized a photo walk in collaboration with Chitrika – The Photography and Film Society to the Sharan Rani Gallery of Musical Instruments. The visit was specially planned for our first-year students to explore a wide range of traditional instruments and understand how they have evolved into the ones we use today. It was a highly enjoyable and interactive session, offering a great opportunity for our new team members to connect and learn together.

To increase our reach on Instagram, we launched a new series called Sur Sunday, where we posted videos of our team members singing every Sunday. The songs were either themed around current festivals and occasions or were trending tracks that resonated with our audience. The aim of the series was to boost engagement, attract more followers to our page, and encourage greater participation and registrations for our annual music event – Rhythaar.

We sang a variety of songs for different occasions including “Vaishnav Jan Toh “ on Gandhi Jayanti, showing our respect for Mahatma Gandhi and 'Teri Mitti' on Republic Day to celebrate our patriotic power.

Moreover, we also celebrated “Vasantotsav- The Annual Vasant Panchami” event by hosting an Inter- College Solo Singing Competition with full enthusiasm. We invited various prestigious judge performers: Ms. Anupam Singh and Mr. Khushal Sharma to judge the competition. they also gave very soulful performances. Some of the core team members of Dhvani also performed on this auspicious occasion.

Rhythaar'25- The Annual Music Fest of Dhvani- The Music Society was held in April. Rhythaar offers 4 competitions: -

Sangam: Classical Choir Singing, Swaragini: Classical/Semi-classical Solo Singing, Celeste: Acapella Competition, Cantabile: Western Solo Singing Enchanted by the melodious voices of great singers. All the students from different colleges across Delhi University took part. In conclusion, the Music Society's events in 2025 - 2026 successfully celebrated musical diversity, skill development, and community engagement. The society continues to be a dynamic hub for music enthusiasts, fostering a supportive environment for creativity and collaboration.

SPORTS SOCIETY- ACE

Secretary : Ms. Anshika Yadav (2024-25)

Society Staff Advisors : Dr. Richa Mehta (Convenor)

Director-[Physical Education] : Dr. Richa Malhotra

Member-Sports Committee : Dr. D.K. Reddy



ACE- The Sports Society of Lady Irwin College has always believed and shown it's

determination and dedication towards sports and has always been engrossed in conducting various events for students to learn the hidden talent they possess and provide them with the best opportunities to succeed in the field of sports. The society conducted various sessions and competitions throughout the session 2024-2025.

The society conducted an event on the occasion of 'National Sports Day' on 29th August 2024 to celebrate the spirit of sportsmanship. Followed by this, the society in collaboration with the Special Police Unit for Women and Children (SPUWAC) on the occasion of INTERNATIONAL GIRL CHILD DAY organized a Self Defense workshop of 5 days to learn and develop social skills, protect oneself and others too, become physically and emotionally fit and increase one's self esteem & boost self confidence. Every year the society conducts "Intramurals" sports competitions for students, teachers and non-teaching staff in various games i.e. yoga, basketball, badminton and Athletics- track and field events (100m race, 4x100mts. Relay race, Shot Put, Lemon & Spoon race and Matki race) but this year one new sports team was added i.e. HandBall conducted all these with much more enthusiasm and in sportsman spirit to evoke the active, competitive and sporty spirit in everyone. The participants competed with great enthusiasm and high team spirit. Other events such as National sports day , Orientation and Freshers Talent Contest, FIT INDIA WEEK 2.0, Annual sports day and self defence workshop also took place for freshers, it was all organized to give a clear vision to nurture hidden sports talent, promoting sports and the bonding team possesses. It also included various recreational and Fun activities.



The society also conducted morning training sessions for professional sports participants along with coaching & refreshments facilities and a strict attendance schedule was followed for the same.

The society conducted its annual event “ANNUAL SPORTS DAY 2025” for all the students, teaching staff and non-teaching staff of the college on 27th March 2025. where various competitions took place from Shot Put to javelin throw , from Tug of war to March past it had hard competition in almost every sport. This year Professor Anupa Siddhu [Former Director] ,Ms. Renu Khantwal [ACP][CAW Cell, New Delhi] , Ms. Nandita Sharma [Special Olympian] was invited as the chief guest for the Annual Sports Day, 2025 by our Director Professor Archana Kumar, Lady Irwin College, University of Delhi . The event included student performances such as Aerobics , zumba, self-defense performance , dance , march past , relay race [4x100 mtr] and matki race etc. Overall the events conducted were a huge success and everyone enjoyed it and participated with great enthusiasm.

SPICMACAY SOCIETY

President - Parvathy M Mohan

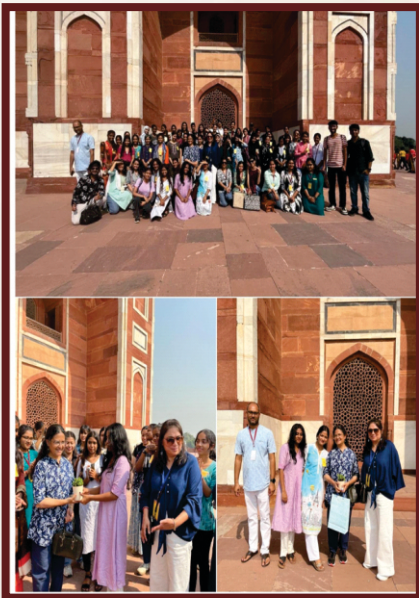
Secretary - Manvi Jain

**Staff Advisors - Prof. Shraddha Kapoor
Dr. Siddharth Suman**



SPIC MACAY stands for Society for the Promotion of Indian Classical Music And Culture Amongst Youth. SPICMACAY is a non-political, voluntary movement founded in 1977 by Dr Kiran Seth. SPIC MACAY intends to enrich the quality of formal education by increasing awareness about different aspects of Indian heritage and inspiring the young mind to imbibe the values embedded in it.

The SPICMACAY Chapter of Lady Irwin College has been participative for many years and tends to work more every year. Every year we organize lecture demonstrations, folk and craft workshops, heritage walks, Cinema Classics, and performances by eminent artists.



The Qawwali event, Qawwali'24 - दौर ए ज़ोहर, held on April 9, 2024, featuring the renowned Nizami Sultan Ji Brothers, enchanted the audience with its soulful melodies and spiritual depth. The evening was a celebration of harmony, devotion, and timeless musical tradition, leaving attendees immersed in the rich essence of Qawwali. Through powerful vocals and captivating rhythms, the event fostered unity and reflection, making it a truly unforgettable experience.

Heritage Walk in Humayun's Tomb, organized by SPIC MACAY Lady Irwin College Chapter on October 19, 2024, offered participants an enriching journey through history and culture. Guided by esteemed historian, Ms. Aradhana Sinha. Attendees explored the architectural grandeur and historical significance of this UNESCO World Heritage Site. The event was a celebration of India's rich heritage, fostering a deep sense of appreciation, curiosity, and connection to the past. Through insightful narratives and immersive experiences, the walk left participants inspired and engaged.

SPIC MACAY Chapter of Lady Irwin College thus saw increased student participation and

volunteering, highlighting the success in promoting Indian heritage and culture among the youth

ECO-CLUB SOCIETY- HARITASHRAY

President - Ms. Sneha Nagar

Secretary - Ms. Ritika Upadhyay

Staff Advisor - Prof. T.G.Rupa

Dr. Vandana Maurya



Haritashray - The Eco Club society, The environmental society of Lady Irwin College, University of Delhi laid its foundation in 2004 with an objective to spread awareness and make change in our Eco Club encourages students to participate in sustainable methods to keep the environment clean and green. The society takes up meaningful activities and conducts events which promote eco-consciousness and a fundamental respect towards the environment via awareness, education and action.

ACTIVITIES CONDUCTED

In order to empowering our nature and spreading awareness about sustainability Eco Club organises various activities and programs that are mentioned below



The journey began with "Bin It Right", conducted on 30th August 2024 in the Sustainability Lab. This initiative focused on educating students about proper waste segregation and management. Posters were displayed across the campus to encourage correct disposal habits. The event featured a workshop, a waste collection drive, and a poster-making competition, allowing students to creatively express their commitment to a cleaner environment. Winners were recognized with certificates and gift hampers, promoting a culture of appreciation and environmental stewardship.



Next, on 20th September, the club held "Prakritik" – an orientation program in the college amphitheater to introduce first-year students to the society's vision, members, and activities. The event was a dynamic blend of information and interaction, featuring introductions by the President, Secretary, Heads, and Core Team. To make the session engaging, fun games were organized that fostered enthusiasm and camaraderie among the newcomers.



To welcome freshers in a sustainable way, the Fresher Talent Contest – Navratri Edition was organized on 8th October 2024, celebrating both creativity and eco-awareness. Under this, two unique competitions were held. Creative Reclaim encouraged students to design decorative items using waste materials, while Aesthetic Arena challenged participants to create eco-friendly notebook covers on the spot using sustainable decoratives. Both contests saw enthusiastic participation and were a vibrant showcase of innovation and environmental responsibility.

In continuation of the awareness campaign, a Pollution Awareness Rally was held on 27th November 2024 within the college premises. With the powerful slogan, "Be a part of the solution, not pollution", eco-warriors from across the college participated in raising their

voices for a cleaner, pollution-free environment. The rally turned out to be a resounding success, creating a ripple of awareness and action among students and staff.

One of the most awaited events of the year, Naturaleza 2025, was held on 12th and 13th February with the theme “Pastel Paradise.” Day 1 featured an eco-talk panel with distinguished speakers from diverse fields such as environmental education, media, and youth affairs. The discussion was enriching, followed by musical performances and an exciting quiz hosted by influencer Mr. Sameer Monga. Day 2 brought three stimulating competitions: a Quiz Competition, Egg Tray Wonders – a waste-to-art contest, and Conclave – a group discussion where students presented creative solutions to environmental issues.

On World Recycle Day (18th March), the club organized “Greenovate”, a waste innovation competition where students used materials like newspapers and old stationery to create useful items. Judged on creativity and functionality, winners were awarded certificates, gift hampers, and appreciation.

Lastly, on Earth Day (22nd April), the club hosted “Greenzilla”, a climate awareness meme-making contest. Participants submitted humorous yet insightful memes that highlighted pressing environmental concerns. The most impactful entries were featured on the club's official Instagram handle, increasing outreach and engagement online.

Through these initiatives, Haritashray continues to empower youth, spark meaningful conversations, and encourage everyday actions that lead to a sustainable future.

NSS Unit

President - Ms. Aakriti Chauhan
Staff Advisor - Prof. Aparna Khanna
Program Officer - Dr. Parboti Prasad Raout



The National Service Scheme (NSS) Unit at Lady Irwin College is a constituent element of the Government of India's Central Sector Scheme, falling under the purview of the Ministry of Youth Affairs and Sports. The core mission of the NSS is to cultivate a spirit of social responsibility within students and faculty members, fostering a commitment to serving the community. In alignment with this objective, the Lady Irwin College NSS Unit proudly upholds the motto: "NOT ME BUT YOU." By actively engaging in social welfare initiatives, the NSS Unit empowers students to become active and informed citizens. It fosters a sense of agency and encourages them to contribute meaningfully to positive social change. Throughout the year, the NSS Unit organizes a diverse range of activities designed to channel the youthful energy of students towards social welfare initiatives.



In the academic year 2024–25, the NSS Unit continued its legacy of impactful engagement through an array of thoughtfully curated events and initiatives. A significant focus this year was on mental health and emotional well-being, marked by the campaign "Mindscape," a Mental Health Awareness initiative that encouraged open conversations about psychological wellness. Furthering this commitment, a rejuvenating dance therapy session titled "Beat to Bliss" and a webinar on embracing self-care and mindfulness were also conducted, offering students tools to prioritize their mental and emotional well-being.



The NSS Unit observed Vigilance Awareness Week in collaboration with Eternal Phrases – The Literary Society, where students reaffirmed their ethical values by taking the Integrity Pledge and participated in a poetry competition aimed at promoting honesty and accountability. Constitution Day was celebrated with great enthusiasm, with activities such as the Preamble Pledge and a slogan writing competition, reinforcing the foundational principles of the Indian Constitution among volunteers.

STAGE PLAY SOCIETY- MUKHAUTA

President: Ms. Sakshi
Secretary: Ms. Khanak Sharma
Staff Advisor: Dr. Karan Sachdeva



Mukhauta, the Stage Play Society of Lady Irwin College, stands tall as one of the most respected and oldest theatre societies in the Delhi University Theatre Circuit. With its rich legacy of impactful storytelling and artistic excellence, Mukhauta has long been a space where performance meets purpose. Known for nurturing talent across all dimensions of theatre—be it acting, direction, technical production, or stagecraft—the society prides itself on being inclusive and passion-driven, welcoming all enthusiastic students without the barrier of auditions.

The academic year 2024–2025 began on an energetic note with captivating performances during the Orientation programme. The first day saw the staging of “गृहScientist”, a creatively conceptualized performance weaving together different disciplines of the Home Science curriculum through theatre. On the second day, the audience was engaged with “Redcoat”, a sharp and thoughtful skit that resonated strongly with students and faculty alike.

Soon after, the society conducted its Fresher's Talent Contest, encouraging first-year students to explore and showcase their acting and writing flair. This was accompanied by a detailed society orientation that familiarized newcomers with the values and functioning of Mukhauta. The year also included a meaningful two-day theatre workshop led by Mr. Aryan Madhok, where participants honed their skills in improvisation, stage presence, and emotional exploration.

On the occasion of Teachers' Day, Mukhauta presented “Guru”, a heartfelt play honouring the role of educators in shaping not only academic but human journeys. Another highlight of the year was the successful organisation of the society's annual flagship event, Dr. Durga Deolkar One Act Play Competition – ALOHMORA'25, which celebrated diverse narratives and bold performances from across the theatre circuit.

This year's annual production, “The Janpath Kiss – A Story That Made Headlines, While Its Truth Remained Buried”, written by Akhileshwar Jha and directed by Sakshi Jha, took centre stage as a powerful commentary on contemporary society. The play

confronts media sensationalism, social taboos, and the struggle for women's autonomy with striking clarity and emotional depth. It follows the story of Sadanand, a man burdened by everyday responsibilities, and Meera, a small-town receptionist whose life spirals after an unexpected kiss in a crowded marketplace is caught on camera. What begins as a moment of personal violation transforms into a public scandal, drawing in political interference, media trials, and emotional turmoil. The narrative explores the complex web of power, patriarchy, and personal agency, compelling the audience to question the society they inhabit.

Mukhauta's performances this year were not only artistically commendable but also socially relevant, holding up a mirror to the realities we often overlook. As always, the society remained committed to fostering creativity, raising critical questions, and creating space for stories that matter. With each performance, Mukhauta continues to build bridges between art and awareness, leaving behind echoes that stay long after the curtain falls.

PHOTOGRAPHY AND FILM SOCIETY- CHITRIKA

President - Ms. Sanjhi Dak

Secretary - Ms. Aditi Sharma

Society Staff Advisor -Dr Tarun Kumar

Mr Akash Dewangan



"In photography there is a reality so subtle that it becomes more real than reality."

-Alfred Stieglitz

CHITRIKA - The Photography and Film Society of Lady Irwin College seeks to infuse the skills of Photography, Film Making and Film Appreciation into its members.

The society conducted its Annual Festival Vizana'25 in which there were three competitions i.e, 2 for photography (Tasveeron ki Kitaab and Naya Nazariya) and one for film making (फिल्म-e-Dilli).

Chitrika organised Fresher's Talent Contest & Orientation'24 to welcome the freshers and introduce them to Chitrika. Fresher's Talent Contest was organised in which there were four competitions, two for photography and two for filmmaking. Also, every week Chitrika does a weekly theme photography activity.

To improve the team's photography skills and to explore new places photowalks were conducted to places like National Museum, Delhi and Humayun's Tomb.

In conclusion, the society organised various successful events and photowalks in the Tenure 2024-25 which has helped members gain knowledge and improve their photography and videography skills.



Participated in various competitions like:

- Eraya: offline photography competition in Gargi College, DU
- Flesh Frenzy: Photography competition at Rukmani Devi Institute of Advanced Studies
- Symphony: offline photography competition in Janki Devi Memorial College
- Delhi Belly: Online Photography competition in PGDAV, DU
- ClickScape: Mobile Photography competition by DRC, DU
- Dilli Darpan: Online Photography Competition, Kirori Mal College



President: Ms. Kritika Parashar
Staff advisor: Prof. Puja Gupta
Dr. Meenal Jain



The Entrepreneurship Cell of Lady Irwin College has consistently aimed to nurture the entrepreneurial mindset by promoting innovation, leadership, and self-reliance. Since its inception, the Cell has worked towards fostering an ecosystem that encourages creativity and critical thinking through exposure, networking opportunities, and practical experiences.



This year, we launched two innovative online series: 'Marketing Monday' and 'What If Thursday'. Marketing Monday dissected iconic Indian brand campaigns, revealing marketing research, creative strategies, and consumer psychology. While, What If Thursday took an innovative approach, imagining prominent brands like Louis Vuitton in unexpected industries, fostering curiosity and a deeper understanding of branding and market dynamics.



On World Entrepreneurs' Day this year, The Entrepreneurship Cell organized a vibrant and engaging celebration to foster entrepreneurial spirit among students. A lively desk setup was arranged on campus featuring fun, interactive games that encouraged participants to think like entrepreneurs. In addition to the on-ground activities, a thought-provoking webinar was conducted with esteemed speakers Mr. Ankit Sharda and Mr. Ashok Aggarwal, who shared valuable insights on the power of personal branding.

The newcomers were warmly welcomed through an orientation named IGNITE, followed by Fresher's Talent Contest which urged the participants to tap into their entrepreneurial insight like quick decision-making, risk-taking, and innovative thinking in an interactive and playful session. After a selective recruitment process, new members were welcomed into the cell for their entrepreneurial journey.

As part of our community outreach, we visited Pehchaan – The Street School, an NGO providing free education to underprivileged children.

Our members engaged in interactive sessions, gaining valuable insights into the challenges faced by the children and witnessing firsthand the transformative impact of accessible education, which fostered empathy and social awareness.

Moving on, the Cell organized its second successful STARTUP XPO. It featured several startups, like Taco Bell, La Pino'z Pizza, 2.OH, Whey Up, Natural Altars, Trekk, and Bobba Tea, offer students a valuable opportunity to interact with budding ventures, understand their business models, and gain real-world entrepreneurial exposure along with internship opportunities. Additionally, we organized the SRATATHON'24 (Case-Study competition) which starred an expertise panel including Ms. Mona Agrawal (Marketing strategist and a business coach) and Ms. Mahima Jalan (Founder of Sorted Brand). Participants from different colleges were welcomed, given a stage to compete against each other in a healthy environment, and the winners were rewarded with exciting prizes successfully wrapping up the event.

The Cell successfully hosted the third edition of its Career Fair, offering students valuable exposure to diverse career paths and the chance to connect with future industry leaders. With participation from 15-20 universities, the fair highlighted opportunities in higher education, including postgraduate studies, MBA programs abroad, Fashion designing, food-based courses, and more.

Ultimately, The Entrepreneurship Cell proudly organized its annual flagship event, "WAGANZA" drawing a crowd of over 4,000 students across two dynamic days. The event kicked off with the E-SUMMIT, which featured an impressive lineup of speakers, including Dr. Vijendra Singh Chauhan (Educator and UPSC Mock Interviewer), Ms. Gunjan Taneja (Entrepreneur and Founder of IM WOW), Mr. Gaurav Khanna (Founder and Motivational Speaker), Mr. Akshit (Singer and Influencer), along with popular content creators and influencers such as Ms. Jaspreet Kaur Dyora and the team behind Filmy Giri. The second day of the event featured E-SPREE, our highly anticipated Business Plan Competition. Participants showcased innovative, tech-driven solutions, reflecting both creativity and practicality. Our esteemed judges, Ms. Tvisha Tuli (Renowned economic expert) and Ms. Shivangi Sharma (Co-founder of Book Leaf Publishing) brought valuable industry insights, offering constructive feedback and engaging in inspiring conversations that fostered growth.

GANDHI STUDY CIRCLE

President: Ms. Ananya Mehta
Secretary: Ms. Ananya Gupta
Staff Advisor: Prof. Neelima Asthana



Striving on the vision and motto “गांधी विचार से चरित्र तक” The Gandhi Study Circle of Lady Irwin College, aims to inculcate the teachings of Mahatma Gandhi in the Modern world.

Endeavoring to provide an interdisciplinary platform for the change makers of tomorrow and fostering various skills and talents, the society hopes to inspire young minds to create a positive impact in today's world. Keeping the spirit of Resilience and Sustainability alive we at Gandhi Study Circle introduce innovative ideas to engage students and also get the opportunity to further explore avenues of community building.

During the Annual Cultural Fest of Lady Irwin College under Quintessence, we also conduct cultural initiatives under our annual cultural event “सौम्यत”. Where students get to express their creativity through art and other performances.



Through this, we hope to inspire and motivate our peers and create a positive impact in the society. We understand that Gandhi's teachings are not only relevant today but also necessary for leading a successful life. This also aims to provide an opportunity for young people to explore their talents and unleash their truest potential, as well as his teachings on non-violence, civil disobedience and social justice. Furthermore, it



works towards creating a better understanding of how these principles can be applied in today's world to bring about positive change. As a society that organizes many events to promote the teachings of Mahatma Gandhi, we also aim to include relevant modern topics in efforts to develop reforms and solutions.

Events:

1. Storytelling Competition in collaboration with Gandhi Smriti and Darshan Samiti, Ministry of culture.
2. Gandhi Jayanti Online Competition Series to Celebrate the birth of our Mahatma.
3. Gandhi Jayanti Celebrations: Bhaj nawali – Bhajan Singing Competition.
4. Freshers Talent Contest – Stamp and Reel Making on Swaach Bharat and Women Empowerment.
5. Online Inter-College Competition Series for Martyrs' Day.
6. Annual Cultural Event सौम्यत '25 – A two-day event consisting of different competitions.
Day 1 – Rap battle on Sarvodaya and A Quiz on Women Warriors of India.
Day 2 – Moot Court to spread awareness about Gandhian principles in a legal context.

**Student Representatives : Swarni Manzkhola
Ekantika Harsini**

**Staff Advisors: Dr. Aparna Agarwal
Dr. Meenal Jain**



The academic year 2024–25 marked the inaugural journey of Enactus Lady Irwin College. With a commitment to social innovation, community empowerment, and youth-led impact, our society embarked on its first chapter with a series of dynamic initiatives. Each event was conceptualized, planned, and executed for the very first time, setting a strong foundation for years to come.

1. Orientation and Freshers' Talent Contest

Date: 8th October 2024

Venue: Seth Ram Lal Hall

To kickstart our journey, Mission 101—our debut orientation programme—was held to introduce the first-year students to the motto, vision, and structure of Enactus. The event was honoured by distinguished alumni:

- Ms. Shambhavi (College Alumni)
- Ms. Amisha (College Alumni)
- Ms. Afreen (College Alumni)
- Ms. Anushka Sharma (Former Students' Association President)
- Ms. Vidhi Bansal (Former Cultural President)

The orientation was followed by The League, our first-ever Freshers' Talent Contest. It comprised two sub-events:

The Logo League – A logo-making competition promoting design and creativity.

The Promo League – A marketing campaign competition encouraging strategic thinking and innovation.



2. Project Maan Daan

Date: December 2024 Onwards

Venue: Saroja Lab, FSQC Lab

Project Maan Daan is Enactus Lady Irwin College's flagship social entrepreneurship initiative focused on empowering underprivileged communities. This project is designed to facilitate skill development, employment generation, and financial independence. As part of the project, we collaborated with Kwali Foods and developed five unique variations of Harshil Apple Jam, combining food technology with sustainability. Training and resource support were provided to enable individuals to take the first step toward economic self-reliance.

3. Recipe Book – "Lettuce Eat: The Ladle Theory"

Date: January 2025 Onwards

Our first publication, Lettuce Eat: The Ladle Theory, is a thoughtfully curated recipe book that brings together traditional family recipes, handed down through generations. More than a cookbook, it captures the stories, emotions, and cultural heritage behind each dish, turning every recipe into a shared memory. This initiative reflects our commitment to preserving food heritage while celebrating the bond of family and the shared joy of cooking.

4. Career Catalyst – Season 1

Date: 18 February 2025

In Collaboration With: SAM (Social Action Mobilizer)

Career Catalyst Season 1 marked our first Intern-Cum-Placement Fair, a large-scale initiative aimed at connecting students with meaningful opportunities.

A total of 11 esteemed organizations participated, and over 783 students from Lady Irwin College registered. Participating companies included:

1. COHAS
2. Pravah
3. Greenpeace International
4. Ummeed Foundation
5. Flawsome XLeap Care
6. Puruskar
7. Transforming India Initiative
8. Piramal Foundation
9. State Bank of India Fellowship
10. Indian School of Development and Management
11. Canara Bank

The event was a successful step toward bridging the gap between academics and professional development for our student body.

5. Speak for India

Date: 4th March 2025

Venue: Seth Ram Lal Hall

Speak for India was conducted as a debate and public speaking platform that gave students the space to voice their thoughts on pressing social and political issues. Participants showcased their oratory skills and critical thinking as they reflected on the theme of "Expression". The event aimed to build confidence, leadership, and civic awareness, empowering the youth to become active contributors to society.

6. TEDx Lady Irwin College

Date: 11th April 2025

Venue: Shri Ram Centre

Our debut TEDx Lady Irwin College event featured the theme “Revolt”, celebrating ideas that challenge the status quo. We invited a diverse panel of speakers who inspired the audience with stories of resilience, innovation, and courage:

Ms. Gia Gupta

Mr. Sumit Awasthi

Ms. Rashmi Malik

Mrs. Shalini Passi

Dr. Radhey Dixit

Mr. Rohan Yadav

Mr. Vivek Samtani

The event empowered students to think beyond conventional boundaries and ignited a spirit of creative rebellion and social change.

The year 2024–25 was a landmark beginning for Enactus Lady Irwin College. Each event marked a first, driven by the passion and dedication of our founding team. From empowering communities to empowering voices, we laid the groundwork for a future full of purpose and impact.

We look forward to building on this momentum and continuing our journey of social innovation, collaboration, and leadership in the years to come.

ACHIEVEMENTS

Nrityanjali

- Ms. Kiwi Kachhwa got 2nd position at Hansraj College
- Ms. Kiwi Kachhwa got 1st position at Dyal Singh College

Mukhauta

- Mukhauta's members Ms.Dhruvi and Ms.Priya participated and won in competition organized by Gandhi Study Circle of our college. .
- Performed full play at Create Theatre Festival, organized by Create Studio Ghitorni.
- Performed the prelims of our play at Atma Ram Sanatan Dharm College.
- Won award for 'Best Disciplined Team' and 'Best Comedy Play' in Noida Rang Mahotsav.
- Ms. Rochelle Arora got the best supporting actor award at Noida Rang Mahotsav.
- Mukhauta performed it's Annual Production Prelims in Drishyantar'25 organised by Maharaja Agrasen College.
- Mukhauta performed it's Annual Production The Janpath Kiss in Bhavya Theatre.
- Ms. Sakshi got a certificate for best Direction.
- Mukhauta performed a skit on Gandhi Jayanti in our college.
- Mukhauta performed a skit on independence day in our college.
- Mukhauta performed in a short skit competition under Parwaaz'25 organised by SGTB Khalsa College
- Mukhauta Performed it's Production The Janpath Kiss in Ramjas College in collaboration with History Department of Ramjas College
- Our team member Ms. Rochelle got selected for Actors Round table at Create Theatre Festival
- Participated in Prelims under Natya'25 organised by Delhi Technology University.
- Mukhauta Performed it's Production The Janpath Kiss in National School of Drama

Gandhi Study Circle

- Team Members from 2nd year Ananya Mehta and Kashish Chaudhary secured 3rd Position in Vartalaap: Youth's Guarantee for Peace - Presentation Competition organized by Miranda House College.
- Team Member from 2nd year Saijal secured 2nd position in Martyrs' Day Online Competition Series: Chronicles of History – Newspaper Headline Designing competition organized by Lady Irwin College.
- Team Member from 2nd year Komal Kaushik secured 2nd position in Martyrs' Day Online Competition Series: Veeron Ki Kahani – Poetry competition organized by Lady Irwin College.

Prophecy

- 1st Position – "Voguesta", hosted by Belleza Fashion Society
- 1st Position – "Echiesta", Echelon Institute of Technology, Faridabad
- 1st Position – "Genesis", Fore School of Management
- 1st Position – "Vibrations", Shivaji College, University of Delhi
- 2nd Runner-Up – "Yugam", SGT University
- 2nd Runner-Up – "Fashion Fiesta", Rishihood University
- 1st Runner-Up – "Panache", IBS College (Participants: Kanishka, Sana, Smita)
- People's Choice Award – Sharda University

Individual Awards

- Sana Babu – 1st Position in Design Competition (Theme: Indo-Western), Voguesta, MCHP
- Antra – 1st Position in Makeup Competition (Theme: Diwaloween), Voguesta, MCHP

Tulika

- Ms. Ananya Singh secured 2nd position in digital poster making competition organised by the Gandhi Study Circle, Lady Irwin College, University of Delhi.
- Ms. Ananya Singh secured 3rd position in Youthscape (creative art competition) organised by the National Service Scheme Unit, Lady Irwin College, University of Delhi.
- Ms. Manorma secured 1st position in poster making competition organised by the Department of Food and Nutrition and Food Technology, Lady Irwin College, University of Delhi.
- Ms. Subhanshi secured 1st position in poster and slogan competition organised by Lady Irwin College, University of Delhi and sponsored by the Ministry of Earth Sciences, Government of India.
- Ms. Hena secured 3rd position in slogan writing competition on the occasion of Women's Day organised by Women Development Cell, Lady Irwin College, University of Delhi

Eternal Phrases

- Waliya Bushra (3rd Year, Honours) won 3rd place in a poetry competition held during Vigilance Awareness Week in collaboration with NSS.
- Sarika (2nd Year, Pass Course) earned the Best Runner-Up Award in Agree to Disagree, a debate event by Vani – The Debating Society.
- Sayti Samanta (2nd Year, Pass Course) received a Special Mention in the Veero Ki Kahani poetry competition organized by the Gandhi Study Circle.
- Simran Pandey (2nd Year) and Sakshi (3rd Year) achieved 2nd position in the Crossword Puzzle Competition organized by Eternal Phrases in collaboration with Extra-C.
- Riya Jain (2nd Year) and Payal (3rd Year) earned 3rd position in the same Crossword Puzzle Contest, showcasing analytical and language skills.

E cell

- We showcased our startup idea, Whey Up, featuring our innovative whey-based drinks at Lady Shri Ram College and our own college's Startup Xpo, receiving an overwhelmingly positive response and marking a strong start for a promising business idea with high potential.
- One of our team members secured Third Position in the Emerge and ascend, organized by the Masters' Union School of Business in Collaboration with the Finance and Investment Cell, Sri Guru Gobind Singh College of Commerce.

EVENT REPORTS

TEACHER'S DAY

September 5, 2024



"A great teacher is a great artist, because teaching may be the greatest of all arts." — John Steinbeck

Following the cherished tradition, the Students' Association celebrated Teachers' Day with warmth and gratitude on 5th September 2024. This annual occasion was dedicated to honouring our mentors and to show our gratitude towards them. The event started with our college song performed melodiously by Dhvani- The Music Society followed by various amazing performances by Mukhauta- The Stage Play Society and Prophecy- The Fashion Society. Different societies presented their level best tribute by showcasing their talents.

A special moment of the celebration was the heartfelt gesture of appreciation—The Student's Association presented handcrafted cards, messages and gifts to their professors, symbolizing their deep respect and love. The event culminated with a cake-cutting ceremony, filling the hall with cheer and celebration. In the end, respected director ma'am addressed the audience of the event. The Teachers' Day celebration was a memorable event filled with joy, respect, and a renewed appreciation for the vital role that teachers play in our lives.

ORIENTATION

3rd, 4th and 5th September 2024



The college orientation program “Viksit Bharat”: sowing seeds of self-empowerment of Lady Irwin College, Delhi University was scheduled for 3rd-5th September 2024. They successfully welcomed their freshers with a comprehensive program designed to acclimate them to college life.

Phase 1 of the orientation program- Know Your Co-Curricular Activities was held on 3rd September 2024. The Students' Association team for 2024-25, along with society representatives were given the stage to connect with the new batch of students. Students were briefed about the aims and motives of the various societies and how their functioning helps students grow in extra-curricular areas. The candidates took the address with the utmost enthusiasm and excitement. The Director addressed the students and guided them to make the best of their time in college.

Phase 2 of the orientation program- Know Your Courses was held on 4th September 2024 at Kamani auditorium, New Delhi. An overview of the UG courses and NEP was given to the students. The interaction session with the successful alumni was also organised which gave a glimpse of their careers and learnings after graduating from Lady Irwin College. The session began with light meditations, followed by a short video on the journey of college and a performance by college students. A keynote address was delivered by our Director Prof. Dr. Anupa Siddhu.

Phase 3 of the orientation program was scheduled on 5th September 2024 in the college's Smt. Ram Lal Hall. This program basically aimed at informing briefly about papers of Ability Enhancement Course (AEC), Skill Enhancement Course (SEC), Value Addition Course (VAC) and General Elective (GE). First year faculty was also introduced.

Overall, the orientation effectively provided essential information, fostered community spirit, and prepared students for their academic journey at Lady Irwin College.

LADY IRWIN COLLEGE ALUMNAE ASSOCIATION

Office Bearers

President: Dr. Sushma Sharma

Secretary: Dr. Dimple Rangila

Treasurer: Dr. Veena Gupta



LICAA continues to serve as a vibrant bridge between Lady Irwin College and its alumnae, celebrating achievements, preserving connections, and nurturing pride in the college legacy. With a diverse and dynamic membership, LICAA annually honours an outstanding alumna with the Distinguished Alumna Award.



For 2024, the award was conferred on Mrs. Seema Wadhawan Jerath, Principal of DLF Public School and 1986 graduate, for her remarkable contributions to education and society. Her accolades include the National Award to Teachers (2012) and School Leadership Award (2017).



LICAA's 2024 highlights included the Annual Alumnae Meet, a felicitation ceremony for retired faculty, and an induction event welcoming the outgoing batch into the alumnae network. Every Irwinite becomes a life member of LICAA, reinforcing the spirit of lifelong connection—because once an Irwinite, always an Irwinite.

QUINTESSENCE'24

DAY 1

April 4, 2025



Lady Irwin College was once again abuzz with joy, colors, and creativity as it hosted its annual cultural fest — Quintessence'25, with the theme "Dawn of Illusion". This much-awaited two-day extravaganza unfolded on April 4 and 5, 2025, transforming the campus into a vibrant celebration of talent and youthful energy.

The festival began on a high note with an inauguration ceremony led by Officiating Director Prof. Archana Kumar, accompanied by Association Staff Advisors Ms. Vishakha Sambhav and Dr. Rajnish Dwivedi, and Student Association President 2024–25, Ms. Semani. Their welcome address set the stage for an incredible array of performances and competitions across a variety of domains.

Throughout the day, diverse events were held by different societies:

SOLILOQUY'25 organized by Vani, The Debating Society, Akida Open Mic Competition, gave a platform for oratory brilliance.

ALHOMORA'25, organized by the Stage Play Society, showcased intense performances through the Monologue and stage play competition.

LEXICON'25: Eternal Phrases, hosted by the Literary Society, brought out raw emotions through Creative Writing and Slam Poetry.

A'LA MODE'25, presented by Prophecy, the Fashion Society, dazzled the audience with flair and elegance by group fashion show and solo ramp walk competition.

VIRTUOSITY'25, organized by Tulika, The Fine Arts Society, Leaf painting, live mural painting, abstract art and mixed media masterpiece competition.

RHYTHAAR'25, orchestrated by Dhvani, the Music Society, kept spirits high with soul-stirring performances in classical group choir and classical/semi classical solo singing competition.

VISANA'25, by the Photography and Film Society, Chitrika, mesmerized attendees with photostory, photography and reel making competition.

सौम्यता'25 held by the Gandhi Study Circle, added intellectual depth through thought-provoking sessions and rap battle and quiz of courage.

UDGAM'25, led by the NSS Unit, hosted quiz competition and scam sleuth

The entire campus brimmed with joy as interactive competitions, creative stalls, engaging games, and exciting prizes brought students from various colleges together in celebration.

The day closed with a magical Prom Night, featuring a mesmerizing performance by the BYOB Band and energetic beats by DJ Asar— turning the campus into a dance floor under the stars.

QUINTESSENCE'24

DAY-2

April 5, 2025



The second day of Quintessence'25 unfolded with undiminished energy and a fresh wave of excitement. Themed around "Dawn of Illusion," the day was a celebration of artistic expression, intellectual debate, and cultural richness — all brought to life by Lady Irwin College's vibrant student societies.

The day began with intense intellectual engagement at different societies events

SOLILOQUY'25 by Vani, The Debating Society, which hosted the prestigious Hannah Sen Memorial Debate. Participants passionately debated the motion: "In today's era, controversies

are not mere accidents but strategic tools crafted to attract audience and amplify publicity," prompting deep reflection and powerful arguments.

The second day of Quintessence'25 unfolded with undiminished energy and a fresh wave of excitement. Themed around "Dawn of Illusion," the day was a celebration of artistic expression, intellectual debate, and cultural richness — all brought to life by Lady Irwin College's vibrant student societies.

Musical talent took center stage at RHYTHAAR'25, organized by Dhvani, The Music Society, with soul-touching Acapella and powerful Western Solo Singing performances.

LEXICON'25, hosted by Eternal Phrases, The Literary Society, engaged minds with a creative Spell Bee and Crossword challenge.

Meanwhile, UDGAM'25, organized by the NSS, brought high-energy fun with a Treasure Hunt that had participants running across campus.

VIZANA'25, held by Chitrika, The Photography and Film Society, impressed visitors with its Annual Photo Exhibition, while सौम्यता'25, by the Gandhi Study Circle, conducted The Gandhian Verdict, sparking thoughtful dialogues on contemporary issues through a Gandhian lens.

As the sun dipped, excitement surged for the Artist Night, the grand finale of Quintessence'25. The crowd roared in delight as celebrated Punjabi singer Ms. Sunanda Sharma took the stage. With chart-toppers like "Jaani Tera Naa", "Morni", "Patake" and many more. She had the audience singing along, dancing, and completely immersed in the electric atmosphere. Her charm, energy, and powerful vocals turned the evening into an unforgettable celebration of music and unity.

As the last note faded and the lights dimmed, Quintessence'25 came to a close — leaving behind cherished memories, new friendships, and the promise of even brighter celebrations to come. With hearts full and spirits high, Lady Irwin College bid farewell to yet another glorious edition of its beloved annual cultural festival.

FOUNDER'S DAY

March 24, 2025

92nd Founders' Day Celebration at Lady Irwin College



Lady Irwin College celebrated its 92nd Founders' Day with great enthusiasm and reverence on Monday, March 24, 2025. The occasion marked nearly a century of the institution's commitment to excellence in education and empowerment. The event commenced at 10:00 am in the college premises in front lawn and was attended by students, staff, alumni, and esteemed guests.

The Chief Guest for the event was Dr. Sachchidanand Joshi, Member Secretary and Executive & Academic Head of the Indira Gandhi National Centre for Arts (IGNCA). His insightful address highlighted the importance of integrating traditional knowledge with modern education. Prof. K. Ratnabali, Dean of Academic Affairs at the University of Delhi, graced the occasion as the Guest of Honour and emphasized the college's role in shaping generations of empowered women.

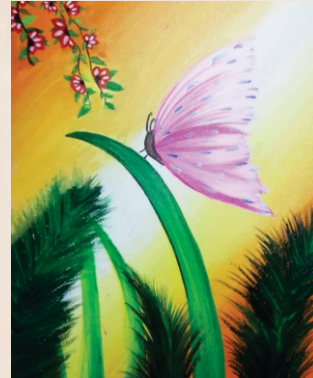
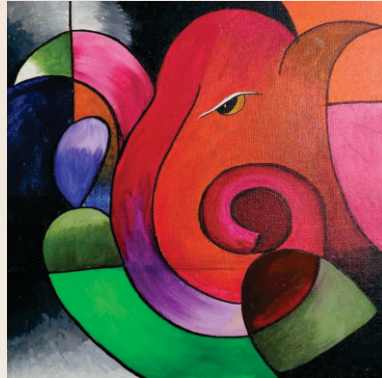
The programme began with a warm reception, followed by a visit to a special exhibition showcasing the achievements and history of the college. The formal proceedings included an invocation, a welcome address by the Director, and inspiring speeches by the Chief Guest and Guest of Honour.

A highlight of the ceremony was the Distribution of Awards, recognizing academic excellence and outstanding contributions by students and faculty. The celebration also featured a vibrant Cultural Programme, displaying the diverse talents of the students and reflecting the rich cultural heritage of the institution.

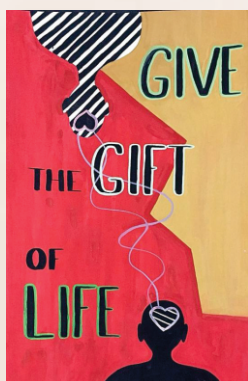
The event concluded with a heartfelt Vote of Thanks and a communal lunch, fostering a spirit of unity and shared pride in the college's illustrious journey.

The Lady Irwin College community looks forward to its centenary with renewed commitment to academic excellence, innovation, and social responsibility.

ARTITERRA



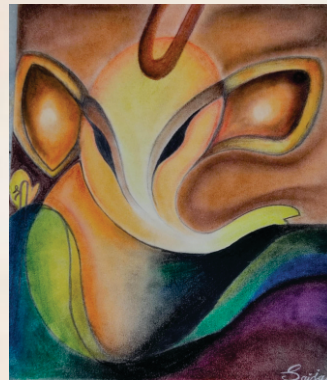
*Bhavika Arora
2nd Year*



*Hena Popli
1st year*



*Manya
1st year*



*Saijal Sachan
2nd year*



*Soumya Shukla
1st year*

TASVEEREIN



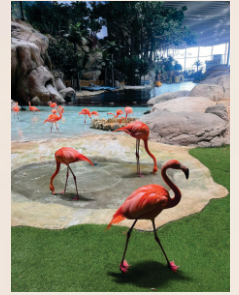
सूरज ढल रहा है, पर रोशनी बाकी है,
हर मोड़ पर एक कहानी बाकी है।
ये दरवाज़ा नहीं, एक राहगुज़र है,
जो गुज़रे लम्हों की निशानी बाकी है।



Waves hum lullabies to a sinking sun,
Palms sway slow, as if dreams have begun.
The sky blushes in love once more,
Before night walks gently to the shore.



रौशनी में छुपे हैं कितने राज़,
हर रंग के पीछे एक आवाज़।
भीड़ में भी कुछ खास है यहाँ,
जहाँ अंधेरों में जलते उजास हैं वहाँ।



In still waters, soft steps fall,
A world in pink, serene and tall.
They do not rush, they do not stray,
Just live in silence, their own way.

Bhavya Dua, 2nd year pass



Laid in green without a grave,
nature tends what no hands save.



Sirf shabnam hi shaan-e-gulistan nahi
Shola o gul ka bhi daur chalta rahe

Iqra Karim, 3rd year



All we have is now

Sarika, 2nd year pass



This image is of a majestic stone temple. Its intricate carvings and ornate details are atestament to the skill of ancient craftsmen.



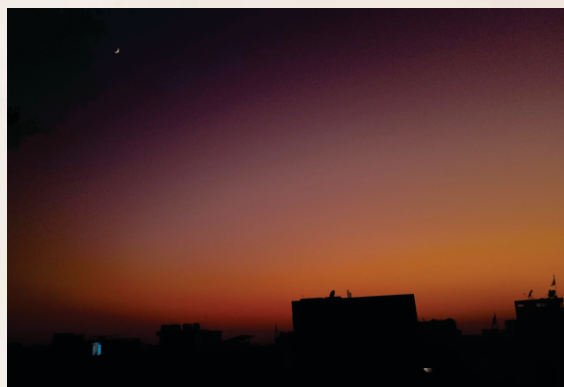
Majestic peacock in serene surroundings.



Serene cricket stadium nestled in the mountains, surrounded by lush greenery and a picturesque landscape.

Khushi Sharma, 2nd year

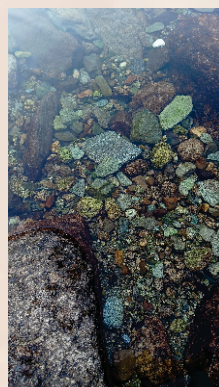
TASVEEREIN



As the sky turned purple and the moon rose, the city seemed to pause — caught between day and night, noise and peace.



They walked a quiet path, where words weren't needed — just steps, trees, and the soft feeling of being understood.



The water was still, the stones silent — but together, they felt like a memory that never fades.



He stood in the doorway like time itself — still, strong, and full of stories no one had heard yet.

Sayti Samanta, 2nd Year



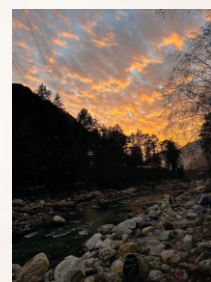
Where faith flows as freely as the water — a holy evening wrapped in hues of devotion.



नीले सन्नाटे में बसी शिव की शांति —
जहाँ जल भी जप करता है 'हर हर महादेव'।



If serenity had a view, this would be it.

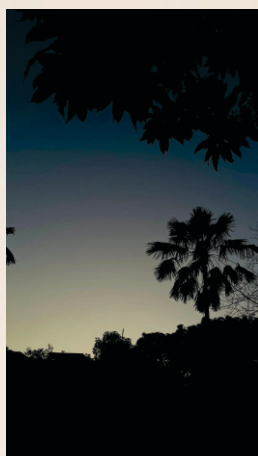


When the sky burns gold and the river hums, magic flows through every stone

Simran Pandey, 2nd year



When silence finds form, art begins to whisper — not through words, but through presence.



When the world dims, shadows begin to speak in languages only the heart can hear.



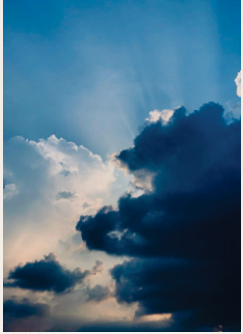
She sat in stillness, yet her thoughts wandered far — through stories untold and dreams shaped by light.



Tucked between hills and hush, a house becomes a heartbeat — soft, glowing, and quietly alive.

Tanishka, 2nd year

TASVEEREIN



Isn't it funny how day by day nothing changes but when you look back everything is different



Do you even know who you were, who you are or who you will be?



Some scars aren't wounds — they're wisdom in disguise

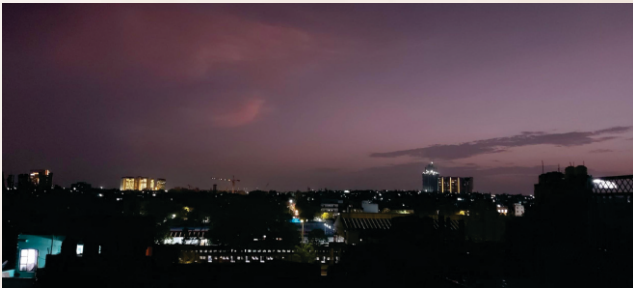


Wings whisper what feet never could — that the sky was always home.



From the chaos behind the scenes to the magic on screen— it's been a ride I'll always remember

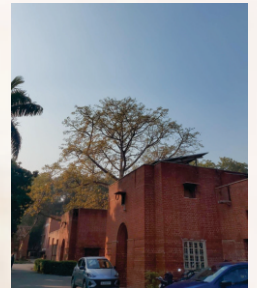
Waliya Bushra, 3rd year



In the end, we are all "just" stories.



But how could you live and have no story to share?



I was burning but you came blaming me for the ashes.

Zubiya Naaz, 3rd year

समय बीत रहा है,

समय बीत रहा है,
हर लम्हा रेत-सा मुट्ठी से फिसल रहा है।
तेज़ी से भागती ज़िंदगी की इस दौड़ में,
दिल फिर भी वहीं ठहर जाना चाहता है।
महबूब का हाथ थाम,
उसे नज़र भर देखने को दिल चाहता है।
ना पीछे मुड़ने की हसरत है,
ना ही आगे बढ़ने की जल्दी—
बस उस एक पल में जी भर के जीने की तमन्ना है।
छूकर उसे,
हर अधूरी बात को इश्क़ में पिरोने का मन करता है।
उसकी बाहों में बिखर कर,
सारी थकान, सारी बेचैनी भूल जाने को जी चाहता है।
समय फिर भी बीत रहा है,
पर दिल की दुनिया अब भी उसी मोड़ पर खड़ी है।
जहां उसकी मुस्कान,
एक सुकून बनकर दिल में ठहर जाती है।
कभी-कभी लगता है,
महबूब में दफ़न हो जाना ही शायद
ज़िंदगी की सबसे सुकूनभरी मंज़िल होगी।

Tanishka
2nd year

वीरों की कहानी

धरती के आँचल में सोए हैं वो,
जिनके दम से हम खोए हैं ना हो।
धड़कन थी उनकी भी अपनी ज़मीन;
पर देश के लिए सब त्याग दिया उन्होंने वहीं।
माँ की आँखों में अब भी नमी है,
बेटे की यादों में दबी कमी है।
बेटी आज भी दरवाज़ा देखे,
पापा की हँसी को मन ही मन लेखे।
वो वीर थे पर इंसान भी थे,
सपनों के सुंदर आसमान भी थे।
हँसी, प्यार और घर की चाह,
पर देशभक्ति बनी उनकी राह।
गोली की आग में खड़े रहे,
मौत से बिना डरे बढ़े चले।
बस एक ही आवाज़ थी दिल में –
"वतन के लिए हमेशा मिलेंगे मंज़िल में।"
तो सुनो ये कहानी बलिदान की,
साहस, हिम्मत और जान की।
याद रखो उन वीरों को जो हैं देश की असली दास्ताँ।

Sayti Samanta
2nd year

POEMS

माँ

तेरी ममता के आँचल तले,
मोहित, खुशी खूब पले।
मोहित की अविचलता
खुशी की चंचलता।
तेरी प्यार के बारिश तले
ये दोनों खूब खिले।
तुमसे रोशन संसार उनके,
तू जीवन की हैं सार जिनके,
तेरी एक मुस्कान पर जहान लुटा दें।
इतना वो करते हैं प्यार तुम्हें।
सबकुछ पहले तूने सीखाया,
सही गलत का फर्क बताया
पहली शिक्षक, पहली मित्र।
बनके जीवन का राह दिखाया...
अपनी कड़ी मेहनत से, हमारा
भविष्य उज्ज्वल बनाया।
तुझसे ही हमारी नीती है,
"मातृ दिवस" बस एक दिन, यह कहा की रीती है
तेरे सारे प्रेम और त्याग को
एक दिन से कैसे तोलूं?
तु हमारे जीवन की ज्योति हैं माँ।
इससे ज़्यादा अब और क्या बोलू
हमपर तेरा ऋण है,
और तुझसे ही हमारा हर एक दिन है।
तुम्हारा कर्ज कभी ना चुका पाएंगे
हम हमेशा तुम्हारे नाम से ही जाने जाएंगे।

Vaishnavi Tiwari
1st Year

एक पत्र अपनी किशोरावस्था के नाम...

सखी! तुम इतना क्यों सताती हो,
छोटी-छोटी बातों में इतना क्यों घबराती हो?
पल भर की नाराज़गी, पल भर प्यार लुटाती हो,
इन्हीं झंझटों में अपनों के आगे बुरी बन जाती हो...
कितनी बार उत्साह में सब कुछ बिगाड़ जाती हो,
पछतावे का बोझ लेकर खुद को तुच्छ समझाती हो...
माना तुम ज़िद्दी हो, इस ज़िद ने सबको सताया है,
पर यही ज़िद तो अच्छाई में भी दिखलाया है!
परफेक्शन के चक्कर में अपनी खासियत को कोसती हो,
क्यों खुद से लड़ती हो, बार-बार खोती हो...
सबकी सलाह लेने में अपनी मर्ज़ी भुला दी,
जो थोड़ा हँसकर बोल दे, उसे ही दोस्त बता दी...
अपने से उम्मीद टूटी ना, तो गुस्से से रुला दिया,
पर डाँटते-डाँटते खुद भी आँसू बहा दिया...
दिल की हर बात फ़ौरन सबके सामने रख दी,
पर खुद से बात करना तुम क्यों भूल गई?
खिलखिलाती हो, बचपना साफ़ झलकाती हो,
"भैया से कम चीज़ें मिलीं?" ये ताने सुनाती हो...
सुनाकर खुद को पढ़ी-लिखी बताती हो,
मगर अंदर ही अंदर बातों पर पछताती हो...
पर अंत तो यही—ये सब बचपना ही ना?
यही गलतियाँ तुम बार-बार दोहराती हो...
"मैं स्ट्रॉंग हूँ!" सबको अकड़कर बताती हो,
पर चहेती चीज़ टूटी तो बच्चों सी रो पड़ती हो...
*प्रिय किशोरी! बता दो—मुझे इतना क्यों सताती हो?*खैर... जो भी हो, एक बात तो है !
चाहे जितना भी उलझे हो, तुम खुद अपनी गलतियों से सीख
कर अपनी उझांता को सुलझाती हो
और ज़िंदगी के आधे पन्नों के नियम तुम्हीं तो खुद को सिखाती हो!

Sakshi Jha
3rd Year

POEMS

The Girl in a White Dress

Sitting all alone in a white dress,
She wonders how vast the universe truly is.
And yet, we keep meeting the same people
again and again...
“Is this a never-ending cycle I'm trapped in?”
she asks.
We fall for the people we are never meant to be with.
Why does this happen?
Why do we love those who barely think of us?
Why can't we love the ones who love us?
This woman in a white dress has so many questions.
Yet she remains silent—her eyes doing all the talking.
All her thoughts are written in a red diary
That she hoped someone would find...
But no one ever did.
So, she smiles. And smiles again.
Moving forward without ever looking back,
Leaving the self she once was... behind.

Sayti Samanta
2nd year

Pole Star

You said I was moon to you
But you know what you are star to me
Who adorns the sky more than moon does
Who can see moon the closet
Who can see all the flaws
Who is always there even when the moon isn't!

Waliya Bushra,
3rd Year

She Rises

She is the whisper in the winds,
The strength that quietly begins,
A spark of fire, bold and bright,
Breaking darkness with her light.

She walks where no one dared to go,
With dreams the world tried to forgo,
Chains of silence now are gone—
She sings her truth from dusk to dawn.

Not just a mother, wife, or friend,
She's a voice that will not bend.
A thinker, leader, soul so wise,
With courage written in her eyes.

She lifts the world with steady hands,
Builds tomorrow where she stands.
Not seeking power to oppress—
But to uplift, to heal, to bless.

Empowered not by sword or throne,
But by a will that's all her own.
The future rises when she stands—
A fearless queen with open hands.

Sarika
2nd year

POEMS

Celebration of Existence

What is life? A brief, fleeting flight,
Particles in motion, day and night.
Forming bodies, emotions free,
In this dance, we're meant to be.
Vibrating rhythms, celebrate,
Connecting souls, we resonate.
Dimensions where the unseen lies,
In nothingness, our spirit flies.
In the midst of everything, so vast,
We find ourselves, in shadows cast.
You and I, in timeless spin,
Celebrate the life within.
Let's melt down words, wisdom's art,
Celebrate us, heart to heart.
Here and now, let's make our mark,
In this moment, light the dark.
My dear, come, let's not hesitate,
To celebrate our shared fate.

Mr. Akash Dewangan
Assistant Professor
DCE dept.

The Echoes of the Desire

Everyone is longing
For something else—
The child dreams of growing old,
The old yearns to be young again.
The rich seek silence,
The poor crave gold.
The loveless wander for warmth,
While lovers whisper for space.

Desire dances in every corner—
Of hearts, of homes, of heavens.
It is the wind behind the wheel,
The rhythm in the running river.
One longing births another,
A chain unbroken,
A song sung by the cosmos itself.

It's not just us—
The trees stretch for sunlight,
The sun longs to rise again.
Mountains crumble into valleys,
Rain aches to meet the sea.
The stars burn with ancient hunger,
Even stillness desires peace.

This is the pattern,
The sacred code of creation—
The urge to live,
To feel,
To become,
To touch,
To dissolve and be born again.

Desire is not sin—
It is seed.
Without it,
Nothing breathes,
Nothing breaks,
Nothing blooms.

Here in Bharat,
The land that knows longing,
We do not reject desire—
We observe it.
We dance with it.
We dissolve into it,
Until the desire becomes the desire to be free,
so let's desire to be free

Mr. Akash Dewangan
Assistant Professor
DCE dept.

POEMS

Campus

A year passed by in a blink
With thousands of admirations
of this campus and with hundreds
of disgraces of the courses
With best laughs; with worst outbursts
Ofc with sleepless nights in order to
complete 11:59 assignments
lived my best dreams with few
nightmares in between
All of this would haven't been possible
without the best people I got my side

*Waliya Bushra,
3rd year*

Her

Maybes or may-nots—
what am I, really?
Caught between faces,
personalities stitched to three names,
each one meeting a different world.
To some, I'm laughter;
to others, a tear.
A dream, a fear,
a moment they wish
never happened—
or never ended.

*Waliya Bushra
3rd year*

Never Enough

I smile out loud, but cry inside,
I learn to shrink, not stand with pride.

Whatever I do, it feels too small,
Like I'm too weak to give it all.

I dream of praise, of being seen,
But carry doubts where hope had been.

I'm just a child, but feel so old,
With silent stories left untold.

One day I hope to feel I'm ENOUGH,
To see my soft as strong, not tough.

*Divyanshi Sharma
2nd Year*

AUGUST: WHO & WHY

After carrying the soul through the summer
and the rains, We reach August,
But who is August in front of December?
She walks with you in the cold winter nights
and carries you to the new year, But August?
She leaves behind people,
memories, she plants a tree but has she ever
seen it bloom ?
Who is August? If not a no where of weather,
somewhere between rains and autumn,
somewhere between ' could be ' or 'should be
'A character development you never say out loud,
a phase of life you will never tell your children,
a woman who drew you but could not live her art.
Why is August?
Who is August?

*Zubiya Naaz
3rd year*

Reignite the Fire Within: A Wake-Up Call to the Youth of India

The youth is the future of the nation." You've heard this a hundred times. But I want you to stop and think: are we truly living that future today? I'm not writing this to lecture you. I'm speaking to you—heart to heart—as someone who has been where you are, who believes in your strength, and who wants to see that spark in your eyes become a revolution in your life.

1. The Age of Distraction: What's Stealing Our Minds?

We are living in the most connected time in history, yet also the most distracted. Social media was meant to connect us, but somewhere along the way, it started consuming us. 31% of Indian teens are active social media users, many spending over 3 hours daily scrolling, swiping, liking, and comparing. According to multiple studies, such heavy screen exposure leads to poor attention span, delayed sleep cycles, dopamine burnout, and chronic anxiety. In Ghaziabad, the health department officially linked smartphone overuse to behavioral issues, poor academic performance, mental exhaustion, and reduced empathy. Let's not sugarcoat it. You know the feeling: the moment when you close Instagram after an hour and feel emptier than before. That's your inner self telling you something's off. And if we don't address it now, the cost will be our focus, our mental health—and our future.

2. Mental Health: The Silent Emergency Among Us

Here's the brutal truth: Indian youth today are more anxious, stressed, and depressed than any previous generation. According to the National Crime Records Bureau, 2022 saw 171,000 suicides in India—35% of those were youth aged 15–29. A study in Delhi found 1 in 5 teens is sleep-deprived, and 60% report symptoms of clinical depression. And yet, nobody's really talking about it. A student in Lucknow tried to take his life after months of cyberbullying for his personal opinions. His case is one of many—over 15% of mental health cases in youth today are directly tied to digital harassment. This isn't weakness. This is a cry for help. And it's time we stop ignoring it.

You were meant to be unstoppable. When I was in school, I read stories of Indian freedom fighters, global scientists, poets, and monks who reshaped their destiny in their youth. Youth is supposed to be a time of hunger for growth, fire for purpose, and the boldness to explore uncharted paths. But today, that fire is fading under the weight of procrastination, comparison, and the addictive rush of instant gratification. We avoid difficult things. We chase comfort. We believe, falsely, that success is a hack away. Attention deficit and low self-discipline are becoming norms among college students in India. Students say, "What's the use of reading? I won't get a job." But this mindset is shortsighted. In reality, fields like journalism, humanities, design, education, and art are expected to rise significantly post-AI automation. The world is not looking for machines—it already has them. The world needs thinkers, artists, researchers, storytellers, and emotionally intelligent leaders. The youth who can read, question, express, and stand tall will be the most needed.

3. Small Changes, Big Shifts: Your Roadmap to Reclaim Focus

Let's get practical. You don't need a 180° transformation overnight. You just need small shifts that build momentum. Set practical limits: no phone 1 hour after waking up and 1 hour before sleep. Use screen timers. Turn off non-essential notifications. Replace 30 minutes of social media with a book, podcast, or journaling. Choose one task that your brain resists—writing, learning an instrument, practicing yoga, coding, researching. Stick to it for 30 minutes daily for 21 days. Let discomfort build resilience. Make a simple daily schedule. Stick to it. Avoid multitasking. One thing at a time—done well. Call someone instead of texting. Meet friends offline. Share meals, ideas, laughter. If you're struggling—sleep issues, anxiety, panic, loneliness—reach out. Talk to a friend, counselor, use helplines. Help is your courage to care for yourself.

This is what happens when you reclaim your mind: your attention becomes your superpower. Your mental space opens up for clarity and creativity. You gain depth—the ability to focus, finish, and flourish. You discover your voice, your rhythm, your power. In the age of automation, the skills that will matter most are critical thinking, storytelling and communication, emotional intelligence, and ethical decision-making. That's the future of leadership. That's the essence of the new Indian youth.

4. Reimagine Who You Can Be

Let me tell you a secret: you already have everything you need inside you. The ability to rise, to evolve, to grow. I'm not preaching. I've been there. I've faced the distraction, the burnout, the doubt. But with the guidance of my teachers and my own willingness to choose discomfort over comfort, I've seen transformation happen. You're not broken. You're not behind. You're at the beginning of something great. So let's walk this path together. Start small. Stay consistent. Surround yourself with real conversations, not just curated stories. Pick purpose over popularity. And remember this: India doesn't just need more educated people. It needs more awakened youth. That youth is YOU.

You're not “just a student.” You're not “just one person.” You are the movement. You are the fire. You are the change. So will you—pause the feed? Pick up that book? Speak truth in a noisy world? Create instead of consume? Then welcome. You're already leading the new youth revolution. Jai Hind. Jai Bharat.

Mr. Akash Dewangan
Assistant Professor
DCE Dept.

मर्द होकर चूड़ी पहनी है क्या?

ये सुना ही होगा आपने जो उन पुरुषों को निशाना बनाता है जो आक्रामकता के बजाय संवाद, हावी होने के बजाय संवेदनशीलता चुनते हैं, खासकर अपने घरों में। यह वाक्य चूड़ियों को एक हथियार बना देता है, जो सांस्कृतिक महत्व के प्रतीक को "कमजोरी" का चिन्ह बताकर छोटा कर देता है, पर यह एक गहरा सवाल खड़ा करता है!

स्त्रीत्व से जुड़े प्रतीकों का इस्तेमाल पुरुषों को शर्मसार करने के लिए क्यों किया जाता है?

ऐतिहासिक तौर पर, चूड़ियों को महिलाओं के लिए सौंदर्य, विवाह और परंपरा का प्रतीक बताया गया, पर इस चमक के नीचे एक विरोधाभास छिपा है!

ये समाज की अपेक्षाओं से महिलाओं को बाँधने वाली अदृश्य बेड़ियाँ भी बन गईं। जब यही प्रतीक उन पुरुषों को नीचा दिखाने के लिए इस्तेमाल होता है जो विषाक्त मर्दानगी (toxic masculinity) को नकारते हैं, तो यह एक कड़वी सच्चाई उजागर करता है की हमने कोमलता को अक्षमता और स्त्रीत्व को नाजुकता समझ लिया है।

मेरे लिए, चूड़ियाँ एक अलग संदेश देती हैं। वे मेरी पहचान हैं — मेरे नारीत्व का स्मरण, उन रंगों को चुनने की आज़ादी जो मेरे सपनों को दर्शाते हैं। वे बेड़ियाँ नहीं, बल्कि मेरी पसंद का उत्सव हैं।

फिर भी विडंबना यही है संवेदनशील पुरुष का मज़ाक उड़ाने के लिए ऐसे प्रतीक का इस्तेमाल क्यों होता है जिसे समाज एक ओर तो पवित्र मानता है, दूसरी ओर उसी के द्वारा दबाया जाता है?

सच्ची प्रगति इन विरोधाभासों को तोड़ने में है। शक्ति लिंग-आधारित नहीं होती। संवेदना कायरता नहीं है। और चूड़ियाँ जैसे प्रतीक? इन्हें लचीलेपन और आत्म-अभिव्यक्ति के सार्वभौमिक प्रतीक के रूप में पुनर्परिभाषित किया जा सकता है।

Sakshi Jha
3rd Year

Education in current scenario

The Indian education system is one of the largest and most complex in the world, serving over 250 million students. Despite progress, it faces numerous challenges, including ensuring quality education, access, and affordability. The Right to Education Act guarantees free and compulsory education for children aged 6-14, but implementation and quality remain concerns. Government initiatives like the National Education Policy (NEP) 2020 and programs such as Samagra Shiksha Abhiyan and DIKSHA aim to reform education, improve infrastructure, and increase access. However, challenges persist, including teacher shortages, inadequate digital infrastructure, and disparities in access to education. To harness India's demographic dividend and position itself as a global leader, comprehensive reforms and sustained investment are necessary to ensure quality education for all. By leveraging technology and promoting skill-based education, India can bridge the gap and achieve its educational goals

Zubiya Naaz

3rd Year.

Reading in a Fast-Scrolling World

We are living in an era of getting instant information and gratification, where we get to know what is happening around the world in just one click, without much efforts. We consume short and fast content like reels, tweets and shorts on daily basis. We are constantly scrolling, swiping and skipping the content which is noticeably reducing our attention span. Some short video forms have a time limit of one or one and a half minutes due to which human brain tunes to be attentive for that particular time. These are distraction. Traditional readings like articles, essays, novels and many more have become rare but they are important for personal development. When we scroll, we 'go through' the content but do not actually understand or comprehend it. On the other hand, reading improves concentration, attention, comprehension and critical thinking. Reading books or some long form content helps us in improving focus, imagination, attention, analytical skills and concentration.

ARTICLES

In this digital age, we can now access various articles and other content on our smartphones which is really useful as one can read through it anytime, anywhere and stay updated with real time information. However, it is observed that many of these contents have AI generated summaries available even before the article starts. Therefore, an article which may require four minutes to completely read it will now take only one or two minutes as the summary would include the key points of the article in a very short and crisp manner. To save time and efforts, people may prefer summaries instead of reading and analyzing the whole article.

As per some studies, it is noted that there is a decline in the concentration and efforts of the students in academics. The reason is that they may not be able to retain the information that has been taught in a class and as a result unable to perform well in assessments. Many find it difficult to sit for a longer time, even in the classroom. This leads to poor basic knowledge of the subject and as they reach higher classes, they are unable to cope up with the course and syllabus. Again, the reason is shrinkage in attention span due to the scrolling on social media, that is used by the students from very young age.

It is high time and one must be aware of the impact of fast scrolling and ways to overcome it. Reading is the exercise that we need to perform well, to gain knowledge and build confidence. With the great advancements, we must not forget the importance and power of reading.

Ishita Srivastava

1st Year

Imperfectly Perfect: The Beautiful Truth of Being You

In a world painted with filters and flawless stories, we're taught to shrink ourselves into molds of perfection. From the way we look, speak, behave, succeed—there's an invisible checklist constantly haunting us, whispering, “You're not enough.” But what if I told you that your unfiltered laughter, your cracked voice when you're nervous, your trembling hands when you speak your truth—are all part of the art you are? There's a quiet kind of magic in being real. Not the curated version you show the world, but the one that wakes up with dreams and doubts, joy and fears, strength and softness, all intertwined. That version is not broken. It's human. It's honest. It's beautiful.

ARTICLES

Perfection has always been an illusion—a moving goalpost we chase but never reach. Real strength is not found in spotless lives but in the ones who show up with their messy hearts and still choose to love, live, and grow. The world doesn't need more perfect people; it needs more people who are okay with not having it all together, who cry in the shower and still make others laugh, who fail and try again, who walk slowly but walk anyway. You don't have to be polished to shine. Your flaws are not your failures; they are fingerprints of your journey. The scar on your heart? That's not damage—it's proof you survived. The hesitation in your step? That's bravery in motion.

The truth is, you were never meant to be a perfect story—you were meant to be an honest one. A story of becoming, of shedding the need to please and learning to breathe as you are. Life doesn't demand that you be flawless; it asks that you be authentic. That you embrace your quirks, your crooked smile, your contradictions. That you stop measuring yourself with someone else's ruler. Because what makes you unforgettable isn't your perfection, but your truth—your ability to stay soft in a hard world, to be kind in moments of anger, to be hopeful in the middle of chaos. That is where your beauty lies.

Never forget that even the moon has scars, yet it still lights up the sky.

Riya Jain,
2nd Year

Cover Page Illustration By: Ms. Bhavika Arora
Magazine Designed By : OK Art Studio | +91 9891245233



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