

Lady Irwin College
Department of Food & Nutrition and Food Technology
M.Sc. Food and Nutrition Dissertation Details (2024-2025)

S No.	Name of the students	Roll no	Name of Supervisor	Dissertation Title
1.	Aarchi Arora	23038751001	Prof. Lalita Verma	Assessment of Nutritional Status and Dietary Adequacy of Infants & Young Children of age (6-23 months) attending Anganwadis in North-East Delhi
2.	Ananya Sharma	23038751002	Dr. Siddharth Suman, Dr. Neerja Chawla	A Comprehensive Analysis of Diet, Lifestyle and Health Related Problems among College going Girls in Delhi
3.	Ishita Jain	23038751008	Dr. Sidharth Suman, Dr. Neerja Chawla	Exploring the knowledge, attitude, cooking practices and iron intake among adult women regarding fortified rice in South West Delhi households
4.	Anjali Kumari	23038751003	Dr. Anjani Bakshi	Nutritional Profile and Physical Activity of Indian Railways Train Manager
5.	Jyoti Pahadia	23038751010	Dr. Anjani Bakshi	Impact of Maternal Employment on Dietary Intake of Preschoolers (3-5 years)
6.	Diksha deepak	23038751004	Mrs. Anjana kumari	Development and characterisation of Edible film for sustainable packaging
7.	Dolly Malhotra	23038751005	Prof. Pulkit Mathur	Mapping of self reported food allergies, sensitivities and intolerances and their effect on diet quality
8.	Garima	23038751031	Dr. Naveena N	Assessment of Feeding practices, Knowledge, Attitude and Nutritional status among 3-6years Anganwadi children in South-West Delhi
9.	Himani Madan	23038751006	Dr. Nidhi Jaiswal	Social Media and Its Influence on Physical Activity and Diet for Young Adults Going to Gymnasium

Lady Irwin College
Department of Food & Nutrition and Food Technology
M.Sc. Food and Nutrition Dissertation Details (2024-2025)

S No.	Name of the students	Roll no	Name of Supervisor	Dissertation Title
10.	Mansi Agrahari	23038751013	Dr. Nidhi Jaiswal, Dr. Heirangkhongjam Memthoi Devi	Correlation of social media exposure on the feeding pattern of young children (2-5 years of age) residing in Delhi.
11.	Mehak Mittal	23038751015	Dr. Heirangkhongjam Memthoi Devi	An Exploration of Young Adults' Knowledge, Attitude, and Practices Regarding Popular Non-Conventional Diets and Health Trends
12.	Urmila	23038751028	Dr. Priti Rishi Lal	Relationship between maternal weight gain during pregnancy and neonate birth weight and head circumference
13.	Trishika Dey	230387571027	Dr. Pooja Raizada, Dr. Aarti Yadav	Development of sustainable cellulosic film using cellulose extracted from banana pseudo-stem and study the effect of concentration of Moringa oliefera leaf (drumstick leaf) extract as a natural antimicrobial agent on the properties of developed packaging material
14.	Ilawandashisha D Nongrum	23038751007	Dr.Sakshi Khurana, Ms. Jyoti Tanwar	Assessment of dietary diversity and micronutrient adequacy among women of reproductive age (15-49 years): A comparative study of Khasi women living in Delhi and Meghalaya
15.	Neha Kowatra	23038751017	Dr.Sakshi Khurana, Dr.Tarun Kumar	Consumption of Millets and it's Effect on Diet Quality and Difference in Blood Pressure between Adopters vs Non- Adopters in Urban Households in Delhi.
16.	Jahnvee Bajpai	23038751009	Dr. Prachi Shukla	Prevalence of Overweight/Obesity, Hypertension and Diabetes among Female School Teachers

Lady Irwin College
Department of Food & Nutrition and Food Technology
M.Sc. Food and Nutrition Dissertation Details (2024-2025)

S No.	Name of the students	Roll no	Name of Supervisor	Dissertation Title
17.	Sarita	23038751023	Dr.Prachi Shukla, Dr. Poonam singh	Food insecurity and nutritional status among women of urban resettlement colony in Delhi
18.	Ritika Negi	23038751021	Dr. Poonam Singh	Assessment of Knowledge, Attitudes, and Practices on Fruit and Vegetable Intake Among Adult White-Collar Night Shift Workers (20-30 Years) in Delhi-NCR
19.	Khushboo Jain	23038751011	Prof. Neena Bhatia	Exposure to food advertisements and its effect on food purchasing request among school going children (9-13 years)
20.	Mahi Naz	23038751012	Prof. (Dr.) Manisha Sabharwal	Enablers and barriers to complementary feeding of children belonging to high income group residing in Delhi
21.	Preeti	23038751020	Prof. (Dr.) Manisha Sabharwal	Assessment of Gaps In Nutrition Related Knowledge, Attitudes and Practices Among ASHA Workers Regarding Antenatal Care and Complementary Feeding : A Cross- Sectional Study In Fatehabad District of Haryana
22.	Mansi Joshi	23038751014	Dr. Sangeeta Goomer, Dr. Kodandaram Reddy Desham	Development and Optimization of Ready-to-Cook Halwa Made of Ash Gourd
23.	Muskan	23038751016	Dr. Upasana Yadav	Development and process optimization of vegan milk and fermented beverage using amaranth and oats
24.	Ojasvini Gupta	2308751019	Dr. Upasana Yadav	Development and process optimization of functional chocolate spread rich in

Lady Irwin College
Department of Food & Nutrition and Food Technology
M.Sc. Food and Nutrition Dissertation Details (2024-2025)

S No.	Name of the students	Roll no	Name of Supervisor	Dissertation Title
				essential fatty acids.
25.	Nitika Berwal	23038751018	Dr. Ravinder Chadha	Development of a Tool to Assess Perceived Home Food Environment of Adolescents (13-15 years) attending Private Schools in Urban Delhi
26.	Sapna Mehta	23038751022	Dr. Bindu	Utilization of Urtica dioica leaves as a functional ingredient in the development of gluten free noodles
27.	Shailja Pant	23038751024	Dr. Bindu	Extraction and utilization of Artocarpus lakoocha seed starch in biodegradable packaging development
28.	Sonia	23038751025	Dr. Aparna Agarwal	Development of nutrient-rich protein powder from rapeseed oilseed cake and pea flour
29.	Vidhi attri	23038751033	Dr. Aparna Agarwal	Development of ragi ice cream incorporated with litchi flower extract